

ABUSE PREVENTION & INTERVENTION SERVICES

Name of Program/Provider	Focus Population	Phone Number & Hours	Services Provided	Eligibility Requirement, Documents Needed, Fees
Child Abuse Hotline Department of Human Services Program 855 S Dubuque Street – Suite 102 Iowa City IA 52240 www.dhs.iowa.gov	Youth	HOTLINE 1-800-362-2178 24 Hours 7 days – 365 days	If you suspect a child under the age of 18 is being abused or neglected, call the abuse hotline. If you believe the child is in imminent danger, call 911 immediately.	
Dependent Adult Abuse Hotline Department of Human Services Program 855 S Dubuque Street – Suite 102 Iowa City IA 52240 www.dhs.iowa.gov	Adult	HOTLINE 1-800-362-2178 24 Hours 7 days – 365 days	Provides evaluations and assessments of alleged abused dependent adults. The program endeavors to provide services and make referrals to assist abused dependent adults acquire safe living arrangements.	
Nursing Home & Home Health Complaint Hotline Department of Human Services Program 855 S Dubuque Street – Suite 102 Iowa City IA 52240 www.dhs.iowa.gov	Adult	HOTLINE 1-877-686-0027 24 Hours 7 days – 365 days	Provides evaluations and assessments of alleged abused dependent adults living in a residential care facilities.	
Emergency Shelter Domestic Violence Intervention Program 1105 S Gilbert Ct -Suite 300 Iowa City IA 52240 www.dvpiowa.org	General	HOTLINE 1-800-373-1043 24 Hours 7 days – 365 days	Provides emergency safe sheltering for victims of domestic violence when remaining in their home is no longer an option. Emergency sheltering may include short stays in our shelter, safe housing or assistance with housing acquisition.	Eligibility Requirements ~ must be a victim of domestic violence, dating violence, stalking or human trafficking. Documents ~ none Fees ~ all services are free and confidential
Housing Services Domestic Violence Intervention Program 1105 S Gilbert Ct -Suite 300 Iowa City IA 52240 www.dvpiowa.org	General	HOTLINE 1-800-373-1043 24 Hours 7 days – 365 days	Provides assistance with housing and tenancy to victims of domestic violence. Our services include Transitional Housing, Rental Assistance and the Good Tenant Training Program	Eligibility Requirements ~ must be a victim of domestic violence, dating violence, stalking or human trafficking. Documents ~ dependent on services requested. Fees ~ all services are free and confidential

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<p>Outreach Services & Advocacy for Victims of Domestic Violence Domestic Violence Intervention Program 1105 S Gilbert Ct -Suite 300 Iowa City IA 52240 www.dvpiowa.org</p>	<p>General</p>	<p>HOTLINE 1-800-373-1043</p> <p>24 Hours 7 days – 365 days</p>	<p>Assists adult and youth victims of domestic & dating violence and stalking as they seek to heal from trauma and respond to community systems (such as the criminal justice, human services, healthcare and other systems). Advocacy and peer based counseling are available by calling our 24 hour crisis line.</p>	<p>Eligibility Requirements ~ must be a victim of domestic violence, dating violence, stalking or human trafficking. Documents ~ none Fees ~ all services are free and confidential</p>
<p>Youth Services Domestic Violence Intervention Program 1105 S Gilbert Ct -Suite 300 Iowa City IA 52240 www.dvpiowa.org</p>	<p>Youth</p>	<p>HOTLINE 1-800-373-1043</p> <p>24 Hours 7 days – 365 days</p>	<p>Provides prevention education and youth activities, including support groups and counseling, to youth impacted by domestic violence in their home or dating violence.</p>	<p>Eligibility Requirements ~ must be a victim of domestic violence, dating violence, stalking or human trafficking. Documents ~ none Fees ~ all services are free and confidential</p>
<p>Elder Abuse Prevention & Intervention The Heritage Area Agency on Aging 6301 Kirkwood Boulevard SW Cedar Rapids IA 52404 http://www.heritageaaa.org/</p>	<p>Adult ~ Age 60+</p>	<p>Toll Free 1-800-332-5934 Or (319) 398-5559</p> <p>M-F 8-5 PM</p>	<p>Heritage Agency's Elder Abuse Intervention Program focuses on the prevention, intervention, detection, and reporting of elder abuse, neglect, and exploitation by presenting seniors with options to enhance their lifestyle choices.</p>	<p>Eligibility Requirements ~ serves clients 60+ Documents ~ contact program Fees ~ contact program</p>
<p>Domestic Violence & Sexual Assault Advocate Program Monsoon (United Asian Women of Iowa) 1700 S 1st Ave, Ste. 18 Iowa City IA 52240 http://muawi.org/</p>	<p>Victims of gender-based violence who are from Asian & Pacific Islander communities</p>	<p>319-466-9000</p> <p>HOTLINE 1-866-881-4641</p>	<p>Resource, advocate & support for Asian & Pacific Islanders affected by domestic violence, sexual assault, and human trafficking.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p>
<p>Sexual Assault Victim Advocate & Prevention Agency Rape Victim Advocacy Program 108 River St- floors 2 & 3 Iowa City IA 52246 https://rvap.uiowa.edu/</p>	<p>General</p>	<p>HOTLINE 800-228-1625 or 319-335-6000</p> <p>Iowa Sexual Abuse Hotline 800-284-7821</p>	<p>Provide free, confidential, trauma-informed advocacy to people affected by sexual violence and promote social change through prevention education.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p>

ABUSE PREVENTION & INTERVENTION SERVICES

<p>Safe At Home PO Box 959 Des Moines IA 50304 https://safeathome.iowa.gov/</p>	<p>Survivors of domestic violence, sexual assault, trafficking, stalking, or violent crimes.</p>	<p>515-725-7233 Or via e-mail at safeathome@iowa.gov</p>	<p>This program helps survivors improve their lives with the following services: substitute address, mail forwarding service, confidential voter registration and absentee voting.</p> <p>The participants' first-class, legal, certified mail, prescriptions and government packages arrive at a substitute address and are then forwarded to the participants' confidential addresses.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p>
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CHILD CARE SERVICES

Name of Program/Provider	Focus Population	Phone Number & Hours	Services Provided	Eligibility Requirement, Documents Needed, Fees
CHILD CARE ASSISTANCE & REFERRAL				
4C's of Johnson County 1500 Sycamore St Iowa City IA 52240 iowa4cs.com	Youth	319-338-7684	4Cs provides education and training to home and center-based child care programs. 4Cs also provides consultations and resources and administers the Child and Adult Care Food Program in Johnson County.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
Child Care Assistance Department of Human Services 855 S Dubuque Street – Suite 102 Iowa City IA 52240 dhs.iowa.gov/child-care	Youth Age 0-13 Special Needs Age 19	866-448-4605	Assistance with paying for the care of a child while the parent/caretaker works or attends school. May also assist while a parent/caretaker is looking for work or is unable to care for the child due to a medical reason. Child Care Assistance can be used to pay a variety of different types of providers.	Eligibility Requirements ~ meet income guidelines (145% Federal Poverty Level), must be working averaging 28 hours per week or attending school full-time, or looking for work Documents ~ contact program Fees ~ contact program
Iowa Child Care Resource & Referral 500 E. 59th Street Davenport, IA 52807 iowaccrr.org	Parents & Child Care Providers	Main: 1-866-324-3236 Parents: 1-855-244-5301 Child Care Providers: 866- 324-3236	Child Care Resource and Referral works with parents, childcare providers, employers and community groups that want to find, provide, or become more aware of quality childcare.	Eligibility Requirements ~ none Documents ~ none Fees ~ Only for childcare providers attending training sessions.
School Ready Scholarships Johnson County Empowerment 855 S Duquque St – Suite 202B Iowa City IA 52240 jcempowerment.com	Youth Age 3-5	319-356-6090 M-F 8-4:30 pm	Offers assistance to parents in paying for a quality preschools. Scholarships are limited and available for children ages 3, 4 and 5 and who meet eligibility guidelines.	Eligibility Requirements ~ family gross income at or below 200% of federal poverty level. Child age 3, 4 or 5 and scheduled to begin kindergarten within the next 2 years. Documents ~ contact program Fees ~ contact program
CRISIS CHILD CARE				
Crisis Child Care 4C's Community Coordinated Child Care 1500 Sycamore St Iowa City IA 52240 iowa4cs.com/crisis-child-care/	Youth Age 0-17	319-341-0089 M –F 8:30 – 4:30 pm After Hours: 319-351-5607	Provides short-term emergency care when parents are not able to provide regular care. Goal is to reduce the risk of child abuse and to reduce the need for foster care placements by providing temporary child care at no cost to the families in crisis.	Eligibility Requirements ~ children be birth – 17 years of age. A maximum of 72 hours per year. Must be a resident of Johnson County. Documents ~ contact program Fees ~ contact program

CHILD CARE SERVICES

Name of Program/Provider	Focus Population	Phone Number & Hours	Services Provided	Eligibility Requirement, Documents Needed, Fees
Home Ties Child Care 4C's Community Coordinated Child Care 405 Myrtle Ave Iowa City IA 52246 iowa4cs.com/home-ties/	Youth	319-341-0050 M-F 7:30am-6:00 pm	We offer different payment options based on families circumstances. We accept private pay and child care assistance. In addition, Home Ties offers some funded child care slots that provide temporary child care at no cost to families that are at risk of homelessness, as well as families participating in Prelude Behavioral Health Services, United Action for Youth, and Abbe Center programs.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
Safe Families for Children iowacitycedarrapids.safe-families.org/	Youth	515-815-5124	Provides a loving, temporary home for children whose parents are in crisis. Placing parents maintain full custody and can request the return of their children at any time. Volunteer families are extensively screened with background checks and home studies. Children ages 0-18 are eligible, including parenting teens. Stays can be as short as a couple of days and as long as a year. We are committed to reuniting parents and children as soon as possible.	Eligibility Requirements ~ none Documents ~ Children's health insurance cards Fees ~ none
CHILD CARE PROGRAMS				
Bill Reagan Children's Center The Arc of Southeast Iowa 2620 Muscatine Ave. Iowa City IA 52240 www.arcsei.org	Infants-Age 3	319-351-5017 Hours 7:30am – 5:30 pm	Childcare for children with or without disabilities. Full day or half day slots.	Eligibility Requirements ~ Age 0-3 Documents ~ contact program Fees ~ contact program
Before & After School Programs (BASP) Clear Creek Amana Community School District 1486 Highway 6 NW Oxford IA 52322 littleclippers.net/school-based-basp.html	Youth School-Based K-6th Grade	319-545-4033	Elementary Schools located within the Clear Creek Amana Community School District provide a Before and After School Program coordinated by Little Clippers.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program

CHILD CARE SERVICES

Preschool Programs Clear Creek Amana Community School District 1486 Highway 6 NW Oxford IA 52322 https://www.ccaschools.org/Page/3709	Youth Age 4	319-828-4510	Part of the State-Wide Voluntary Preschool Program that offers preschool for children who turn four years old on or before September 15 th .	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
Child Care & Preschool Handicare, Inc. 2220 9 th Street Coralville IA 52241 handicareinc.com	Youth Special Needs	319-354-7641	Committed to supporting children with special needs and their families. Handicare partners with United Way, Grant Wood Area Education Agency, Iowa City and surrounding area school districts, the Department of Human Services and other local service agencies to provide the support and resources needed for a child be successful.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
HACAP Head Start/Early Head Start Hawkeye Area Community Action Program, Inc. (HACAP) 367 Southgate Avenue Iowa City IA 52240 hacap.org/our-initiatives/children/head-start	Youth Age 2-5	319-393-7811	Comprehensive child development for children birth - 5 years old, pregnant women and their families, includes social service, health, nutrition and parent involvement components. Federally funded program for low-income families. Offer full-day or part-day programs at various location in the county.	Eligibility Requirements ~ Children birth to 5 years of age, must meet income guidelines Documents ~ contact program Fees ~ none
Before & After School Programs (BASP) Iowa City Community School District 1725 N Dodge Street Iowa City IA 52245 iowacityschools.org/domain/43	Youth School-Based K-6th Grade	319-688-1000 M-F 8-4:00 pm	All Elementary Schools located within the Iowa City Community School District provide a Before and After School Program that is run by an outside entity. For information on a program, contact the elementary school directly.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
Preschool Programs Iowa City Community School District 1725 N Dodge Street Iowa City IA 52245 iowacityschools.org/domain/46	Youth Age 4	319-688-1000 M-F 8-4:00 pm	Part of the State-Wide Voluntary Preschool Program that offers free preschool for children who turn four years old on or before September 15 th . Some free (for low-income families) and tuition based full-day preschool slots. Various preschool locations are available and early pre-registration is required.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
Before & After School Programs (BASP) Lone Tree Community School District 303 S Devoe Street Lone Tree IA 52755 lone-tree.K12.ia.us	Youth School-Based K-6th Grade	319-629-4212	For information on these programs, contact the school district directly.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
Preschool Programs Lone Tree Community School District 303 S Devoe Street Lone Tree IA 52755 lone-tree.K12.ia.us	Youth Age 4	319-629-4212	Part of the State-Wide Voluntary Preschool Program that offers free preschool for children who turn four years old on or before September 15 th .	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program

Information is subject to change without notice, please contact the agency directly regarding services.
 For questions regarding the Resource Directory, contact Johnson County Social Services at 319-356-6090
DISCLAIMER: Johnson County does not endorse nor is responsible for the conduct of any organization.

Last Updated ~ 02/2021

CHILD CARE SERVICES

<p>Before & After School Programs (BASP) Neighborhood Centers of Johnson County 2651 Roberts Rd Iowa City IA 52246 ncjc.org/basp.html</p>	<p>Youth School-Based K-6th Grade</p>	<p>319-358-0438 M - F 7:00 AM – 6:00 PM</p>	<p>Offers school and center based licensed before and after school programming. Programs utilize volunteers and other community bases agencies to provide activities to youth enrolled.</p>	<p>Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ Monthly fee, contact program for rate information</p>
<p>NAEYC-Accredited Child Development Neighborhood Centers of Johnson County 2105 Broadway St Iowa City IA 52240 ncjc.org/early-childhood-education.html</p>	<p>Youth Age 2-5</p>	<p>319-354-7989 M - F, 7:30 AM - 5:30 PM</p>	<p>Full-day child development classrooms accredited by the National Association for the Education of Young Children (NAEYC)</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program, State Child Care Assistance accepted.</p>
<p>NAEYC-Accredited Child Development Neighborhood Centers of Johnson County 2651 Roberts Rd Iowa City IA 52246 ncjc.org/early-childhood-education.html</p>	<p>Youth Age 0-5</p>	<p>319-354-2886 M - F 7:30 AM - 5:30 PM</p>	<p>Full-day child development classrooms accredited by the National Association for the Education of Young Children (NAEYC)</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program, State Child Care Assistance accepted.</p>
<p>Before & After School Programs (BASP) Solon Community School District 301 S Iowa Street Solon IA 52333 solon.k12.ia.us/o/solon-csd/page/before-after-school-program-basp--2</p>	<p>Youth PreK-8th Grade</p>	<p>319-624-3401</p>	<p>Children enrolled in Solon Community School's preschool through middle school during the school year are eligible for admission to Lakeview Care for Kids.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p>
<p>Preschool Programs Solon Community School District 301 S Iowa Street Solon IA 52333 solon.k12.ia.us/article/175180?org=lakview</p>	<p>Youth Age 4</p>	<p>319-624-3401</p>	<p>Solon Community School District offers various preschool Programs. For information on a program, contact the school district directly.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p>

CLOTHING

Name of Program/Provider	Focus Population	Phone Number & Hours	Services Provided	Eligibility Requirement, Documents Needed, Fees
Food Bank Program CommUnity Crisis Services and Food Bank 1045 Hwy 6 E Iowa City IA 52240 https://builtbycommunity.org/	General	319-351-0128 M, W & F 12-4:30 pm; Tues 12-7:00 pm; Thurs 9:30 AM-4:30 pm Sat 9:30 AM- 2:00 PM	Clothing vouchers to Goodwill or Crowded Closet available each month on a limited basis; clothing voucher amount is based on household size, and households can receive a voucher once every six months.	Eligibility Requirements ~ must live in Johnson County Documents ~ none; first-time visitors should know their address and the names and birth dates of the people in their household, and income/ benefits received by everyone who lives with them Fees ~ none
Clear Creek Amana Community Food Pantry Grace United Methodist Church 300 W Marengo Road Tiffin IA 52340 www.tiffingraceumc.org <i>Note Location – 551 W Marengo Rd, Tiffin</i>	Clear Creek Amana School District	319-545-2281 Monday 4-6:30 pm, Wednesday 2-4 pm, Thursday 8:30-11 am	Provide food, clothing and some toiletry items. A joint program of Clear Creek Amana School District and Grace United Methodist Church. <i>Located in the Clear Creek Amana Family Resource Center, building located between Clear Creek Amana High School and Clear Creek Amana Middle School</i>	Eligibility Requirements ~ target population is those living in the Clear Creek Amana Community School District Documents ~ address Fees ~ none
Joan Buxton School Children's Aid Iowa City Community School District 1725 N Dodge Street Iowa City IA 52245 www.iowacityschools.org/pages/ICCSA	Youth	319-688-1000	Assistance with school supplies, shoes, clothing, boots, medications and vision care for children. Either call 319-688-100 or contact your child's school.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
Clothing North Liberty Community Pantry 89 N Jones Blvd North Liberty IA 52317 www.northlibertycommunitypantry.org	General	319-626-2711 Monday, Tuesday, Wednesday, Thursday, and Saturday 10:00 - Noon Tuesday/Thursday 3-6PM	Children's clothing in-season and adult coats are available during fall and winter. Individuals and families can receive as many as 5 items per family member per month. Clothing vouchers to Goodwill are available once every six months.	Eligibility Requirements ~ live in small towns in Johnson County - North Liberty, Swisher, Shueyville, Oxford, Tiffin, Solon, Hills, Lone Tree Documents ~ picture ID and current proof of residence (bill with current address) Fees ~ none
Clothing and Vouchers The Salvation Army 1116 Gilbert Court Iowa City IA 52240 http://www.icsalvationarmy.org/	General	319-337-3725 M-F 9:30-2:00 pm	A change of clothes is available to those who find themselves in emergency situations. Vouchers are issued to a local thrift store for items, not on hand.	Eligibility Requirements ~ Proof of Johnson County residency and proof of income. Must have agency referral. Documents ~ will need to fill out brief paperwork. Fees ~ none
Drop-In Services Shelter House Community Shelter & Transition Services 429 Southgate Avenue Iowa City IA 52240 www.shelterhouseiowa.org	General	319-351-0326 M-F 1:00- 4:00 PM Saturday, Sunday 8- 10 AM	Laundry, showers, telephone use, personal hygiene items items and donated seasonal clothing available. Weekly nurse's clinic offered. *Laundry must be dropped off before 2pm M-F and before 9 am Saturday-Sunday.	Eligibility Requirements ~ open to anyone in need Documents ~ none Fees ~ none

CRISIS SERVICES

Name of Program/Provider	Focus Population	Phone Number & Hours	Services Provided	Eligibility Requirement, Documents Needed, Fees
Joint Emergency Communications Center of Johnson County (JECC) www.jecc-ema.org	EMERGENCY SERVICES	Call 911 Police * Sheriff * Fire * EMS * Ambulance	Clearing house for all 9-1-1 calls and all emergency communications for Johnson County.	
24-Hour Crisis Line Alcoholics Anonymous PO Box 487 Iowa City IA 52240 http://www.aaiowacity.org/	General	HOTLINE 319-338-9111	Visit website for list of weekly meeting locations and time.	Eligibility Requirements ~ No age requirement, Membership is open to anyone Documents ~ contact program Fees ~ contact program
24-Hour Crisis Intervention Line CommUnity Crisis Services and Food Bank (formerly the Crisis Center) 1121 Gilbert Court Iowa City IA 52240 https://builtbycommunity.org/	General	HOTLINE 1-855-325-4296 24 Hours 7 days - 365 days	Talk confidentially to a skilled volunteer who will listen with compassion, respond without judgment and treat you with respect. Will work collaboratively to brainstorm potential options and generate an action plan.	Eligibility Requirements ~ Open to anyone in crisis Documents ~ none Fees ~ services are free and confidential
Crisis Chat Intervention Program CommUnity Crisis Services and Food Bank (formerly the Crisis Center) 1121 Gilbert Court Iowa City IA 52240 www.iowacrisischat.org	General	Available 7 days/ week 9:00 am – 2:00 am	Offers online emotional support to anyone in need.	Eligibility Requirements ~ none Documents ~ none Fees ~ services are free and confidential
Mobile Crisis Outreach Program CommUnity Crisis Services and Food Bank (formerly the Crisis Center) 1121 Gilbert Court Iowa City IA 52240 https://builtbycommunity.org/	General	1-855-800-1239 24 Hours 7 days - 365 days	Program dispatches mental health counselors to homes, schools, ER's, or public places where a mental health crisis is occurring. Response time is within sixty minutes of dispatch. Please see website for more details.	Eligibility Requirements ~ none Documents ~ none Fees ~ none
Child Abuse Hotline Department of Human Services Program 855 S Dubuque Street – Suite 102 Iowa City IA 52240 www.dhs.iowa.gov	Youth	HOTLINE 1-800-362-2178 24 Hours 7 days – 365 days	If you suspect a child under the age of 18 is being abused or neglected, call the abuse hotline. If you believe the child is in imminent danger, call 911 immediately.	

CRISIS SERVICES

<p>Emergency Shelter Domestic Violence Intervention Program 1105 S Gilbert Ct -Suite 300 Iowa City IA 52240 www.dvpiowa.org</p>	<p style="text-align: center;">General</p>	<p style="text-align: center;">HOTLINE 1-800-373-1043</p> <p style="text-align: center;">24 Hours 7 days – 365 days</p>	<p>Provides emergency safe sheltering for victims of domestic violence when remaining in their home is no longer an option. Emergency sheltering may include short stays in our shelter, safe housing or assistance with housing acquisition.</p>	<p>Eligibility Requirements ~ must be a victim of domestic violence, dating violence, stalking or sexual violence Documents ~ none Fees ~ all services are free and confidential</p>
<p>Outreach Services & Advocacy for Victims of Domestic Violence Domestic Violence Intervention Program 1105 S Gilbert Ct -Suite 300 Iowa City IA 52240 www.dvpiowa.org</p>	<p style="text-align: center;">General</p>	<p style="text-align: center;">HOTLINE 1-800-373-1043</p> <p style="text-align: center;">24 Hours 7 days – 365 days</p>	<p>Assists adult and youth victims of domestic & dating violence and stalking as they seek to heal from trauma and respond to community systems (such as the criminal justice, human services, healthcare and other systems). Advocacy and peer based counseling are available by calling our 24 hour crisis line.</p>	<p>Eligibility Requirements ~ must be a victim of domestic violence, dating violence, stalking or sexual violence Documents ~ none Fees ~ all services are free and confidential</p>
<p>Behavioral Health Crisis Stabilization GuideLink Center 300 Southgate Ave. Iowa City, IA 52240 www.guidelinkcenter.org</p>	<p style="text-align: center;">Adult</p>	<p style="text-align: center;">General Number for Questions: 319-400-9879 24 Hours 7 days – 365 Days</p>	<p>Offers 23-hour Crisis Observation and 1-5-day Crisis Stabilization for individuals experiencing distressing or acute mental health symptoms. Prompt evaluation and/or treatment for individuals presenting to GuideLink Center.</p>	
<p>Iowa Help Line 4 ways to get help www.iowahelpline.org</p>	<p style="text-align: center;">General</p>	<p style="text-align: center;">Talk 1-855-800-1239 24 Hours 7 days - 365 days</p> <p style="text-align: center;">Chat iowacrisischat.org 2:00 pm-2:00 am</p> <p style="text-align: center;">Text 1-855-800-1239 2:00 pm – 2:00 am</p> <p style="text-align: center;">Mobile Crisis 1-855-800-1239 24 Hours 7 days - 365 days</p>	<p>Provides crisis counseling and support, suicide prevention, intervention and resource referral to people experiencing a mental health crisis. Access to services are available by phone, text, chat or mobile crisis.</p> <p>Mobile Crisis Outreach provides crisis counseling, risk assessment and resource information for people experiencing a mental health crisis. Mobile Crisis Outreach counselors will respond at the site of where the crisis is occurring.</p>	<p>Eligibility Requirements ~ Free service to anyone in the East Central Region experiencing a mental health crisis. Documents ~ none Fees ~ all services are free and confidential</p>
<p>Poison Control Iowa Poison Control Center 401 Douglas Street – Suite 215 Sioux City IA 51001 www.iowapoisson.org</p>	<p style="text-align: center;">General</p>	<p style="text-align: center;">HOTLINE 1-800-222-1222</p>	<p>Provides free 24-hour immediate treatment advice for poison emergencies. Also provide information about poisons and poison prevention. Can help with questions about household products, medication & drugs, chemicals, snake bites, spider bites and plant & mushroom poisoning.</p>	

CRISIS SERVICES

Navigator Services Johnson County Social Services 855 S Dubuque St – Suite 202B Iowa City IA 52240 http://johnsoncountyiowa.gov/	General	319-356-6090 M-F 8-4:30 pm	Assists residents in accessing various local support services. Short-term case management and follow up assistance.	Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ none
Mercy on Call Mercy Hospital 500 E Market St Iowa City, IA 52245	General	HOTLINE 1-800-358-2767 7am-12am (midnight)	<ul style="list-style-type: none"> • Mercy RNs available to provide free and confidential services, including: helping figure out what to do when you don't feel well. • Helping find a physician who meets your needs. • Registration for classes, programs, health screenings, and support groups. • Give expert health information. 	
Sexual Assault Victim Advocate & Prevention Agency Rape Victim Advocacy Program 332 S Linn Street – Suite 100 Iowa City IA 52240 www.rvap.uiowa.edu	General	HOTLINE 800-228-1625 Iowa Sexual Abuse Hotline 800-284-7821	Provide free, confidential, trauma-informed advocacy to all affected by sexual violence. Promotes social change through prevention education.	
Stop Bullying http://www.stopbullying.gov/	General		When you, your child or someone close to you is being bullied, there are many steps to take to help resolve the situation. Visit the website www.stopbullying.gov to get help now.	
Suicide Prevention National Suicide Prevention Lifeline www.suicidepreventionlifeline.org	General	HOTLINE 800-273-8255	Provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week.	
Integrated Call Center Universtiy of Iowa Hospitals & Clinics 200 Hawkins Dr. Iowa City, IA 52242	General	24-hour health access service: 1-800-777-8442 24-hour Consult service: 1-800-322-8442	The health access service can answer your health-related questions, assist with appointment requests and help address other service concerns. The UI consult service helps health care providers consult with UI Hospitals and Clinics staff physicians. On-call physicians are available for each clinical department 24/7. If you need to speak with a physician not on call, our staff will make every effort to connect you as quickly as possible. Our staff is available to help you schedule an appointment for your patient, get admissions information, consult medical records, or consult with your patient's specialist.	

CRISIS SERVICES

<p>Family Conflict United Action for Youth 410 Iowa Ave Iowa City IA 52240 unitedactionforyouth.org</p>		<p>Oncall Counselors 319-338-7518</p>	<p>Therapists and counselors who have expertise in concerns facing teens and parents are available to help families discuss tough issues, including rules, responsibilities, transition to adulthood, divorce and custody issues.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p>
<p>Victim of Crime Advocacy United Action for Youth 410 Iowa Ave Iowa City IA 52240 unitedactionforyouth.org</p>	<p>Primarily Youth</p>	<p>319-338-7518 M-F 9-5:00 pm</p>	<p>Provides an array of services, programs, and funding to individuals who have been victimized. Program provides counseling and can assist victims with navigating through services and programs.</p>	<p>Eligibility Requirements ~ provides guidance to any person who has been a victim of crime and has questions about resources or how to get help. Documents ~ contact program Fees ~ none</p>
<p>Veteran's Crisis Line National Suicide Prevention Lifeline Veteranscrisisline.net</p>	<p>Military Veteran</p>	<p>HOTLINE 1-800-273-8255 x 1 24 Hours 7 days - 365 days Text: 838255 24 Hours 7 days - 365 days</p>	<p>The Veterans Crisis Line connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans affairs responders through a confidential toll-free hotline, online chat, or text.</p>	
<p>Your Life Iowa—Youth Crisis Counseling 3 ways to get help www.yourlifeiowa.org</p>	<p>Youth</p>	<p>Talk 1-855-581-8111 24 Hours 7 days - 365 days Chat www.yourlifeiowa.org 24 Hours 7 days - 365 days Text 1-855-895-8398 2:00 pm – 10:00 pm</p>	<p>Youth suicide prevention program funded by the Iowa Department of Public Health. Provides crisis counseling, suicide prevention and intervention and support to youth in the state of Iowa.</p>	<p>Eligibility Requirements ~ Free service to youth in the state of Iowa. Documents ~ none Fees ~ none</p>

DISABILITY SERVICES

Name of Program/Provider	Focus Population	Phone Number & Hours	Services Provided	Eligibility Requirement, Documents Needed, Fees
ADVOCACY				
Individual and Systems Advocacy Access 2 Independence 1556 S First Ave, Suite B Iowa City IA 52240 access2independence.org	General	319-338-3870	Provides advocacy for clients as members of the community. Assistance with understanding civil rights and responsibilities when dealing with the government, employers, or other service providers, when people believe they are being treated unfairly.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ Free
Advocacy Awareness The ARC of Southeast Iowa 2620 Muscatine Avenue Iowa City IA 52240 www.thearcjc.org	Intellectual & Developmental Disabilities	319-351-5017	The Arc acts in an advocacy role when necessary to insure the rights of citizens with developmental disabilities are secured and safeguarded.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
Childhood Developmental Assessment Grant Wood Area Education Agency Kirkwood Center at the U of I 2301 Oakdale Blvd Coralville IA 52241 www.gwaea.org	Youth	319-626-1100 or 800-854-0446	Call if you have any concerns or questions about your child's development. Grant Wood Area Education Agency can put you in touch with area providers who can help evaluate such things as your child's speech, hearing, emotional development, behavior or pre-school readiness.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
Early ACCESS Grant Wood Area Education Agency Kirkwood Center at the U of I 2301 Oakdale Blvd Coralville IA 52241a www.gwaea.org	Youth Age 0-3	319-626-1100 or 800-854-0446	Early ACCESS is a system implemented to service children from birth to age 3, who have either a developmental delay or have a condition that has a high probability of later delays if early intervention services are not provided.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
Caregiver Support & Education Heritage Area Agency on Aging 6301 Kirkwood Boulevard SW Cedar Rapids IA 52404 http://www.heritageaaa.org/	Adult	(319) 398-5559 M-F 8-5:00 pm	Caregiver Support and Education services include information and resources to individuals who provide care of older adults and adults with disabilities, both professional and family caregivers.	Eligibility Requirements ~ caregivers for people 18+ with disabilities and 60+ Documents ~ Contact program Fees ~ Contact program
The Assistive Technology Legal Project Disability Rights Iowa 400 E Court Avenue Suite 300 Des Moines, IA 50309 https://disabilityrightsiowa.org/	Intellectual and Developmental Disabilities	(800) 779-2502 (515) 278-2502 M-F 8-5:00 pm	Gives free legal help with getting assistive or adapted devices. Cannot help with denials from private funding sources (such as a foundation or community group).	Eligibility Requirements ~ Iowa resident; qualifying person with a disability; have a disability rights issue Documents ~ none Fees ~ none

DISABILITY SERVICES

CAMPS & ADULT DAY PROGRAMS

<p>Pathways Adult Day Health Center AbbeHealth Aging Services 817 Pepperwood Lane Iowa City IA 52240 www.abbehealth.org</p>	<p>Age 18 or older who require assistance</p>	<p>319-339-6162 M-F 7:30 am – 5 pm</p>	<p>Serves people age 18 and older who require daily living assistance due to conditions such as stroke, arthritis, vision-loss, multiple sclerosis, depression and/or Alzheimer's. A multidisciplinary team of professional work together to create a nurturing environment and provide a comprehensive array of services.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p>
<p>School Break Camps The ARC of Southeast Iowa 2620 Muscatine Avenue Iowa City IA 52240 www.thearcjc.org</p>	<p>School aged youth with disabilities</p>	<p>319-351-5017</p>	<p>Offers camps during Winter, Spring, and Summer breaks. Programs offer high staff to participant ratios to ensure the unique needs of the children and teens served. *Spring break camp canceled for 2021*</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p>
<p>Adult Day Programs Mayor's Youth Empowerment Program 407 Highland Ct Iowa City IA 52240 www.myep.us</p>	<p>Intellectual & Developmental Disabilities</p>	<p>319 341-0060</p>	<p>Provided daytime support and supervision. The program is designed to interweave person, social and community activities according to the goals and desires of each individual.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p>
<p>Community Integration Program Optima LifeServices 485 Hwy 1 West Iowa City IA 52245</p>	<p>Intellectual Disabilities And Mental Illness</p>	<p>319-337-2008 M-F 1-3pm</p>	<p>A program to work on social skills and be out in the community more. Offering breakfast (coffee, hot chocolate, and fresh fruit) M, W, F 9:30-10:30 am and free lunch M, W, F 11:30-12:00.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p>
<p>Adult Day Center Reach for Your Potential 1705 S 1st Avenue – Suite 1 Iowa City IA 52240 www.reachforyourpotential.org</p>	<p>Intellectual & Developmental Disabilities</p>	<p>319-354-2983</p>	<p>Provided daytime support and supervision. Includes field trips and recreational activities.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p>
<p>Camp Tanager Tanager Place 2309 C Street SW Cedar Rapids IA 52404 www.tanagerplace.org</p>	<p>Youth Age 6-17</p>	<p>319-363-0681 319-365-9164 (off-season) M – Sat 8:30-6:00 p.m. June - August</p>	<p>Camp Tanager offers a unique summer camp experience for children who are economically or medically disadvantaged. Special camps for youth with diabetes, Tourette's syndrome, and hemophilia. Empowers children to learn leadership skills and self-confidence.</p>	<p>Eligibility Requirements ~ children ages 6 to 17. Documents ~ Camp Tanager application packet Fees ~ none</p>

DISABILITY SERVICES

CASE MANAGEMENT				
Targeted Case Management Johnson County Case Management 855 S Dubuque Street – Suite 202B Iowa City IA 52240 https://www.johnson-county.com/dept_mhds.aspx?id=425	Intellectual Disabilities and Brain Injuries	319-688-5835 M-F 8-4:30 pm	Assist persons with disabilities by managing multiple resources, gaining access to services, securing funding for assessed needs, establishing a treatment team, coordination and monitoring of ongoing services, acting as an advocate.	Eligibility Requirements ~ Qualifying diagnosis or disability; Must be Medicaid eligible; contact program for additional information Documents ~ contact program Fees ~ contact program
Case Management Mental Health/Disability Services of the East Central Region (ECR) 855 S Dubuque Street – Suite 202B Iowa City IA 52240 www.ecriowa.org	Disabled & Mental Illness	319-339-6169 M-F 8-4:30 pm	Funds needed supports and services for individuals with qualifying diagnosis or disabilities. The Johnson County office assists Johnson County residents with securing funding for services to people with mental illness, intellectual disabilities, or developmental disabilities.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
THERAPY, COUNSELING & TRAINING				
Independent Living Skills Training Access 2 Independence 1556 S First Ave, Suite B Iowa City IA 52240 access2independence.org	Disabled	319-338-3870	Teach skills to increase and maintain your independence such as financial management, budgeting, social skills, household management, etc. .Support individuals in identifying and working toward goals, and putting together a plan to succeed.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ Free
Peer Support Services Access 2 Independence 1556 S First Ave, Suite B Iowa City IA 52240 access2independence.org	Disabled	319-338-3870	Over half our employees have some type of disability. As you work to become more independent yourself, we can share with you our own experiences having a disability, encountering and overcoming barriers to our independence, and how we've become advocates for ourselves and for others.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ Free
Transition Services Access 2 Independence 1556 S First Ave, Suite B Iowa City IA 52240 access2independence.org	Disabled	319-338-3870	Assists high school age youth with disabilities with their transition into college and/or the workforce. Assist consumers with disabilities in their efforts to transition from a nursing home or other restrictive living environment to a less restrictive living environment that is able to meet their daily needs within their community of choice.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ Free
Supported Employment Services Access 2 Independence 1556 S First Ave, Suite B Iowa City IA 52240 access2independence.org	Disabled	319-338-3870	Assists disabled individuals with finding and keeping employment. Must be referred by Iowa Vocational Rehabilitation.	Eligibility Requirements ~ Must be referred by IA Voc Rehab Documents ~ contact program Fees ~ contact program

DISABILITY SERVICES

<p>Therapy Services Childserve 2350 Oakdale Blvd Coralville IA 52241 https://www.childserve.org/</p>	<p>Youth</p>	<p>319-351-5437</p>	<p>Provides services to children with special needs and their families. Various services are provided including speech-language therapy, physical therapy, occupational therapy, feeding and swallowing therapy, hippotherapy and social skills.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p>
<p>LifeLong Links Program Heritage Area Agency on Aging 6301 Kirkwood Boulevard Cedar Rapids IA 52404 https://iowa.myresourcedirectory.com/</p>	<p>Adult</p>	<p>1-866-468-7887 8:00 AM - 5:00 PM</p>	<p>Provides referral to Options Counseling. Options Counseling is face-to-face counseling that connects persons to needed benefits and long-term support services.</p>	<p>Eligibility Requirements ~ Service Persons 18+ living with a disability, Persons 60+, Caregivers and Veterans Documents ~ none Fees ~ none</p>
<p>Older Worker Employment Program Heritage Area Agency on Aging 6301 Kirkwood Boulevard SW Cedar Rapids IA 52404 http://www.heritageaaa.org/</p>	<p>Adult Age 55+</p>	<p>(319) 398-5559 M-F 8-5:00 pm</p>	<p>Older Worker Employment Program assists individuals 55 years of age and older with a disability with employment.</p>	<p>Eligibility Requirements ~ 55+ with a disability, Referral from Iowa Vocational Rehabilitation Documents ~ Contact program Fees ~ Contact program</p>
<p>Iowa Vocational Rehabilitation Services Iowa Vocational Rehabilitation Services 1700 S First Avenue - Suite 11A Iowa City IA 52240 www.ivrs.iowa.gov</p>	<p>Disabled</p>	<p>319-354-4766 M-F 8-4:30 p.m.</p>	<p>Help individuals with disabilities of all types obtain their employment goals</p>	<p>Eligibility Requirements ~ disability that is an impediment to employment Documents ~ medical records or SSA verification Fees ~ free to those who are eligible</p>
<p>Therapy, Counseling and Training Successful Living 2406 Towncrest Drive Iowa City IA 52240 icsuccess.org E-mail: rgoedken@icsuccess.org</p>	<p>Adults with Chronic Mental Illness</p>	<p>319-358-6800 M-F 9-5:00 pm</p>	<p>Trained Counselors support individuals having a diagnosed mental illness to become more independent and integrated within their communities; to overcome the challenges of their respective mental illness via a wide variety of supports. A core component in all services is the individual-based, person-centered approach in which services are matched according to the persons respective needs and which are reviewed and modified as needs change to best support independence.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p>

DISABILITY SERVICES

Systems Behavioral Health Solutions Systems Unlimited 2533 Scott Blvd SE Iowa City IA 52240 www.sui.org	Intellectual & Developmental Disabilities; Mental Health	319-338-9212	Provides behavioral and mental health services to improve the lives of individuals served. Goal is to assist individuals and their families in meeting the challenges they face to become more successful in all settings. Licensed therapists are trained in different types of therapy including areas of trauma informed care, family therapy, functional behavioral assessments and behavioral health consultations. Specialize in therapy strategies for people with intellectual and developmental disabilities.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
Employment Systems Systems Unlimited 2533 Scott Blvd SE Iowa City IA 52240 www.sui.org	Intellectual & Developmental Disabilities; Mental Health	319-338-9212	Provides individualized services and supports for adults with developmental disabilities and similar service needs. Specializes in the areas of employment, skill development, community supports, social activities and recreation opportunities.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
Physical & Occupational Therapy In-Home Care Visiting Nurse Association of Johnson County 1524 Sycamore St Iowa City IA 52240 www.vnaic.org	General	319-337-9686 8am-5pm, Nurse on call 24/7 for patient concerns	Physical and Occupational Therapists will work closely with the patient, family and physician to develop a rehabilitation care plan that meets each patient's unique needs. Some diagnoses that would benefit from in-home rehabilitation are: Amputation, Developmental Delays, Arthritis, Failure to Thrive, Brain Injury, History of Falls, Cancer, Joint Replacement, Cardiac Surgeries, Multiple Sclerosis, Congestive Heart Failure, Spinal Cord Injuries, COPD, Stroke	Eligibility Requirements ~ Johnson County resident Documents ~ Contact program Fees ~ Medicare and Medicaid Certified. Most insurances also accepted. Individuals without third party payers pay privately on a sliding scale fee based on income and assets.
RESIDENTIAL CARE - HOUSING				
CHARM Homes Caring Hands & More 409 Kirkwood Ave. Iowa City IA 52240 http://www.caringhandsandmore.com	Adult	319-337-8922 (Iowa City) 1-866-537-8922 (Toll Free) M-F 8-4:00 pm: Office Hours	Supported Community Living service dedicated to skill building and quality of life. Enables Adults with disabilities to live in the community in a supported environment while working towards independence.	Eligibility Requirements ~ Intellectual disabilities or Brain injury Documents ~ contact program Fees ~ contact program
Psychiatric Medical Institution (PMIC) Four Oaks 1916 Waterfront Drive Iowa City IA 52240 www.fouroaks.org	Youth Age 5-17	319-337-4523 7 days	Serves children who present serious emotional and behavioral problems. The basic foundation of the program is designed to develop positive self-concepts, social and problem-solving skills while integrating child and family treatment components.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program

DISABILITY SERVICES

Residential Program Mayor's Youth Empowerment Program 407 Highland Ct Iowa City IA 52240 www.myep.us	Intellectual & Developmental Disabilities	319 341-0060	People receiving residential services live in a community based home with 1-3 other roommates and have staff available to them 24 hours per day.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
Residential Program Optima LifeServices 1121 Shirken Dr. Iowa City IA 52246 www.optimaelifeservices.com	Intellectual Disabilities & Mental Illness	319-337-2008 Office Hours: M-F 8:00-4:00 pm	Provides long-term and transitional housing opportunities for adults with Intellectual Disabilities and Mental Illness. Also provides hourly services to adults living in their own homes and need occasional assistance.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
Residential Program Reach for Your Potential 1705 S 1 st Avenue – Suite 1 Iowa City IA 52240 www.reachforyourpotential.org	Intellectual & Developmental Disabilities	319-354-2983	Provides around-the-clock care in a private residence setting. Designed to fully support the needs of each person.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
REM Iowa REM Iowa 2761 Oakdale Blvd - Suite 4 Coralville IA 52241 remiowa.com	Intellectual & Developmental Disabilities	319-545-1227 24 hours	Intermediate Care Facilities (ICF) that offer personalized support for adults and children with Intellectual and Developmental disabilities (ID).	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
Residential Care-Housing Successful Living 2406 Towncrest Drive Iowa City IA 52240 icsuccess.org E-mail: rgoedken@icsuccess.org	Adults with Chronic Mental Illness	319-358-6800 M-F 9-5:00 pm	Adult Supported Community Living, Habilitation, Housing & Day Habilitation Services.	Eligibility Requirements ~ current diagnosis of Chronic Mental Illness; income at or below 150% of poverty (with some exceptions). Documents ~ medical documentation Fees ~ rent, other services covered by Medicaid
Residential Based Supported Community Living Systems Unlimited 2533 Scott Blvd SE Iowa City IA 52240 www.sui.org	Adult Disabled	319-338-9212	Program provided structured support for adults with developmental disabilities in small home settings. The services are based on the strengths and needs of the individual and the amount of structure, support and services needed by the individual person. A Supported Living Counselor oversees the services.	Eligibility Requirements ~ age 18+ with developmental disabilities Documents ~ contact program Fees ~ contact program

DISABILITY SERVICES

<p>Psychiatric Medical Institution (PMIC) Tanager Place 2309 C Street SW Cedar Rapids IA 52404 www.tanagerplace.org</p>	<p>Youth age 5-17 with Intellectual or emotional disability</p>	<p>319-365-9165 M-F 9- 5:00 pm</p>	<p>The program allows children who are struggling with a psychiatric diagnosis the chance to be submerged in a healing and therapeutic environment on the Tanager Place campus. A professional team works with each child and integrates parental involvement to develop treatment goals to overcome severe psychiatric challenges.</p>	<p>Eligibility Requirements ~ available to children ages 5 through 17 who meet requirements for admission. Documents ~ admission packet must be completed. Fees ~ Medicaid or Private Insurance Eligible</p>
<p>INFORMATION, REFERRAL & SERVICES</p>				
<p>Bill Reagan Children’s Center The Arc of Southeast Iowa 2620 Muscatine Ave. Iowa City IA 52240 www.arcsei.org</p>	<p>Infants-Age 3</p>	<p>319-351-5017 Hours 7:30am – 5:30 pm</p>	<p>Childcare for children with or without disabilities. Full day or half day slots.</p>	<p>Eligibility Requirements ~ Age 0-3 Documents ~ Up to date medical records, contact information. If applying for sliding scale tuition rate, proof of household income. Fees ~ \$50 nonrefundable application fee to hold the slot desired. Sliding fee and CCA available for a limited number of slots. Tuition fees based on income.</p>
<p>Information and Referral Access 2 Independence 1556 S First Ave, Suite B Iowa City IA 52240 access2independence.org</p>	<p>General</p>	<p>319-338-3870</p>	<p>Provides information about community resources.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ Free</p>
<p>Hourly Home & Community Based Services The ARC of Southeast Iowa 2620 Muscatine Avenue Iowa City IA 52240 www.thearcjc.org</p>	<p>Intellectual & Developmental Disabilities</p>	<p>319-351-5017</p>	<p>Hourly support services provided to help build and maintain independence in the home and community. Services may include respite to provide caregivers with a break, personal care services, or goal-based services.</p>	<p>Eligibility Requirements ~ Medicaid waiver or other funding source such as Region or private pay Documents ~ contact program Fees ~ contact program</p>
<p>Supported Community Living Program Builders of Hope 1700 S 1st Avenue – Suite 25A Iowa City IA 52240 www.buildersofhope.us</p>	<p>Mental Illness</p>	<p>319-358-2915</p>	<p>Provides supported community living services, payee financial services and a cooperative living program.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p>
<p>Home Care & Family Services Caring Hands & More 409 Kirkwood Avenue Iowa City IA 52240 www.caringhandsandmore.com</p>	<p>General</p>	<p>319-337-8922 Care & Homes avail 24/7 Office hours M-F 9-4:00 pm</p>	<p>Home Care, Supported Community Living (SCL) Homes, Parent Helper Services, Lawn Care, Cleaning Services and Pet Care</p>	<p>Eligibility Requirements ~ varies Documents ~ private pay and some insurances accepted. Fees ~ varies</p>

DISABILITY SERVICES

Family and Child-Centered Services Childserve 2350 Oakdale Blvd Coralville IA 52241 https://www.childserve.org/	Youth Special Needs	319-351-5437	Provides services to children with special needs and their families. Various services are provided including speech-language therapy, physical therapy, occupational therapy, feeding and swallowing therapy, hippotherapy and social skills.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
Day habilitation Services Goodwill of the Heartland 1410 S. 1st Avenue Iowa City IA 52240 www.goodwillheartland.org	Disabled	866-466-7881 M-F 9-3:00 pm	Provides training on daily living skills and social skills. Participants have the opportunity to participate in many different kinds of meaningful activities including gardening, art, music, volunteering and recreational and cultural experiences.	Eligibility Requirements ~ person must have a barrier to independence and have funding Documents ~ funding authorization Fees ~ paid by Medicaid and East Central Region
Supported Community Living Goodwill of the Heartland 1410 S. 1st Avenue Iowa City IA 52240 www.goodwillheartland.org	Disabled	866-466-7881 Office hours M-F 8-4:30 pm	Services include assistance with living independently, including cooking, shopping, budgeting, social and recreation, medical management, and referral for other services.	Eligibility Requirements ~ participant must have a disability and be able to live independently with supports Documents ~ funding authorization Fees ~ paid by Medicaid and East Central Region
ADRC Heritage Area Agency on Aging 6301 Kirkwood Boulevard SW Cedar Rapids IA 52404 http://www.heritageaaa.org/	Adult 18+ with a disability Age 60+	1-800-332-5934 8:00 AM - 5:00 PM	Connects callers with home and community based services and/or referral to Options Counseling. Options Counseling is face-to-face counseling that connects persons to needed benefits and long-term support services.	Eligibility Requirements ~ Service Persons 18+ living with a disability, Persons 60+, Caregivers and Veterans Documents ~ none Fees ~ none
Information, Referral & Assistance Heritage Area Agency on Aging 6301 Kirkwood Boulevard SW Cedar Rapids IA 52404 http://www.heritageaaa.org/	Adult	(319) 398-5559 M-F 8-5:00 pm	Information and Assistance consists of assessing and offering services that allow older adults and adults with disabilities to live in their home when possible.	Eligibility Requirements ~ clients 18+ with disabilities and 60+ Documents ~ Contact program Fees ~ Contact program
Special Populations Involvement Iowa City Parks and Recreation 220 S Gilbert Street Iowa City IA 52240 www.icgov.org/pr	General	319-356-5100 various; evenings and weekends	Special Populations Involvement (SPI) program provides leisure opportunities for persons with special needs, including those with physical, mental or emotional disabilities. SPI programs are offered in structured, success oriented environments in the areas of sports & fitness, arts & movement, independent living skills, clubs, social activities, and special events.	Eligibility Requirements ~ persons with physical, mental, and/or emotional disabilities Documents ~ SPI registration form, Special Olympics application for participation form Fees ~ various
Information & Referral Line Iowa Compass 100 Hawkins Drive #S295 Iowa City IA 52242 www.iowacompass.org	General	(800) 779-2001 M-F 8-5:00 pm	Has information about programs and services for Iowans with disabilities, chronic illnesses and health conditions. Compass can do searches for adapted equipment and ways to pay for it. Call, chat, email, text or search the website for answers to your disability-related questions.	Eligibility Requirements ~ Contact program Documents ~ none Fees ~ none

DISABILITY SERVICES

<p>Children at Home Program Iowa Family Support Network 1111 9th St, Ste 230 Des Moines IA 50314 https://www.iafamilysupportnetwork.org/children-at-home</p>	<p>Disabled youth up to age 22</p>	<p>1-888-425-4371</p>	<p>A program of the Iowa Family Support Network. Can help families caring for a child with a disability by providing financial assistance for items or services not covered by other programs.</p>	<p>Eligibility Requirements ~ Financial guidelines-contact program Documents ~ none Fees ~ none</p>
<p>Used Equipment Referral Service Easterseals Iowa 401 NE 66th Ave Des Moines IA 50313 www.easterseals.com/ia</p>	<p>General</p>	<p>(515) 309-1300 M-F 8-5:00 pm</p>	<p>A list of free classified ads to buy or sell used adapted equipment such as wheelchairs, walkers, vans, lifts, hospital beds and other assistive technology devices. Check the website or call for a list of available items.</p>	<p>Eligibility Requirements ~ none Documents ~ none Fees ~ none</p>
<p>SEATS Paratransit Johnson County SEATS Paratransit System 4810 Melrose Avenue Iowa City IA 52246 http://www.johnson-county.com/dept_seats.aspx?id=581</p>	<p>Disabled</p>	<p>Ride Information Line 319-339-6127 Ride Request Line 319-339-6125 Hours of Service vary depending on locale</p>	<p>Transportation systems that provides Door-to-Door shared-ride services to senior citizens, people with disabilities, and others who may otherwise find it difficult to conduct daily transactions. SEATS vans regularly transport people to doctor's appointments, grocery stores and other destinations providing clients with a necessary and reassuring degree of freedom.</p>	<p>Eligibility Requirements ~ Rural Johnson County residents-service is open to general public; Urban Johnson County residents must have certification from their city of residence as being unable to use the fixed route bus service. Documents ~ contact program Fees ~ Basic cost for one-way ride \$2.00. Must pay when boarding and correct fare must be paid either in cash, by punch card or combination equal to the fare.</p>
<p>Services & Programs Mayor's Youth Empowerment Program 407 Highland Ct Iowa City IA 52240 www.myep.us</p>	<p>Intellectual & Developmental Disabilities</p>	<p>319 341-0060</p>	<p>Service population is primarily people with intellectual and/or physical disabilities, services are also provided to people whose primary diagnosis is mental illness. Variety of services provided including day habilitation, support employment, supported community living, home based habilitation and payee services</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p>
<p>Housing Rehabilitation Neighborhood & Development Services City of Iowa City 410 E Washington Iowa City IA 52240 www.icgov.org</p>	<p>General</p>	<p>319-356-5246 M-F 8 – 5:00 pm; closed holidays</p>	<p>Repair/remodel owner occupied homes - roofing, electrical, plumbing, siding, window/door replacement, handicapped accessibility, furnaces, water heaters, flooring, painting</p>	<p>Eligibility Requirements ~ 80% or below median income; owner occupied home within Iowa City city limits; enough equity in home Documents ~ application; deed or title to home; proof of citizenship Fees ~ offer grants, loans</p>
<p>Community Support Optimae LifeServices 1121 Shirken Drive Iowa City IA 52246 www.optimaelifeservices.com</p>	<p>Disabled</p>	<p>319-337-2008</p>	<p>Provides various services to children and adults such as Home-Base habilitation services, supported community living, supported employment services, respite care and supported community living. Services may be provided in the consumer's home or other community based setting and are available 24 hours a day.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p>

DISABILITY SERVICES

<p>Hourly Residential Program Reach for Your Potential 1705 S 1st Avenue – Suite 1 Iowa City IA 52240 www.reachforyourpotential.org</p>	<p>Intellectual & Developmental Disabilities</p>	<p>319-354-2983</p>	<p>Services are targeted assistance for specific needs. Services are designed to teach daily living skills.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p>
<p>REM Iowa Community Services REM Iowa 2570 Holiday Rd - Suite 120 Coralville IA 52241 remiowa.com</p>	<p>Intellectual & Developmental Disabilities</p>	<p>319-834-1155 24 hours</p>	<p>Provides home and community based services and intermediate care facility services.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p>
<p>Disability Benefits Social Security Administration 1100 6th Street - Suite 100 Coralville IA 52241 www.socialsecurity.gov</p>	<p>General</p>	<p>866-964-2039 M, T, TH, F 9:00-4:00 pm; W 9:00-12:00 pm</p>	<p>Social Security Disability Insurance (SSD or SSDI) is a government program managed by the Social Security Administration and designed to provide income supplements to people who are restricted in their ability to be employed because of a notable disability.</p>	<p>Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ Contact program</p>
<p>Supplemental Security Income Social Security Administration 1100 6th Street - Suite 100 Coralville IA 52241 www.socialsecurity.gov</p>	<p>General</p>	<p>866-964-2039 M, T, TH, F 9:00-4:00 pm; W 9:00-12:00 pm</p>	<p>Supplemental Security Income (SSI) program pays benefits to disabled adults and children who have limited income and resources. SSI benefits also are payable to people 65 and older without disabilities who meet the financial limits.</p>	<p>Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ Contact program</p>
<p>Supported Community Living & Habilitation Services Successful Living 2406 Towncrest Drive Iowa City IA 52240 icsuccess.org E-mail: rgoedken@icsuccess.org</p>	<p>Adults with Chronic Mental Illness</p>	<p>319-358-6800 M-F 9-5:00 pm Day Habilitation M-F 10-4:00 pm; some programs operate outside of regular hours.</p>	<p>Adult Supported Community Living, Habilitation, Housing & Day Habilitation Services, intensive psychosocial rehabilitation.</p>	<p>Eligibility Requirements ~ current diagnosis of Chronic Mental Illness; income at or below 150% of poverty (with some exceptions). Documents ~ medical documentation Fees ~ rent, other services covered by Medicaid</p>
<p>Supported Community Living Systems Unlimited 2533 Scott Blvd SE Iowa City IA 52240 www.sui.org</p>	<p>Intellectual & Developmental Disabilities; Mental Health</p>	<p>319-338-9212</p>	<p>Provides supported community living services to children and adults in their own homes. Supports can range from one hour a month to twenty four hours a day in homes with one to four other roommates. The services are based on the strengths and service needs of each person served.</p>	<p>Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ Contact program</p>
<p>Center for Disabilities and Development (CDD) University of Iowa Stead Family Children's Hospital 200 Hawkins Drive Iowa City IA 52242 www.uihealthcare.org/CDD</p>	<p>Disabled Youth</p>	<p>1-855-543-2884</p>	<p>Part of the University of Iowa Children's Hospital dedicated to improving the health and independence of people with disabilities and advancing the community systems on which they rely.</p>	<p>Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ Contact program</p>

DISABILITY SERVICES

<p>Uptown Bill's Coffee House Uptown Bill's -- Extend the Dream 730 S Dubuque St. Iowa City IA 52240 www.uptownbills.org</p>	<p>General</p>	<p>(319) 339-0804 Weekdays from 11 am; Saturdays from 9 am</p>	<p>Coffee house, used bookstore and performance venue</p>	<p>Eligibility Requirements ~ open to all ages and abilities Documents ~ none Fees ~ none</p>
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EMPLOYMENT/EDUCATION SERVICES

Name of Program/Provider	Focus Population	Phone Number & Hours	Services Provided	Eligibility Requirement, Documents Needed, Fees
GENERAL				
Employment Services Center for Worker Justice of Eastern Iowa 940 S Gilbert Court Iowa City IA 52240 http://www.cwjiowa.org	Low-Wage Workers (employed and unemployed)	319-594-7593 Monday & Wednesday 10am-6:30pm Friday 10am-5:30pm	Assistance with wage theft (non payment or under payment of legally owed wages). Assistance with workplace discrimination and abuse, and OSHA complaints. Provides ongoing educational workshops regarding: Occupational Safety and Hazard Administration (OSHA) rights and protections, wage and hour rights, workplace abuse and discrimination, immigrant's rights, leadership development, Know Your Rights with police and immigration agents, community organizing and public speaking, and basic civics education. Face to Face, one on one, English tutoring program for dues-paying members.	Eligibility Requirements ~ None Documents ~ none. For better assistance, it is recommended you bring any relevant paperwork. Fees ~ Initial consultations are free. Membership is required for ongoing case assistance. There is a yearly membership fee of \$30 with payment plans available.
Work Enabling Program CommUnity Crisis Services and Food Bank 1121 Gilbert Court Iowa City IA 52240 https://builtbycommunity.org/	General	319-351-0128 M, W & F 12-4:30 pm; Tues 12-7:00 pm; Thurs 9:30 AM-4:30 pm Sat 9:30 AM- 2:00 PM	Assistance obtaining work enabling items such as non-slip shoes, steel toe boots, tools, and required uniform. Iowa City and Coralville bus passes are available to those who live more than 1 mile from employment.	Eligibility Requirements ~ must live in Johnson County Documents ~ verification of employment, work site, and required items; first-time visitors should know their address and the names and birth dates of the people in their household Fees ~ none
Older Worker Employment Program Heritage Area Agency on Aging 6301 Kirkwood Boulevard Cedar Rapids IA 52404 http://www.heritageaaa.org/	Older Adult by Referral	1-866-468-7887 8-5:00 PM	Helps people through coordination and assistance of a placement plan, goals, resume building, refining of the job search, obtaining job leads, setting up informational interviews, job shadowing opportunities, assessments, internships and placement in a permanent placement. Also of assistance to the employer and employee by monitoring the employee's progress and following up for a full year.	Eligibility Requirements ~ individual must be referred from Iowa Vocational Rehabilitation Services based upon a documented disability that creates an obstacle to employment and be 55+ years of age Documents ~ program requires a referral from Iowa Vocational Rehabilitation Services. Fees ~ none
One-on-One Tutoring ICCompassion 1035 Wade St Iowa City IA 52240 http://www.iccompassion.org/	Immigrants & Refugees	319-330-9883 Monday, Tuesday, Friday 9:00-5:00 PM Wednesday & Thursday 9:00-7:00 PM	Students are matched with a volunteer tutor to study English or basic computer skills. Students must register in advance. There may be a wait list.	Eligibility Requirements ~ none Documents ~ none Fees ~ none

Information is subject to change without notice, please contact the agency directly regarding services.
 For questions regarding the Resource Directory, contact Johnson County Social Services at 319-356-6090
DISCLAIMER: Johnson County does not endorse nor is responsible for the conduct of any organization.

Last Updated ~ 03/30/2021

EMPLOYMENT/EDUCATION SERVICES

Name of Program/Provider	Focus Population	Phone Number & Hours	Services Provided	Eligibility Requirement, Documents Needed, Fees
Conversational English Classes International Women's Club Zion Lutheran Church 310 N. Johnson Street Iowa City, IA 52240 And summers in a local park https://iwciowacity.wordpress.com/	Female	319-573-7512 ajthompson@mchsi.com Two 10-week sessions for 2 hours, Tuesday and Thursday mornings	Trained volunteer teachers teach English as a foreign language, in a supportive, informal manner.	Eligibility Requirements ~ any and all women are welcome Documents needed: https://iwciowacity.wordpress.com/membership-form/ Fees ~ \$10.00 per 10-week session (plus \$10.00 dues to join International Women's Club)
Unemployment Benefits, Work Permits and Job Placement Assistance Iowa Workforce Development 1700 S 1 st Avenue – Suite 11B Iowa City IA 52240 www.iowaworkforce.org	General	319-351-1035 Referrals can be sent to: Employment Registration Help <employment_registration_help@iwd.iowa.gov>	Provides a variety of services to meet the workforce and workplace needs of job seekers, dislocated workers and unemployed persons through job counseling, job training, job placement and assistance to special needs populations.	Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ Contact program
Kirkwood Learning Center for Community and Continuing Education Kirkwood Community College 1810 Lower Muscatine Rd Iowa City IA 52240 www.kirkwood.edu/kpace	General	319-887-3658	Offers continuing education courses, certificate programs, online classes, non-credit courses and professional development.	Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ Contact program
KPACE (Kirkwood Pathways for Academic Career Education & Employment) Kirkwood Community College 1810 Lower Muscatine Rd Iowa City IA 52240 www.kirkwood.edu/kpace	General	319-887-3978	Program designed to help individuals gain skills for in-demand jobs. The program is personalized to the individual's educational and training goals and will hopefully help the individual to find a job and quite possibly a better paying job.	Eligibility Requirements ~ available to low income, low job skilled individuals Documents ~ Documents required to work, including ID Fees ~ Free to Eligible Participants
Vocational Services Shelter House Community Shelter & Transition Services 429 Southgate Avenue Iowa City IA 52240 www.shelterhouseiowa.org	General	319-351-0326 Monday-Friday, 8-10 am	Help create or update resume, provide information on current job openings, assist with interview tips and practice, employment skills training.	Eligibility Requirements ~ none Documents ~ none Fees ~ none

EMPLOYMENT/EDUCATION SERVICES

PERSONS WITH DISABILITY				
Employment Services Access 2 Independence 1556 S First Ave, Suite B Iowa City IA 52240 access2independence.org	Disabled	319-338-3870	Provides assistance in obtaining employment.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ Free
Employment Services Goodwill of the Heartland 1410 S 1st Avenue Iowa City IA 52240 www.goodwillheartland.org	Disabled & Low Income	866-466-7881 Office Hours M-F 8-4:30 pm	Assists individuals to obtain employment. Provides assistance in completing applications, interviewing and developing a resume. Assists in developing jobs with specific employers when needed. Provides job coaching to assist participant to learn the job and perform the job to meet quality and quantity demands.	Eligibility Requirements ~ contact program Documents ~ must have proper work ID Fees ~ Majority paid by state, local, and federal programs
Goodwill Training Services Goodwill of the Heartland 1410 S 1st Avenue Iowa City IA 52240 www.goodwillheartland.org	Disabled & Low Income	866-466-7881 M-F 8-4:30 pm	Certified for Success providing certification classes in Computer Skills, Custodial Technician, Customer Service and Sales, Hospitality, Human Resources, IT Support Professional and ServSafe Food Service	Eligibility Requirements ~ contact program Documents ~ legal work documents such as ID, Socail Security card, Passport Fees ~ Majority paid by state, local, and federal programs
Iowa Vocational Rehabilitation Services Iowa Vocational Rehabilitation Services (IVRS) 1700 S 1 st Avenue – Suite 11A Iowa City IA 52240 www.ivrs.iowa.gov	Disabled	319-354-4766	Help individuals with disabilities of all types obtain their employment goals	Eligibility Requirements ~ disability that is an impediment to employment Documents ~ medical records or SSA verification Fees ~ free to those who are eligible
YOUTH				
Educational Consulting & Services Grant Wood Area Education Agency Kirkwood Center at the U of I 2301 Oakdale Blvd Coralville IA 52241 www.gwaea.org	Youth	319-626-1100 or 800-854-0446	Offers various programs & services that assist students, parents and educators to excel in education. Services include child development evaluations, special education services, homeschool resources, partent support & training classes and various student oppurtunities that offer a variety of enrichment opportunities.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
LINKS Program Iowa City Community School District 1725 N Dodge Street Iowa City IA 52245 www.iowacityschools.org	Youth School-Based	319-688-1000 M-F 8-4:00 pm	Advocacy and assistance to remove barriers to education for children and youth,	Eligibility Requirements ~ homeless according to Department of Education McKinney Vento rules Documents ~ none Fees ~ none

EMPLOYMENT/EDUCATION SERVICES

<p>YES! (Youth Empowered to Serve) Johnson County Social Services 855 S Dubuque St – Suite 202B Iowa City IA 52240 www.johnson-county.com</p>	<p>Youth age 14-17</p>	<p>319-356-6090 M-F 8-4:30 pm</p>	<p>Summer program providing youth with personal development resources to inspire them to reach new levels of achievement through positive activities. Provides assistance with completing job applications, interviewing and developing a resume.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ none</p>
<p>Work.Learn.Connect Kirkwood Workplace Learning Connection 2301 Oakdale Blvd Coralville IA 52241 www.kirkwood.edu/wlc</p>	<p>Youth</p>	<p>319-887-3970</p>	<p>Connects today’s students to tomorrow’s careers. Gain work experience and find out if a career is right for you through the Workplace Learning Connection’s internship program. High School Juniors and Seniors learn new skills; apply classroom knowledge in a real-world setting.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p>

FAMILY & YOUTH SERVICES

Name of Program/Provider	Focus Population	Phone Number & Hours	Services Provided	Eligibility Requirement, Documents Needed, Fees
FAMILY SERVICES				
Connection Academies Dream City 611 Southgate Avenue - Suite A Iowa City IA 52240 dreamcityia.org/academies	Youth and Families	319-594-5854	Communities for youth/families to connect. Academies include Performing Arts, Youth Leadership, Helath and Wellness and Family Connection.	Eligibility Requirements ~ Johnson County resident Documents ~ none Fees ~ none
Cornerstone (FaDSS) Four Oaks 1916 Waterfront Drive Iowa City IA 52240 fouroaks.org	Families	319-337-4523 M-F	Family Development Self-Sufficiency program designed to partner with high-risk welfare recipients in working toward economic self-sufficiency and family stability.	Eligibility Requirements ~ FIP (Family Investment Program) recipients Documents ~ documentation of benefits Fees ~ none
Functional Family Therapy Four Oaks 1916 Waterfront Drive Iowa City IA 52240 fouroaks.org	Families by Juvenile Court Service Referral	319-337-4523 M-F	Services through evidence-based programming, family interventions that improve family dynamics and reduces youth re-offending.	Eligibility Requirements ~ referral from Juvenile Court Services Documents ~ referral from Juvenile Court Services Fees ~ none
Iowa Foster Care and Adoption Four Oaks 1916 Waterfront Drive Iowa City IA 52240 iowafosterandadoption.org/	Families	844-380-2534 7 days	Recruitment, retention, training, licensing, support for foster and adoptive families across Iowa.	Eligibility Requirements ~ Visit web site Documents ~ Visit web site Fees ~ none
Partnership for Safe Families Four Oaks 1916 Waterfront Drive Iowa City IA 52240 www.fouroaks.org	Families DHS Involvement	319-337-4523 7 days	Family Team Meeting facilitations, Minority Family Advocates for families with DHS involvement, Fatherhood Initiative to engage fathers in parenting, and other supports to help families navigate the child welfare system.	Eligibility Requirements ~ varies Documents ~ varies Fees ~ none
Pathway of Hope The Salvation Army 1116 Gilbert Court Iowa City IA 52240 centralusa.salvationarmy.org/usc/pathway-of-hope/	Families	319-337-3725	Offers a targeted set of services, rooted in strenghts-based case management to help families break the cycle of crisis and achieve stability. Does not directly provide extra assistance; rather it enables the client and caseworker to work collaberatively to come up with creative solutions to find the needed resources.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program

FAMILY & YOUTH SERVICES

Tanager Pace Services Coralville Behavioral health Clinic 1150 5 th St. Ste. 160 Coralville, Iowa 52241 tanagerplace.org	Families	319-286-4520 M-F 8-4:30 pm	Offers families who do not have Medicaid coverage the opportunity to work with a team of professionals to help them gain access to community resources, develop solutions to issues that arise for their family and offer support in a variety of ways.	Eligibility Requirements ~ none Documents ~ none Fees ~ none
UAY Counseling United Action for Youth 1700 S. 1 st Ave, Suite 14 Iowa City IA 52240 unitedactionforyouth.org	Families with teens	319-338-7518	Therapists and counselors who have expertise in concerns facing teens and parents are available to help families discuss tough topics including social problems, family issues, school, transition to adulthood, and divorce.	Eligibility Requirements ~ Johnson County Resident Documents ~ none Fees ~ none
YOUTH & TEEN SERVICES				
Youth Development & Youth Mentoring Program 4-H Youth Programs Johnson County Extension Office 3109 Old Highway 218 South Iowa City IA 52246 extension.iastate.edu/johnson/4h	Youth Grade K–12th	319-337-2145	4-H empowers youth to reach their full potential through youth-adult partnerships and research-based experiences. Provides opportunities for youth to develop skills they can use now and throughout their life.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
Youth Mentoring Big Brothers Big Sisters of Johnson County 3109 Old Hwy 218 South Iowa City IA 52246 bbbsjc.org	Youth Age 6 & up	319-337-2145	Help children reach their potential through professionally-supported, one-to-one relationships with mentors that have a measureable impact on youth.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ none
Boy Scouts/Cub Scouts of America Boy Scouts of America Hawkeye Area Council 660 32 nd Avenue SW Cedar Rapids IA 52404 hawkeyebsa.org	Youth Age 5-21	319-862-0541	Provides programs aimed at developing leadership, positive character, citizenship, and personal fitness. The program provides young people a foundation they can stand on to embrace opportunity, overcome obstacles, and make new discoveries.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
Family Resource Center Clear Creek Amana Community School District 311 W Marengo Rd. Tiffin, IA 52340 ccaschools.org/domain/3371	Youth	319-545-2281	Several helpful resources are available to families living withing the school district such as food bank, clothing, shoes. <i>The Clear Creek Amana Family Resource Center, building is located in Tiffen between Clear Creek Amana High School and Clear Creek Amana Middle School.</i>	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ none

FAMILY & YOUTH SERVICES

<p>Youth Leadership Academy Dream City 611 Southgate Avenue - Suite A Iowa City IA 52240 dreamcityia.org/academies</p>	<p>Youth Age 4 & up</p>	<p>319-594-5854</p>	<p>Objectives Youth Leadership Academy programs are to provide youth with positive relationships with caring adults, provide youth with a safe emotional and physical environment, engage youth socially, physically, and academically, help youth establish realistic, challenging and achievable goals and provide opportunities for youth to participate in meaningful service learning projects.</p>	<p>Eligibility Requirements ~ ages 4 and up Documents ~ none Fees ~ none</p>
<p>Childhood Developmental Assessment Grant Wood Area Education Agency Kirkwood Center at the U of I 2301 Oakdale Blvd Coralville IA 52241 gwaea.org</p>	<p>Youth</p>	<p>319-399-6700 or 800-332-8488</p>	<p>Call if you have any concerns or questions about your child's development. Grant Wood Area Education Agency can put you in touch with area providers who can help evaluate such things as your child's speech, hearing, emotional development, behavior or pre-school readiness.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p>
<p>Early ACCESS Grant Wood Area Education Agency Kirkwood Center at the U of I 2301 Oakdale Blvd Coralville IA 52241 gwaea.org</p>	<p>Youth Age 0-3</p>	<p>319-399-6700 or 800-332-8488</p>	<p>Early ACCESS is a system implemented to service children from birth to age 3, who have either a developmental delay or have a condition that has a high probability of later delays if early intervention services are not provided.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p>
<p>Youth Shelter Four Oaks 1916 Waterfront Drive Iowa City IA 52240 fouroaks.org</p>	<p>Youth Age 12-17 DHS or Juvenile Court Services Involvement</p>	<p>319-337-4523 7 days</p>	<p>Emergency youth shelter, filling a need for temporary placement for youth aged 12-17 with DHS or Juvenile Court Services involvement. Must youth are transitioning from one placement to another (to home, to foster care, to residential treatment, to independent living).</p>	<p>Eligibility Requirements ~ referral from DHS or Juvenile Court Services Documents ~ contact program Fees ~ none</p>
<p>Girl Scouts Girl Scouts of Eastern Iowa and Western Illinois 2345 Blairs Ferry Road NE Unit. G Cedar Rapids, IA 52402 girlscoutstoday.org</p>	<p>Youth Female</p>	<p>563-823-9940</p>	<p>Girl Scouts provides a comprehensive leadership program to girls in grades K-12.</p>	<p>Eligibility Requirements ~ girls, grades K-12 Documents ~ Contact program Fees ~ contact program</p>
<p>Student and Family Advocates Iowa City Community School District 1725 N Dodge Street Iowa City IA 52245 https://www.iowacityschools.org/Page/17643</p>	<p>Youth</p>	<p>319-688-1000</p>	<p>A free resource for families living in the Iowa City Community School District. Support, referrals, resources, case management specifically in the areas of mental health, basic needs (food, clothing, etc.), housing, mentoring, meetings, home visits, attendance, and school engagement. Student and Family advocates strive to reduce a child's barriers to learning. Either call 319-688-100 or contact your child's school.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p>

FAMILY & YOUTH SERVICES

Joan Buxton School Children's Aid Iowa City Community School District 1725 N Dodge Street Iowa City IA 52245	Youth	319-688-1000	Assistance with school supplies, shoes, clothing, boots, medications and vision care for children. Contact your child's school.	Eligibility Requirements ~ contact program Documents ~ none Fees ~ none
LINKS Program Iowa City Community School District 1725 N Dodge Street Iowa City IA 52245 iowacityschools.org/Page/1213	Youth School-Based	319-688-1000 M-F 8-4:00 pm	Advocacy and assistance to remove barriers to education for children and youth. Linking K-12 students in temporary housing and homeless situations with certified teachers/tutors to improve learning.	Eligibility Requirements ~ homeless according to Department of Education McKinney Vento rules Documents ~ none Fees ~ none
Empowerment/Early Childhood Iowa Johnson County Empowerment 855 S Duquque St – Suite 202B Iowa City IA 52240 jcempowerment.com	Youth Age 0-5	319-356-6090 M-F 8-4:30 pm	Address the needs of children and families from prenatal through age 5 year. Leads the community in removing barriers to a safe and healthy community by identifying needs in education, health and human services	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ none
YES! (Youth Empowered to Serve) Neighborhood Centers of Johnson County 2105 Broadway St Iowa City IA 52240 ncjc.org	Youth Age 14-17	319-358-0438	Aims to provide youth with personal development resources to inspire them to reach new levels of achievement through positive summer activities.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ none
Family Support Program Neighborhood Centers of Johnson County 2105 Broadway St Iowa City IA 52240 ncjc.org	Youth	319-354-7989	In-home and group-based family support for families with young children	Eligibility Requirements ~ must meet income, geographic, and/or age requirements Documents ~ none Fees ~ none
Family Support Program Neighborhood Centers of Johnson County 2651 Roberts Rd Iowa City IA 52246 ncjc.org	Youth	319-354-2886	In-home and group-based family support for families with young children	Eligibility Requirements ~ must meet income, geographic, and/or age requirements Documents ~ none Fees ~ none
G! World Program Neighborhood Centers of Johnson County 2105 Broadway St Iowa City IA 52240 ncjc.org	Youth School-based Grade 7th-12th	319-358-0438	Program designed to engage and enthuse high school girls of color in all aspects of their lives. Aims to inspire confidence, provide support, and reward accomplishments. Provides a reassuring environment that is conducive to growth as an individual and as an academic.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ none

FAMILY & YOUTH SERVICES

<p>Youth Camps & Recreation The Salvation Army 1116 Gilbert Court Iowa City IA 52240 centralusa.salvationarmy.org/iowacity/empower-youth/</p>	<p style="text-align: center;">General</p>	<p style="text-align: center;">319-337-3725</p>	<p>Camp programs provided to low-income families. Camp activities include adventure & scouting, arts & crafts, music development and sports. Annual summer camp programs are also available.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p>
<p>Camp Tanager Tanager Place 2309 C Street SW Cedar Rapids IA 52404 tanangerplace.org</p>	<p style="text-align: center;">Youth Age 6-17</p>	<p style="text-align: center;">319-365-9164</p>	<p>Offers a unique summer camp experience for children who are economically or medically disadvantaged. The camp empowers children to learn leadership skills and self-confidence. Various camps are offered.</p>	<p>Eligibility Requirements ~ children ages 6 to 17. Documents ~ contact program Fees ~ none</p>
<p>Health Education United Action for Youth 1700 S. 1st Ave, Suite 14 Iowa City IA 52240 unitedactionforyouth.org/</p>	<p style="text-align: center;">Youth School-based</p>	<p style="text-align: center;">319-338-7518</p>	<p>Works with community educators, youth, parents and community members to promote health and wellness within Johnson and Iowa Counties.</p>	<p>Eligibility Requirements ~ services open to local schools and teens/families Documents ~ contact program Fees ~ none</p>
<p>Young Parent Services United Action for Youth 1700 S. 1st Ave, Suite 14 Iowa City IA 52240 unitedactionforyouth.org/</p>	<p style="text-align: center;">Parents Age 23 & under</p>	<p style="text-align: center;">319-338-7518</p>	<p>Serves pregnant and/or parenting young people. Program tailored family support services to meet the individual needs of participants through a strength-based, family focused approach. Family support workers provide in home parent skill building and child development.</p>	<p>Eligibility Requirements ~ Parents 23 and under Documents ~ contact program Fees ~ none</p>
<p>Youth Development, Youth Center, Youth Groups, and Arts programs United Action for Youth 410 Iowa Ave Iowa City IA 52240 unitedactionforyouth.org/</p>	<p style="text-align: center;">Youth School-based Grade 7th-12th</p>	<p style="text-align: center;">319-338-7518</p>	<p>Youth Center offers a drop-in hang-out environment for youths to enjoy. The Center also offers arts programs include a music recording studio and visual art studio/gallery; Youth support/activity groups.</p>	<p>Eligibility Requirements ~ Junior & Senior High age students. Documents ~ contact program Fees ~ none</p>

FINANCIAL ASSISTANCE

Name of Program/Provider	Focus Population	Phone Number & Hours	Services Provided	Eligibility Requirement, Documents Needed, Fees
Telephone & Internet Assistance Programs CenturyLink 302 S Linn Street Iowa City IA 52240 www.centurylink.com/help/index.php?assetid=11	General	319-351-2242 M-F 8-5:00 pm	“Lifeline” a federal assistance program that helps qualified low-income customers save on monthly local phone services. CenturyLink also offers “Telephone Assistance Program (TAP)”, an assistance program offered at the state level.	Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ contact program
Utility Discount Program The City of Iowa City 410 E Washington St Iowa City IA 52240 https://www.icgov.org/utilitydiscountprogram	General	319-356-5066 M-F 8-5:00 pm	Eligible Iowa City utility customers can receive a discount of 60% of the minimum water and sewer charges, 60% of the monthly storm water charge, and 75% of the refuse, recycling, and organics charges each month.	Eligibility Requirements ~ eligible customers must participate in one of the following programs: SSI or SSDI; FIP; Child Care Assistance; Food Stamps; receiving Elderly Tax Credit on your real estate tax or State Rent disbursement. All residents of household must be eligible for this program. Documents ~ Signed “Authorization for Release of Information” form available from the Revenue Division of the City of Iowa City. Eligibility must be verified prior to discount going into effect.
Basic Needs Program CommUnity Crisis Services and Food Bank (formerly the Crisis Center) 1121 Gilbert Court Iowa City IA 52240 https://builtbycommunity.org/	General	319-351-0128 Monday 9-11 am <i>If the Food Bank/ Basic Needs program is closed on a Monday, the sign up will be held the next day they are open.</i>	Emergency financial assistance available for a variety of needs, including housing and utilities, work-enabling items to start a new job, assistance paying for identification, small prescription assistance, and eye exam/eyeglasses assistance. Call for more details about what is available and how to apply.	Eligibility Requirements ~ must live in Johnson County Documents ~ varies by type of assistance is being requested. Fees ~ none
Assistance Programs – Food, Child Care, Financial, Refugee and Family Planning Department of Human Services Program 855 S Dubuque Street – Suite 102 Iowa City IA 52240 www.dhs.iowa.gov/how-to-apply	General	319-356-6050 M-F 8-4:30 pm	Provides numerous financial assistance programs including Food Assistance (SNAP–Supplemental Nutrition Assistance Program), Family Investment Program (FIP), Child Care Assistance, Cash Assistance Family Investment Program or Refugee Cash Assistance, State Supplementary Assistance, Family Planning, and Well-Child & Prenatal Care.	Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ contact program
Child Support Recovery Department of Human Services Program 855 S Dubuque Street – Suite 102 Iowa City IA 52240 www.childsupport.ia.gov	General	319-356-6050 Or 1-888-229-9223 M-F 8-4:30 pm	Responsible for assisting families to achieve and maintain economic self-sufficiency by establishing and enforcing child and medical support orders. May assist with establishing paternity and enforcing support orders.	Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ contact program

FINANCIAL ASSISTANCE

Name of Program/Provider	Focus Population	Phone Number & Hours	Services Provided	Eligibility Requirement, Documents Needed, Fees
Energy Crisis Intervention Program Hawkeye Area Community Action Program, Inc. (HACAP) 367 Southgate Avenue Iowa City IA 52240 www.hacap.org	General	319-739-0100 M-F 8-5:00 pm	Works with households who find themselves in an energy crisis due to services being shut off or in jeopardy of being disconnected due to non-payment	Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ contact program
Financial Literacy and Household Budget Counseling Hawkeye Area Community Action Program, Inc. (HACAP) 367 Southgate Avenue Iowa City IA 52240 www.hacap.org	General	319-739-0100 M-F 8-5:00 pm	Works with households on basic budget management skills and financial planning.	Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ contact program
Low-Income Home Energy Assistance Program (LiHEAP) Energy Assistance Hawkeye Area Community Action Program, Inc. (HACAP) 367 Southgate Avenue Iowa City IA 52240 www.hacap.org	General	319-337-5765 M-F 8-5:00 pm	Assists low-income homeowners and renters pay for a portion of their primary heating costs for the winter heating season. Assistance is based on household income, size, type of fuel and type of housing. The application period is from October 1 (for elderly and disabled households) and November 1 (for rest of households) and runs through April 30.	Eligibility Requirements ~ 175% of the poverty guidelines. Documents ~ income verification for the past 30 days or 12 months, social security cards for everyone in the household, most current heat and electric bill, and birth dates for everyone who lives in the household Fees ~ none
Weatherization Hawkeye Area Community Action Program, Inc. (HACAP) 367 Southgate Avenue Iowa City IA 52240 www.hacap.org	General	319-337-5765 M-F 8-5:00 pm	Provides major energy efficiency services without cost to homeowners or renters who meet guidelines. Installation of work measures are measured by a computerized energy audit. Work includes sealing air filtration leaks, high-density insulation, health and safety check, heating system repair or replacement.	Eligibility Requirements ~ meet income guidelines; must have applied or must complete LiHEAP application Documents ~ income verification for the past 90 days or 12 months, social security cards for everyone in the household, most current heat and electric bill, and birth dates for everyone who lives in the household Fees ~ none

FINANCIAL ASSISTANCE

<p>Financial Wellness Center - Debt Management & Bankruptcy Counseling Horizons, A Family Service Alliance 2210 9th St, Ste. 1 Coralville, IA 52241 https://horizonsfamily.org/financial-wellness-center/</p>	<p>General</p>	<p>319-398-3943 Or 877-653-3123</p>	<p>Offers a variety of counseling services to help address financial concerns including such programs as Student Loan Counseling, Budget & Credit Counseling, and Bankruptcy Education & Counseling. *Please note the Financial Wellness Center is through the Cedar Rapids Office*</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p>
<p>Security Deposit Loan Program The Housing Fellowship 322 E 2nd Avenue Iowa City IA 52240 http://thehousingfellowship.com/</p>	<p>General</p>	<p>319-358-9212</p>	<p>Provides no-interest loans for security deposits. The program is based on a revolving fund of money, allowing loans to be made as payments are received. Security deposit loan is \$400.00</p>	<p>Eligibility Requirements ~ meet income guidelines Documents ~ contact program Fees ~ \$35.00 non-refundable application fee</p>
<p>Rehabilitation / Repair Housing Trust Fund of Johnson County 322 E Second St Iowa City IA 52240 htfc.org</p>	<p>Home Owner</p>	<p>319-358-0212 M-F 8:30-4:00 pm</p>	<p>Income-qualified homeowners with a home in need of minor repair (grant of approx. \$15,000 may qualify for five-year forgivable loan that recedes at a rate of 20 percent per year)</p>	<p>Eligibility Requirements ~ property homeowner in Johnson County (not within city limits of Iowa City) Documents ~ proof of home ownership or buying Fees ~ none</p>
<p>ICCompassion Food Pantry/Transportation Assistance ICCompassion 1035 Wade St Iowa City IA 52240 www.iccompassion.org</p>	<p>General</p>	<p>319-330-9883 Wed 9 am-5 pm Thurs 12-6:30 pm</p>	<p>Food assistance and transportation assistance including bus passes and gas vouchers. Transportation assistance drawing occurs once per week. Please call for details.</p>	<p>Eligibility Requirements ~ preference to low income and eastside of Iowa City Documents ~ none Fees ~ none</p>
<p>Pet Food Assistance Iowa City Animal Care & Adoption Ctr. 3910 Napoleon Ln Iowa City IA 52240</p>	<p>General</p>	<p>319-356-5295 M-F 10:30 am-5:30 pm Sat 10:30am-3pm</p>	<p>Donated pet food available to those in need.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ none</p>
<p>Iowa Rent Reimbursement Claim Iowa Department of Revenue PO Box 9187 Des Moines IA 50306 www.state.ia.us/tax</p>	<p>Elderly or Disabled</p>	<p>1-800-367-3388 (choose option 4, then option 1)</p>	<p>Claim a refund for property taxes paid through rent for elderly or disabled Iowans.</p>	<p>Eligibility Requirements ~ Iowa Resident, age 65+ , or disabled and age 18+, household income less than \$24,206. Documents ~ Contact program Fees ~ none</p>

FINANCIAL ASSISTANCE

<p>Unemployment Benefits Iowa Workforce Development 1700 S 1st Avenue – Suite 11B Iowa City IA 52240 www.iowaworkforcedevelopment.gov/file-claim-unemployment-insurance-benefits</p>	<p>General</p>	<p>319-351-1035 M,T, Th, F 8:30am-4:30 pm Wed 9am-4:30 pm</p>	<p>The intent of Unemployment Insurance is to pay benefits to eligible individuals during periods of unemployment when suitable work is not available. To be eligible for benefits must be totally or partially unemployed, worked & earned a minimum amount of wages in the last 15 to 18 months, lost job through no fault of their own, be able & available for work, be actively seeking work and be registered for work at the local Iowa Workforce Development office.</p>	<p>Eligibility Requirements ~ must meet all eligibility requirements set by law Documents ~ Contact program Fees ~ Contact program</p>
<p>General Assistance Johnson County Social Services 855 S Dubuque St – Suite 202B Iowa City IA 52240 http://johnsoncountyiowa.gov/</p>	<p>General</p>	<p>319-356-6090 M-F 8-4:30 pm</p>	<p>Provides short-term monetary help to Johnson County residents in extreme financial crisis. Offers a safety net for those not eligible for other government programs. Financial assistance is available to address the following needs: rent, utilities, provisions, prescriptions and funeral expenses.</p>	<p>Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ none</p>
<p>Veterans Affairs Johnson County Veterans Affairs 855 S Dubuque St - Suite 109C Iowa City IA 52240 https://www.johnsoncountyiowa.gov/dept_vets.aspx?id=115</p>	<p>Veteran</p>	<p>319-356-6049 M-F 7:30am-4 pm</p>	<p>Connect Veterans with pertinent programs. May provide short-term monetary help to Johnson County Veterans in extreme financial crisis. Financial assistance is available to address the following needs: shelter, utilities, food, burial and medical/dental expenses.</p>	<p>Eligibility Requirements ~ Veteran status determined upon application Documents ~ DD-214 Discharge papers Fees ~ none</p>
<p>Financial Assistance Mercy Iowa City 500 E Market Street Iowa City IA 52245 http://www.mercyiowacity.org/patient-financial-assistance</p>	<p>General</p>	<p>319-339-3616 8-4:30 p.m.</p>	<p>Financial assistance for hospital bills is available based on federal poverty level guidelines</p>	<p>Eligibility Requirements ~ based on income criteria Documents ~ contact program Fees ~ none</p>
<p>Disability Benefits Social Security Administration 1100 6th Street - Suite 100 Coralville IA 52241 www.socialsecurity.gov</p>	<p>General</p>	<p>866-964-2039 M- F 9:00-4 pm;</p>	<p>Social Security Disability Insurance (SSD or SSDI) is a government program managed by the Social Security Administration and designed to provide income supplements to people who are restricted in their ability to be employed because of a notable disability.</p>	<p>Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ Contact program</p>
<p>Supplemental Security Income Social Security Administration 1100 6th Street - Suite 100 Coralville IA 52241 www.socialsecurity.gov</p>	<p>General</p>	<p>866-964-2039 M- F 9:00-4 pm;</p>	<p>Supplemental Security Income (SSI) program pays benefits to disabled adults and children who have limited income and resources. SSI benefits also are payable to people 65 and older without disabilities who meet the financial limits.</p>	<p>Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ Contact program</p>

FINANCIAL ASSISTANCE

FOOD ASSISTANCE

Name of Program/Provider	Focus Population	Phone Number & Hours	Services Provided	Eligibility Requirement, Documents Needed, Fees
FOOD BANKS - PANTRIES				
Coralville Food Pantry Coralville Community Food Pantry 1002 5th Street Coralville IA 52241 www.coralvillefoodpantry.org/	General	319-337-3663 Tuesday 2-6 pm Wednesday 5-7 pm Thursday 10 am-12pm Saturday 10:30 am-1 pm	Coralville & Tiffin residents can receive food assistance once a week, with no limit on the number of weekly visits per year. Visitors to the pantry can freely select from a variety of fresh and non-perishable food items as well as personal care items.	Eligibility Requirements ~ Coralville/ Tiffin resident Documents ~ Photo ID & proof of Coralville/ Tiffin residency Fees ~ none
Food Bank CommUnity Crisis Services and Food Bank 1045 Hwy 6 E Iowa City IA 52240 https://builtbycommunity.org/	General	319-351-0128 M, W & F 12-4:30 pm; Tues 12-7:00 pm; Thurs 9:30 AM-4:30 pm Sat 9:30 AM- 2:00 PM	Provides supplemental food assistance including non-perishables, perishables, baby items, and hygiene products.	Eligibility Requirements ~ must live in Johnson County Documents ~ none; first-time visitors should know their address and the names and birth dates of the people in their household, and income/ benefits received by everyone who lives with them Fees ~ none
Mobile Pantry Program CommUnity Crisis Services and Food Bank 1121 Gilbert Court Iowa City IA 52240 https://builtbycommunity.org/	General	319-351-0128 Please call or visit website for locations and details	Goes to 10 sites within Johnson County every month to serve individuals who may not have transportation to access the Food Bank. Provides supplemental food assistance including non-perishables, baby items, hygiene products, clothing assistance, and holiday/ seasonal assistance. People can also access the Food Bank during weeks that Mobile Pantry is not operating.	Eligibility Requirements ~ must live in Johnson County Documents ~ none; first-time visitors should know their address and the names and birth dates of the people in their household, and income/ benefits received by everyone who lives with them Fees ~ none
Clear Creek Amana Community Food Pantry Grace United Methodist Church 300 W Marengo Road Tiffin IA 52340 https://www.ccaschools.org <i>Note Location – 551 W Marengo Rd, Tiffin</i>	Clear Creek Amana School District	319-545-2281 Or graceumc@southslope.net Monday 4-6 pm, Wednesday 2-4 pm, Thursday 8:30-11:30 am	Provide food, clothing and some toiletry items. A joint program of Clear Creek Amana School District and Grace United Methodist Church. <i>Located in the Clear Creek Amana Family Resource Center, building located between Clear Creek Amana High School and Clear Creek Amana Middle School</i>	Eligibility Requirements ~ target population is those living in the Clear Creek Amana Community School District Documents ~ contact program Fees ~ none
ICCompassion Food Pantry/ ICCompassion 1035 Wade St Iowa City IA 52240 www.iccompassion.org	General	319-330-9883 Monday 11am-1pm Wednesday 12-4 pm Thursday 5:30-7 pm	A variety of food available. Visitors are encouraged to bring reusable bags to decrease the number of plastic bags given out.	Eligibility Requirements ~ none Documents ~ none Fees ~ none

FOOD ASSISTANCE

<p>Kalona Food Pantry United Christian Baptist Church 401 E Ave Kalona IA 52247</p>	<p>Mid-Prairie School District</p>	<p>319-656-5285 2nd & 4th Saturday of the month 9:00 am–10:30 am</p>	<p>Food Pantry offering food for those in need. One use per household.</p>	<p>Eligibility Requirements ~ resident of the Mid-Prairie School District Documents ~ Photo ID, energy/water bill Fees ~ none</p>
<p>Lone Tree Community Food Pantry United Presbyterian Church of Lone Tree 110 W Elm Street Lone Tree IA 52755</p>	<p>Residents of Lone Tree or open enrolled in Lone Tree schools</p>	<p>319-621-0955 Available by appointment</p>	<p>Individuals and families can visit the pantry as often as 1 to 2 per month; only non-perishable food available.</p>	<p>Eligibility Requirements ~ Resident of Lone Tree area or open enrolled in Lone Tree School District Documents ~ none Fees ~ none</p>
<p>North Liberty Community Food Pantry North Liberty Community Pantry 89 N Jones Blvd North Liberty IA 52317 www.northlibertycommunitypantry.org</p>	<p>Rural & Small Communities</p>	<p>319-626-2711 Mon, Wed, Sat 10-Noon Tues, Thurs 10-Noon, 3-6 pm</p>	<p>Individuals and families can visit the pantry as often as weekly to receive the food items that they need. They can receive non-perishable as well as fresh and frozen items. There are also some non-food items including detergent, toilet paper, and toiletries as available.</p>	<p>Eligibility Requirements ~ live in small towns in Johnson County - North Liberty, Swisher, Shueyville, Oxford, Tiffin, Solon, Hills, Lone Tree or rural area Documents ~ photo ID and current proof of residence (bill with current address) Fees ~ none</p>
<p>Solon Community Food Pantry Solon United Methodist Church 122 N West St/ PO Box 344 Solon IA 52333 https://soloniaumc.org/resources/solon-community-food-pantry/</p>	<p>General</p>	<p>319-430-8655 Monday 2-6 pm</p>	<p>Weekly food resource for those in need. Individual appointments can be made between 1:00 and 3:00 PM on Mondays. Please call 319-430-8655 anytime to schedule an appointment.</p>	<p>Eligibility Requirements ~ resident of the Solon area Documents ~ none Fees ~ none</p>
<p>Hills St. Joseph Food Pantry St. Joseph Church 209 Brady Street Hills IA 52235 http://stjosephhills.webs.com/</p>	<p>General</p>	<p>319-679-2271 Wednesdays 10-Noon</p>	<p>Food Pantry offering food for those in need</p>	<p>Eligibility Requirements ~ none Documents ~ none Fees ~ none</p>

FOOD ASSISTANCE

DINING SITES				
Free Hot Breakfast Agape Café 26 E Market Street Iowa City IA 52240 https://www.facebook.com/AgapeCafeAtOldBrick/ E-mail agapebreakfast@gmail.com	General	Wednesday Breakfast Served 7:30-9 am	Located at Old Brick Church ~ Patrons can count on having a good hot breakfast order off a menu and delivered to them by a waiter. Can have just about anything and all they want of it.	Eligibility Requirements ~none Documents ~ none Fees ~ none
Elderberry Café @ The Senior Center Elder Services Inc. 28 S Linn Street Iowa City IA 52240 www.elderservicesinc.org	Adult	319-338-0515 M-F 11-12:30 pm	Congregate meal site located in the Iowa City Senior Center. No reservation required. Cost: Suggested contribution \$3.00 age 60+; \$5.00 under age 60.	Eligibility Requirements ~contact program Documents ~ contact program Fees ~
Free Lunch Program Free Lunch Program 1105 S Gilbert Ct Iowa City IA 52240 https://iowacityfreelunch.org/	General	319-337-6283 Lunch Served Mon-Sat noon-1:00 pm	6-day-a-week meal program. A hot nutritious meal is served through an open door, a full plate, no question asked environment.	Eligibility Requirements ~ none Documents ~ none Fees ~ none
Community Meal ICompassion 1035 Wade St Iowa City IA 52240 www.iccompassion.org	General	319-330-9883 Wed night 5-6:00 pm	Free community meal for all	Eligibility Requirements ~ none Documents ~ none Fees ~ none
Lone Tree Senior Dining Congregate Meal Program 203 ½ N. Devoe St. Lone Tree, IA 52755 www.lonetreeiowa.com/lg_combuilding.htm	Adult Age 60+	319-629-5144	The senior dining staff prepare hot, nutritious meals for the seniors in our community, and Nichols. Call by 10 am to make a reservation.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~For adults age 60+: \$4.50/ meal, for those under age 60, \$5.50/ meal.
Evening Meal The Salvation Army 1116 Gilbert Court Iowa City IA 52240 http://www.icsalvationarmy.org/iowacity/Feeding_Programs	General	Open M-Sun 3-5:00 pm Meal Served @ 4:00 pm	A hot meal is served 364 days a year.	Eligibility Requirements ~ none Documents ~ none Fees ~ none

FOOD ASSISTANCE

Old Gold Dining Solon United Methodist Church 122 N West Street Solon IA 52333 http://www.soloniaumc.org/resources/solon-community-food-pantry/	General	319-624-2251 M-F at 11:30 am	Delicious meal and wonderful company at Solon United Methodist Church. Can also be delivered to your home. Menu is listed in the newspaper.	Eligibility Requirements ~ all ages, available to all. Documents ~ contact program Fees ~ \$4
HOME DELIVERED MEALS				
Meals on Wheels Elder Services, Inc. 2210-9 th St. #1 Coralville IA 52241 www.elderservicesinc.org	Adult Age 60+	319-338-0515 Noon Delivery Only	Meals on Wheels program offers the following meal options to homebound clients; hot meals, shelf stable meals, liquid meal supplements, breakfast bag (7 meals per bag), and frozen meals.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
Rural Meal Delivery Elder Services, Inc. 2210-9 th St. #1 Coralville IA 52241 www.elderservicesinc.org	Adult	319-338-0515	Rural Meal Delivery program offers the following meal options to homebound rural residents; shelf stable meals, liquid meal supplements, breakfast bag (8 meals per bag), and frozen meals.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
Old Gold Dining Solon United Methodist Church 122 N West Street Solon IA 52333 http://www.soloniaumc.org/resources/solon-community-food-pantry/	General	319-624-2251 M-F at 11:30 am	Home delivered meals are provided for those who are home bound and have difficulty preparing meals. Menu is listed in the newspaper.	Eligibility Requirements ~ all ages, available to all. Documents ~ contact program Fees ~ contact program
ASSISTANCE PROGRAMS				
Food Assistance ~ Supplemental Nutrition Assistance Program (SNAP) Department of Human Services Program (DHS) 855 S Dubuque Street – Suite 102 Iowa City IA 52240 www.dhs.iowa.gov/how-to-apply	General	319-356-6050 M-F 8-4:30 pm	The Supplemental Nutrition Assistance Program (SNAP) (formerly Food Stamps) helps low-income people and families buy the food they need for good health. Benefits are provided via an electronic card that is accepted at most grocery stores.	Eligibility Requirements ~ The rules are complex, please contact program. Documents ~ Contact program Fees ~ contact program

FOOD ASSISTANCE

<p>WIC (Women, Infant & Children) Program Johnson County Public Health 855 S Dubuque Street - Suite 217 Iowa City IA 52240 www.johnson-county.com/health</p>	<p>Women & Children</p>	<p>319-356-6042 Mon & Wed 8-6 pm; Tues, Thur, Fri 8-4:30 pm, 1st Saturday of the month 8-12:00 pm</p>	<p>Program for pregnant, breastfeeding and postpartum women and their children to age 5 years. Provides: swipe card for nutritious foods obtained at grocery stores, provides formula (standard and special), health screening and education, nutrition screening & education, breastfeeding education & support, and referral to health, dental & social services.</p>	<p>Eligibility Requirements ~ 185% of poverty; live in Iowa; health or nutrition risk Documents ~ proof of identity, income, and residence (do not need to be a US citizen and no minimum amount of time in Iowa) Fees ~ none</p>
<p>Food Assistance Johnson County Veterans Affairs 855 S Dubuque St - Suite 109C Iowa City IA 52240 https://www.johnsoncountyiowa.gov/dept_vets.aspx?id=115</p>	<p>Veteran</p>	<p>319-356-6049 M-F 8-4:30 pm</p>	<p>Connect Veterans with pertinent programs. May provide short-term monetary help to Johnson County Veterans in extreme financial crisis. Financial assistance is available to address the following needs: shelter, utilities, food, burial and medical/dental expenses.</p>	<p>Eligibility Requirements ~ Veteran status determined upon application Documents ~ DD-214 Discharge papers Fees ~ none</p>

HEALTH & DENTAL SERVICES

Name of Program/Provider	Focus Population	Phone Number & Hours	Services Provided	Eligibility Requirement, Documents Needed, Fees
DENTAL SERVICES				
Free Dental Clinic Free Medical Clinic 2440 Towncrest Drive Iowa City IA 52240 www.freemedicalclinic.org/	General	319-337-4459 M-Thurs 9-4:00 pm Friday 9-12:00 pm	Provides a wide range of dental services possible to people in the Iowa City and surrounding community who would not otherwise have access to care. Services may include filling cavities, simple dental extractions and limited dental hygiene appointments.	Eligibility ~ contact program Documents ~ contact program Fees ~ contact program
College of Dentistry & Dental Clinics University of Iowa College of Dentistry 801 Newton Road Iowa City IA 52242 www.dentistry.uiowa.edu	General	Adults 319-335-7499 Children 319-335-7485 M-F 8-5:00 pm	Offers comprehensive dental care and referral for dental specialty services. The following providers may provide treatment: students, residents, or faculty.	Eligibility ~ contact program Documents ~ contact program Fees ~ contact program
Healthy Kids School-Based Health Clinic Iowa City Community School District 1725 N Dodge St Iowa City IA 52245 https://www.iowacityschools.org/Page/1164	Youth Age 0-21	319-631-3204 M-F 8-5:00 pm	Provides no-cost primary health care and mental health care services to medically uninsured, underinsured or those who have trouble reaching care to Johnson County residents, ages 0-21, through high school graduation age. Works with community providers to provide dental and vision care	Eligibility Requirements ~ medically uninsured, underinsured or those who have trouble reaching primary care services. Must be residents of Johnson County. Ages 0-21, through graduation from high school. Documents ~ Parental consent and immunization record, if available Fees ~ none
I-Smile Johnson County Public Health 855 S Dubuque Street - Suite 217 Iowa City IA 52240 http://johnsoncountyiowa.gov/dept_health.aspx?id=4485	Youth Age 0-21: Pregnant Women	319-356-6042 Monday 8-4:30 pm Wednesday 9:30-6:00 pm	Registered Dental Hygienist provides dental screenings, personalized oral hygiene instruction, fluoride varnish applications and referrals to dental providers.	Eligibility Requirements ~ children ages 0-21 and pregnant women Documents ~ Parent/Guardian Consent Fees ~ none
I-Smile@School Johnson County Public Health 855 S Dubuque Street - Suite 217 Iowa City IA 52240 http://johnsoncountyiowa.gov/dept_health.aspx?id=4485	Youth School-based Grades 2,3, 6	319-356-6042 Weeks throughout the school year	Registered Public Health Dental Hygienist provides dental screenings, dental sealants, fluoride varnish, and customized oral health education.	Eligibility Requirements ~ 2 nd , 3 rd , and 6 th grade students attending select schools in Johnson County Documents ~ Parent/Guardian consent Fees ~ none

HEALTH & DENTAL SERVICES

Infant Oral Health Program Johnson County Public Health 855 S Dubuque Street - Suite 217 Iowa City IA 52240 http://johnsoncountyiowa.gov/dept_alth.aspx?id=4485	Youth Age 0-3 4 & 5 year olds, if enrolled in Head Start	319-356-6042 Thursday 9:30-3:30 pm	Program designed to prevent cavities in early childhood and educate parents on preventive dental care for children.	Eligibility Requirements ~ children birth to 4 years of age Documents ~ Parent/Guardian consent Fees ~ none
END OF LIFE CARE & ASSISTANCE				
Hospice Services Iowa City Hospice 1025 Wade Street Iowa City IA 52240 www.iowacityhospice.org	General	319-351-5665 M-F 8-5:00 pm	Provides hospice services to anyone affected by a terminal illness. Iowa City Hospice is dedicated to offering services to everyone regardless of an individual's ability to pay.	Eligibility ~ contact program Documents ~ contact program Fees ~ contact program
Advance Care Planning – Honoring Your Wishes Iowa City Hospice 1025 Wade Street Iowa City IA 52240 www.iowacityhospice.org	Adult	319-351-5665 M-F 8-5:00 pm	Advance care-planning process where individuals' health care preferences are discussed and documented. Advance care planning is a process for people to make informed decisions about healthcare preferences based upon their values and beliefs.	Eligibility ~ contact program Documents ~ contact program Fees ~ contact program
Bereavement Support & Counseling Iowa City Hospice 1025 Wade Street Iowa City IA 52240 www.iowacityhospice.org	General	319-351-5665 M-F 8-5:00 pm	Following a death, Iowa City Hospice bereavement staff is available to support family members and friends throughout the grieving process. Iowa City Hospice offers a variety of grief support services including support groups, grief education, and special events. For detailed information, please visit our website.	Eligibility ~ anyone who is grieving the loss of a loved one Documents ~ contact program Fees ~ contact program
Honoring Your Wishes Iowa City/Johnson County Senior Center 28 S Linn Street Iowa City IA 52240 www.icgov.org/senior	General	319-356-5220 Weekday morning and afternoon appointments available year round.	Advance care planning is a process for you to understand and discuss goals for future healthcare decisions in the context of your values and beliefs; and produce or update a written plan (i.e. an advance directive) that accurately represents your preferences and prepares others to make healthcare decisions consistent with these preferences.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ none
Long Term Dementia Care Services Windmill Manor 2332 Liberty Dr Coralville IA 52241 http://www.windmillmanor.com/	Adult	319-545-7390 24 hours/7 days	Secured Alzheimer's Dementia Unit for long term care residents	Eligibility Requirements ~ dementia diagnosis and doctors order to be admitted to the facility Documents ~ Doctor's order Fees ~ contact program

HEALTH & DENTAL SERVICES

FINANCIAL ASSISTANCE – HEALTH CARE COVERAGE, ADVOCACY & REFERRAL				
Health Care Coverage Affordable Care Act Health Insurance Marketplace Apply & Enroll online at www.HealthCare.gov	General	Help Center 1-800-318-2596	Primary goal is to help uninsured Americans gain access to quality, affordable health care. Through the Marketplace, eligible Americans will be able to enroll in a free or affordable health plan. Plans must treat everyone fairly and may not deny anyone due to a pre-existing condition.	Ask for assistance at any Local Access Point ~ Planned Parenthood of the Heartland 319-535-2679 Johnson County Social Services 319-356-6090 Department of Human Services 319-356-6050
Health Care Coverage – Medicaid and Iowa Health & Wellness Program Department of Human Services 855 S Dubuque Street - Suite 102 Iowa City IA 52240 http://dhs.iowa.gov/how-to-apply	General	319-356-6050 M-F 8-4:30 pm	Medicaid and Iowa Health & Wellness Health care coverage.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ none
Medicaid Fraud Hotline Department of Human Services 855 S Dubuque Street - Suite 102 Iowa City IA 5224 http://dhs.iowa.gov/report-abuse-and-fraud	General	1-800-831-1394 M-F 7–6:00 pm	Report suspected Medicaid and Welfare fraud by calling 1-800-831-1394 , available Monday – Friday 7:00am to 6:00pm. You may also report suspected fraud to the US Department of Health and Human Services at the Office of Inspector General website .	
Health & Dental Care Coverage for Uninsured Kids hawk-i (Healthy and Well Kids in Iowa) www.hawk-i.org	Youth Age 18 & under	1-800-257-8563 M-F 8-6:00 pm	Offers health & dental care coverage for uninsured children of working families. No family pays more than \$40 a month.	Eligibility Requirements ~ Under 19 years old, citizen of the United States or a qualified alien, meet the income guidelines. Documents ~ contact program Fees ~ contract program
Senior Health Insurance Information Program Heritage Area Agency on Aging 6301 Kirkwood Boulevard Cedar Rapids IA 52404 http://www.heritageaaa.org/	Adult - Age 65+	1-866-468-7887 M-F 8-5:00 pm	Trained volunteers help older adults to understand their Medicare benefits and rights; assess their needs to that they can make informed decisions about health insurance; compare and evaluate Medicare supplement and long term care insurance policies; organize medical bills, Medicare statements and file claims; and find assistance from other agencies, including Medicaid, when or if it's appropriate.	Eligibility Requirements ~ Persons 65+ Documents ~ contact program Fees ~ none

HEALTH & DENTAL SERVICES

<p>Senior Health Insurance Information Program (SHIIP) Iowa City/Johnson County Senior Center 28 S Linn Street Iowa City IA 52240 www.icgov.org/senior</p>	<p>Adult – age 62+</p>	<p>319-356-5220 Weekday morning and afternoon appointments available year round.</p>	<p>SHIIP counselors can help you find answers to your questions about Medicare, Medicare supplemental insurance, long term care insurance, Part D for Medicare Drug Benefits, Part C for Advantage plans, and other health insurance issues.</p>	<p>Eligibility Requirements ~ contact program Documents ~ Medicare card; prescription drug information or bottles (necessary information includes: full name of prescription drugs, whether it is a brand name or generic, dosage, and frequency) Fees ~ none</p>
<p>Information & Referral Line Iowa Compass 100 Hawkins Drive #S295 Iowa City IA 52242 www.iowacompass.org</p>	<p>Disabled</p>	<p>800-779-2001 M-F 8-5:00 pm</p>	<p>Iowa Compass has information about programs and services for Iowans with disabilities, their families, and service providers. Access thousands of unique local, state, and national programs for people with complex health related conditions and disabilities. . Call, chat, email, text or search the website for answers to your disability-related questions.</p>	<p>Eligibility Requirements ~ Contact program Documents ~ none Fees ~ none</p>
<p>Informing & Care Coordination Services Johnson County Public Health 855 S Dubuque Street - Suite 217 Iowa City IA 52240 http://johnsoncountyiowa.gov/dept_health.aspx?id=19890</p>	<p>Youth</p>	<p>319-356-6045 M-F 8-4:30 pm</p>	<p>Assistance in applying for health insurance for children through Medicaid or hawk-i; referrals for physical exams; scheduling medical/dental appointments; obtaining a medical home; and inform of eligible Medicaid services.</p>	<p>Eligibility Requirements ~ live in Iowa Documents ~ contact program Fees ~ none</p>
<p>Maternal Health Program Johnson County Public Health 855 S Dubuque Street - Suite 217 Iowa City IA 52240 http://johnsoncountyiowa.gov/dept_health.aspx?id=19890</p>	<p>Pregnant Women</p>	<p>319-356-6042 Appointments Mondays 8:00 am - 2:00 pm, Tuesdays 8am-12:30 pm</p>	<p>Provides health education, screenings, assistance obtaining Medicaid, dental screenings/ fluoride and assistance with selection/ appointments with physician and dentist.</p>	<p>Eligibility Requirements ~ pregnant and live in Iowa Documents ~ none Fees ~ none</p>
<p>Focus on Youth Fund Johnson County Social Services 855 S Dubuque Street – Suite 202B Iowa City IA 52240 http://www.johnson-county.com/dept_soc_ser.aspx?id=247</p>	<p>Youth Age 18 & under</p>	<p>319-356-6090 M-F 8-4:30 pm</p>	<p>Able to fund service gaps when insurance or other programs don't cover all of the family's needs or expenses. May help cover the costs of services, such as screenings, assessments & evaluations, prescription medication, therapy and respite care. Eligibility is based on child's diagnosis.</p>	<p>Eligibility Requirements ~ based on income criteria; child must be diagnosed with emotional or behavioral disturbance; Johnson County resident. Documents ~ contact program Fees ~ none</p>
<p>Financial Assistance Mercy Iowa City 500 E Market Street Iowa City IA 52245 http://www.mercyiowacity.org/</p>	<p>General</p>	<p>319-887-2915 M-F 8-4:30 pm</p>	<p>Financial assistance for hospital bills is available based on federal poverty level guidelines</p>	<p>Eligibility Requirements ~ based on income criteria Documents ~ contact program Fees ~ none</p>

HEALTH & DENTAL SERVICES

SHIP State Health Insurance Assistance Program http://www.therightcalliowa.gov/	General	1-800-351-4664	Provides free, in depth, one-on-one insurance counseling and assistance to Medicare beneficiaries, their families, friends, and caregivers.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
Medicare Benefits Social Security Administration 1100 6th Street - Suite 100 Coralville IA 52241 http://www.socialsecurity.gov/	Adult Age 62+	866-964-2039 M, T, TH, F 9-4:00 pm; Wednesday 9-12:00 pm	Medicare is a federal health insurance program for people age 65 or older. The program helps with the cost of health care. A person must apply for the program through the Social Security Office.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
MEDICAL EQUIPMENT – ASSISTIVE DEVICES				
Legal Advocacy for Assistive Devices Iowa Compass 100 Hawkins Drive #S295 Iowa City IA 52242 www.iowacompass.org	Disabled	800-779-2001 M-F 8-5:00 pm	Help resolve funding questions provide legal advocacy service for problems acquiring assistive devices.	Eligibility Requirements ~ none Documents ~ none Fees ~ none
Used Equipment Referral Service Iowa Compass 100 Hawkins Drive #S295 Iowa City IA 52242 www.iowacompass.org	Disabled	877-686-0032 M-F 8-5:00 pm	Connect buyers and sellers of used assistive devices.	Eligibility Requirements ~ none Documents ~ none Fees ~ none
Philips Lifeline Personal Response System Visiting Nurse Association of Johnson County 1524 Sycamore St Iowa City IA 52240 http://www.vnaic.org/	General	319-337-9686 X1102 M–F 8-5:00 pm: Nurse on call 24/7 for patient concerns	No one is fully alone with Philips Lifeline medical alert solutions – 24/7 help is just a button away. Philips Lifeline can connect you to the right help for the situation, 24 hours a day, 365 days a year at the push of a button. Whether you need emergency services or just the assistance of a family member or friend to help you get back on your feet.	Eligibility Requirements ~ Johnson County resident Documents ~ contact program Fees ~ varied depends on service you choose
HEALTH CARE SERVICES				
Free & confidential pregnancy tests Birthright of Iowa City 310 E. Burlington Street - Suite 1 Iowa City IA 52240 www.birthright.org/iowacity	General	319-338-8665 Or 1-800-550-4900 if need is urgent Wednesday 5:30-7 pm	Accurate pregnancy test via urine sample as early as 7-10 days from conception. Limited free baby supplies also available.	Eligibility Requirements ~ none Documents ~ none Fees ~ services are free and confidential

HEALTH & DENTAL SERVICES

<p>Eye Exams and Eyeglasses CommUnity Crisis Services and Food Bank 1121 Gilbert Court Iowa City IA 52240 https://builtbycommunity.org/</p>	<p>General</p>	<p>319-351-0128 M, W & F 12-4:30 pm; Tuesday 12-7:00 pm; Thursday 9:30-4:30 pm Sat 9:30- 2:00 pm</p>	<p>Four referrals available each month through the Lenscrafter's OneSight program on a first-come, first-serve basis. Recipients must need an eye exam for a new prescription in addition to needing eyeglasses. Non-qualifying applicants will be referred to other resources.</p>	<p>Eligibility Requirements ~ Johnson County resident, Age 18 or over, Not a Military Veteran and not Medicaid covered. Documents ~ contact program Fees ~ none</p>
<p>Prescription Assistance CommUnity Crisis Services and Food Bank 1121 Gilbert Court Iowa City IA 52240 https://builtbycommunity.org/</p>	<p>General</p>	<p>319-351-0128 M, W & F 12-4:30 pm; Tues 12-7:00 pm; Thurs 9:30 AM-4:30 pm Sat 9:30 AM- 2:00 PM</p>	<p>Assist with up to \$25 towards prescriptions when Free Medical Clinic is unable to assist. Recipients can receive assistance once per calendar year, twice in five years.</p>	<p>Eligibility Requirements ~ must live in Johnson County Documents ~ none; first-time visitors should know their address and the names and birth dates of the people in their household Fees ~ none</p>
<p>Health Care Services Emma Goldman Clinic 227 N. Dubuque St Iowa City IA 52245 www.Emmagoldman.com</p>	<p>General</p>	<p>319-337-2112 M-F 9-5:00 pm</p>	<p>Reproductive Health Care. STI Testing, HIV screening, including PEP and PrEP, first and second trimester abortion services, flu shots, UTI screening, Reproductive health care for individuals with diverse expressions of gender and identity.</p>	<p>Eligibility Requirements ~ Contact program Documents ~ Contract program Fees ~ based on insurance coverage and income, some subsidies available</p>
<p>Free Medical Clinic Free Medical Clinic 2440 Towncrest Drive Iowa City IA 52240 www.freemedicalclinic.org/</p>	<p>General</p>	<p>319-337-4459 M-Thurs 9-4:00 pm Friday 9-12:00 pm</p>	<p>Provide a wide range of medical and dental services possible to people in the Iowa City and surrounding community who would not otherwise have access to care.</p>	<p>Eligibility ~ contact program Documents ~ contact program Fees ~ program</p>
<p>Healthy Kids Community Care School-Based Health Clinic Iowa City Community School District 1725 N Dodge St Iowa City IA 52245 iowacityschools.org/page/1164</p>	<p>Youth Age 0-21</p>	<p>319-631-3204 M-F 8-5:00 pm</p>	<p>Provides no-cost primary and mental health care services to medically uninsured, underinsured or who otherwise not have access to health care or face other barriers. Work with area and community providers to provide well care, sick care, sports physicals, immunizations, and referrals Helps connect families to resources within the Iowa City Community School District and to area agencies for ongoing needs or support.</p>	<p>Eligibility Requirements ~ medically uninsured, underinsured or those who have trouble reaching primary and mental health care services. Must be residents of Johnson County. Ages 0-21, through graduation from high school. Documents ~ ID or passport and immunization record, if available Fees ~ none</p>
<p>Free & Confidential HIV/ Hepatitis C Testing, Johnson County Public Health 855 S Dubuque St Ste 217 Iowa City IA 52240 http://johnsoncountyiowa.gov/dept_health.aspx?id=19890</p>	<p>General</p>	<p>319-356-6040 M-F 8-4:30 pm</p>	<p>Offers walk-in free and confidential HIV and Hepatitis Ce testing services.</p>	<p>Eligibility ~ All persons are eligible. Documents ~ none Fees ~ none</p>

HEALTH & DENTAL SERVICES

Mercy On Call Mercy Iowa City 500 E Market Street Iowa City IA 52245 http://www.mercyiowacity.org/	General	319-358-2767 7 a.m. to midnight, seven days a week	Free telephone service staffed by registered nurses, providing nurse triage, physician referral, health information and program registration	Eligibility Requirements ~ none Documents ~ none Fees ~ none
Emergency Care Unit Mercy Iowa City 500 E Market Street Iowa City IA 52245 http://www.mercyiowacity.org/	General	319-339-3600 24 hours/365 days	Emergency medical services for all ages on a walk-in basis	Eligibility Requirements ~ none Documents ~ none Fees ~ variable; financial assistance available
Reproductive Health Care, Sex Education, and Information Planned Parenthood 850 Orchard St Iowa City IA 52246 https://www.plannedparenthood.org/	General	877-811-7526 Monday 9-4:00 pm Tues & Wed 8-4:00 pm Thursday 12-8:00 pm Friday 9-5:00 pm	Health Care, HIV testing, Sexually Transmitted Disease (STD) testing, treatment, and vaccines, pregnancy testing & services, Lesbian Bisexual Gay & Transgender (LBGT) services, birth control, morning-after pill (emergency contraception), abortion services (by appointment only)	Eligibility Requirements ~ Please call for more information Documents ~ Please call for more information Fees ~ Please call for more information
Migrant Health Program & Health Screenings Proteus 1548 Gilbert Street Iowa City IA 52240 www.proteusinc.net	Immigrant, Minority and Low-income	800-397-9675	Patients are seen at mobile clinics, in-house clinics and on an individual basis by a Proteus contracted licensed medical professional. Also able to provide vouchers for other health services, such as speciality providers, dentists and vision experts. Bilingual community health aides may provide transportation and interpretation services.	Eligibility Requirements ~ serves immigrant, minority and low-income populations Documents ~ none Fees ~ Sliding fee schedule based on income
AIDS/ HIV Clinic UIHC 200 Hawkins Dr Iowa City IA 52242	General	319-356-8133 M-F 8-4:30 pm	The AIDS/HIV Program uses a multidisciplinary approach to provide comprehensive HIV care including adherence counseling/medication counseling, clinical trials, education, financial programs, psychiatry services, referrals to HIV-experienced professionals, satellite clinic in Waterloo, and social services.	Eligibility ~ Please call for more information. Documents ~ Please call for more information. Fees ~ Please call for more information.
Mobile Health Clinic University of Iowa Mobile Clinic Address varies- check website for calendar iowamobileclinic.org	General	319-535-2684 Or Mobileclinic.ui@gmail.com	The Mobile Clinic provides a variety of services, depending on the site (please check website for details). Services may include free physicals/ clinic visits, flu shots, health education, physical therapy, dental screening , HIV/ HCV testing, on-site translators, and/ or social work assessments.	Eligibility ~ all Documents ~ none Fees ~ none

HEALTH & DENTAL SERVICES

<p>Home Care Aide Services Visiting Nurse Association of Johnson County 1524 Sycamore St Iowa City IA 52240 http://www.vnaic.org/</p>	<p style="text-align: center;">General</p>	<p style="text-align: center;">319-337-9686 M–F 8-5:00 pm: Nurse on call 24/7 for patient concerns</p>	<p>Skilled home health aides help elders, older adults, convalescent or disabled persons live in their own homes instead of in a healthcare facility. May assist discharged hospital patients who have relatively short-term needs. Under the direction of our nursing staff, provides health-related services, such as administering oral medications, help with simple prescribed exercises, and help patients to move from bed, bathe, dress and groom.</p>	<p>Eligibility Requirements ~ Johnson County resident. Persons who need more extensive care than family or friends can provide. Documents ~ contact program Fees ~ Medicare and Medicaid Certified. Most insurances also accepted. Individuals without third party payers pay privately on a sliding scale fee based on income and assets.</p>
<p>Skilled Nursing In-Home Care Visiting Nurse Association of Johnson County 1524 Sycamore St Iowa City IA 52240 http://www.vnaic.org/</p>	<p style="text-align: center;">General</p>	<p style="text-align: center;">319-337-9686 M–F 8-5:00 pm: Nurse on call 24/7 for patient concerns</p>	<p>Skilled nurses monitor a person's vital signs, blood pressure, heart rate, medication and any special diet. Help control the impact of acute and chronic illnesses such as diabetes and heart disease as well as help reduce the complications caused by wounds and ostomies. Also able to arrange for additional services if needed through our other programs.</p>	<p>Eligibility Requirements ~ Johnson County resident Documents ~ contact program Fees ~ Medicare and Medicaid Certified. Most insurances also accepted. Individuals without third party payers pay privately on a sliding scale fee based on income and assets.</p>
<p>Maternal/ Infant/ Child Nursing Services Visiting Nurse Association of Johnson County 1524 Sycamore St Iowa City IA 52240 http://www.vnaic.org/</p>	<p style="text-align: center;">Pregnant Women & Children</p>	<p style="text-align: center;">319-337-9686 M–F 8-5:00 pm: Nurse on call 24/7 for patient concerns</p>	<p>A highly skilled obstetrical and pediatric nurse provides home care services to women with high-risk pregnancies, premature infants, and early maternity discharge. A nurse intervenes at critical junctures in a family's life, such as with high-risk prenatal and postpartum care, high-risk infants, including prematurity, infants with cardiac anomalies, infants with feeding problems, breastfeeding difficulties, early maternity discharge visits, C-Section wound care, high-risk teen moms and infants with respiratory problems</p>	<p>Eligibility Requirements ~ Johnson County resident Documents ~ contact program Fees ~ Medicare and Medicaid Certified. Most insurances also accepted. Individuals without third party payers pay privately on a sliding scale fee based on income and assets.</p>
<p>Physical & Occupational Therapy In-Home Care Visiting Nurse Association of Johnson County 1524 Sycamore St Iowa City IA 52240 http://www.vnaic.org/</p>	<p style="text-align: center;">General</p>	<p style="text-align: center;">319-337-9686 M–F 8-5:00 pm: Nurse on call 24/7 for patient concerns</p>	<p>Physical and Occupational Therapists will work closely with the patient, family and physician to develop a rehabilitation care plan that meets each patient's unique needs. Some diagnoses that would benefit from in-home rehabilitation are: Amputation, Developmental Delays, Arthritis, Failure to Thrive, Brain Injury, History of Falls, Cancer, Joint Replacement, Cardiac Surgeries, Multiple Sclerosis, Congestive Heart Failure, Spinal Cord Injuries, COPD, Stroke</p>	<p>Eligibility Requirements ~ Johnson County resident Documents ~ contact program Fees ~ Medicare and Medicaid Certified. Most insurances also accepted. Individuals without third party payers pay privately on a sliding scale fee based on income and assets.</p>
<p>Post Acute Rehabilitation Services Windmill Manor 2332 Liberty Dr Coralville IA 52241 http://www.windmillmanor.com/</p>	<p style="text-align: center;">Adult</p>	<p style="text-align: center;">319-545-7390 24 hours/7 days</p>	<p>An individual rehabilitation program designed to help restore strength along with improving functions of daily living. Program provides services such as physical therapy, occupational therapy and speech therapy.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ based on type of therapies required and duration</p>

HEALTH & DENTAL SERVICES

HEALTH EDUCATION				
Health Education United Action for Youth 410 Iowa Ave Iowa City IA 52240 unitedactionforyouth.org	Families	319-338-7518 M-F 9-5:00 pm	Health Educator who works with community educators, youth, parents and community members to promote health and wellness within Johnson and Iowa Counties.	Eligibility Requirements ~ services open to local schools and teens/families Documents ~ contact program Fees ~ none
Teen Parent Services United Action for Youth 410 Iowa Ave Iowa City IA 52240 unitedactionforyouth.org	Parent Age 21 & Under	319-338-7518 M-F 9-5:00 pm	Serves pregnant and/or parenting young women, 21 years old and younger. Tailors family support services to meet the individual needs of program participants through a strength-based, family-focused approach. Family support workers provide in-home parent skill building and child development education utilizing parents as teachers, a curriculum focused on parents being the first and most important teacher in their child's life.	Eligibility Requirements ~ Teen Parents 21 and under. Johnson County resident Documents ~ contact program Fees ~ none
Ryan White HIV Clinic UIHC - Ryan White HIV Clinic 200 Hawkins Dr Iowa City IA 52242 https://uihc.org/hiv-aids-treatment	General	319-356-8132 M-F 8-4:30 pm	Uses a multi-disciplinary approach to provide comprehensive HIV care including primary medical care, treatment, education & information, social services & community referrals	Eligibility Requirements ~ HIV positive Documents ~ depends on service needed Fees ~ depends on insurance
Skilled Nursing In-Home Care Visiting Nurse Association of Johnson County 1524 Sycamore St Iowa City IA 52240 http://www.vnaic.org/	General	319-337-9686 M-F 8-5:00 pm: Nurse on call 24/7 for patient concerns	Skilled nurses monitor a person's vital signs, blood pressure, heart rate, medication and any special diet. Teach self-care techniques for asthma, diabetes, stroke, heart and respiratory conditions, wounds, ostomies and catheters. Also able to arrange for additional services if needed through our other programs.	Eligibility Requirements ~ Johnson County resident Documents ~ contact program Fees ~ Medicare and Medicaid Certified. Most insurances also accepted. Individuals without third party payers pay privately on a sliding scale fee based on income and assets.
HEALTH PREVENTION				
Immunizations Johnson County Public Health 855 S Dubuque Street - Suite 217 Iowa City IA 52240 http://johnsoncountyiowa.gov/dept_health.aspx?id=12287	General	319-356-6045 Appointments: Wednesdays 9am-4:30pm; 1 st Saturday 8-11 am	Vaccines for children and adults; limited travel vaccines	Eligibility Requirements ~ call for details Documents ~ record of previous immunizations Fees ~ free to children who qualify; accept private insurance for children and adults. Call for details.
Community Foot Care Clinics Visiting Nurse Association of Johnson County 1524 Sycamore St Iowa City IA 52240 http://www.vnaic.org/	General	319-337-9686 Varies - call for details	Foot care clinics are held at four locations in Johnson County. Please call the phone number shown for information and to make an appointment.	Eligibility Requirements ~ Johnson County resident Documents ~ contact program Fees ~ cost of foot care at the clinic is \$12.00.

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Last Updated ~ 04/22/2021

HEALTH & DENTAL SERVICES

Community Health Promotion Clinics Visiting Nurse Association of Johnson County 1524 Sycamore St Iowa City IA 52240 http://www.vnaic.org/	Adult	319-337-9686 Varies - call for details	Health promotion clinics are held at senior sites throughout Johnson County. Blood pressure, pulse rate, glucose, weight and Body Mass Index checks are available along with health information. Cholesterol screenings are available once a month.	Eligibility Requirements ~ Johnson County resident Documents ~ contact program Fees ~ charge for Cholesterol and Glucose Screenings
Community Stepping On Fall Prevention Workshops Visiting Nurse Association of Johnson County 1524 Sycamore St Iowa City IA 52240 http://www.vnaic.org/	Adult	319-337-9686 Workshop times vary. Please contact program for information	Seven-week workshop program for independent community-dwelling older adults who have fallen, are at risk of falling or who have a fear of falling.	Eligibility Requirements ~ Johnson County resident Documents ~ contact program Fees ~ Please call our office for information
Community Wellness Clinics- Senior Center Health Suite Visiting Nurse Association of Johnson County 1524 Sycamore St Iowa City IA 52240 http://www.vnaic.org/	Adult	319-337-9686 Mon, Wed & Fri 11– 1:00 pm	Provides Quick Check Health Screenings at the Iowa City Senior Center, 28 S Linn St, Iowa City. Services include, Foot Clinic, blood sugar screening, cardiac risk & cholesterol screening, Influenza and Pneumonia Vaccination (Oct-Dec), Health Information Brochures available **Some charges may apply	Eligibility Requirements ~ Johnson County resident Documents ~ contact program Fees ~ varied depends on program attended
PRESCRIPTION ASSISTANCE				
GlaxoSmithKline http://www.gskforyou.com/	877-331-0362 Online 24 hours per day, 7 days per week. Available by phone Monday through Friday, hours vary.		Offer free or nearly free GlaxoSmithKline drugs to individuals based on income. Offer prescription assistance programs. Offer savings on certain prescription medications, as well as information about medications.	Please visit the website for program information
Iowa Drug Card A free prescription card can be printed from http://www.iowadrugcard.com/index.php	877-507-5445 Assistance available 24 hours per day, 7 days per week.		Iowa Drug Card is a free discount prescription assistance program for all Iowa residents. The program is accepted at all major pharmacies and covers generic and name brand medications.	There are no eligibility requirements for this program. Please visit the website for program information
Merck http://www.merckhelps.com/	888-477-2669 Online 24 hours per day, 7 days per week. By phone M-F 7:00 AM to 7:00 PM.		Prescription assistance for individuals with limited or no insurance, based on qualifications. Medicare prescription assistance program. Vaccine assistance program to adults age 19 and older, without health insurance	Please visit the website for program information

HEALTH & DENTAL SERVICES

<p>Partnership for Prescription Assistance</p> <p>https://www.pparx.org/</p>	<p style="text-align: center;">888-477-2669</p> <p style="text-align: center;">Online 24 hours per day, 7 days per week.</p> <p style="text-align: center;">By phone M-F 8:00 AM to 10:00 PM.</p>	<p>An industry program that offers a single point of access to more than 475 patient assistance programs, including nearly 200 programs offered by biopharmaceutical companies. Helps qualifying patients without prescription drug coverage get medicines they need for free or nearly free.</p>	<p>Please visit the website for program information</p>
<p>Pfizer</p> <p>http://www.pfizerrxpathways.com/?step=1</p>	<p style="text-align: center;">866-706-2400</p> <p style="text-align: center;">Online 24 hours per day, 7 days per week.</p> <p style="text-align: center;">By phone M-F 7:00 AM to 7:00 PM.</p>	<p>Many different programs are available, depending on age, income, and whether or not individual has insurance coverage for prescriptions.</p>	<p>Please visit the website for program information</p>

HOUSING ASSISTANCE

Name of Program/Provider	Focus Population	Phone Number & Hours	Services Provided	Eligibility Requirement, Documents Needed, Fees
FINANCIAL ASSISTANCE				
Emergency Assistance Program CommUnity Crisis Services and Food Bank (formerly the Crisis Center) 1121 Gilbert Court Iowa City IA 52240 https://builtbycommunity.org/	General	319-351-0128 Call Between 9:00-11:00am On Monday to sign up	Emergency financial assistance available for a variety of needs, including housing and utilities. Call for more details about what is available and how to apply.	Eligibility Requirements ~ must live in Johnson County Documents ~ varies by type of assistance being requested. Fees ~ none
Affordable Rental Homes The Housing Fellowship 322 E 2 nd Avenue Iowa City IA 52240 www.housingfellowship.com/Content/Programs/Affordable-Rental-Homes.aspx	Related Households	319-358-9212 M-F 8:30-4:00pm	Owns and manages 218 rental homes. The homes are mix of housing types and are scattered through Iowa City, North Liberty and Coralville. Housing choice vouchers accepted. Must meet tenant selection criteria.	Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ \$25.00 non-refundable application fee
Security Deposit Loan Program The Housing Fellowship 322 E 2 nd Avenue Iowa City IA 52240 www.housingfellowship.com/Content/Programs/Security-Deposit-Loan-Program.aspx	General	319-358-9212 M-F 8:30-4:00pm	Provides no-interest loans for security deposits. The program is based on a revolving fund of money, allowing loans to be made as payments are received. Security deposit loan is \$400.00. Loan payments are made at Hills Bank.	Eligibility Requirements ~ contact program Documents ~contact program: in-person application only Fees ~ \$35.00 non-refundable application fee
Affordable Housing Iowa City Housing Authority 410 E Washington Street Iowa City IA 52240 www.icgov.org/icha	Elderly, Disabled, and Families with children under the age of 18	319-356-5400	Assist low-income families to acquire and maintain affordable housing through rental and ownership programs. Rental assistance includes the Housing Choice Voucher, Veteran's Supportive Housing and Public Housing Programs. Homeownership opportunities exist through the Housing Choice Voucher Homeownership Program.	Eligibility Requirements ~ family must be within the federally established income guidelines. Documents ~ contact program Fees ~ None

HOUSING ASSISTANCE

<p>Iowa Rent & Utility Assisnace Program Iowa Finance Authority 1963 Bell Ave, Suite 200 Des Moines IA 50315 https://www.iowafinance.com/</p>	<p>Households affected by COVID-19</p>	<p>855-300-5885</p>	<p>Up to 12 months combined assistance with rent and/ or utility bills that are in arrears. All past due payments are for costs incurred no earlier than 3/13/2020. Household income must be no more than 80% of Area Median Income. One or more individuals in the household must have qualified for unemployment benefits, or experienced a reduction in household income, incurred significant costs, or experienced other financial hardship due directly or indirectly to the coronavirus outbreak.</p>	<p>Eligibility Requirements ~ income guidelines, based on the size of the household. Documents ~ see website for detailed list Fees ~ none</p>
<p>Landlord/Tenant Rental Issues Iowa Legal Aid Iowa City Regional Office 1700 S 1st Avenue Iowa City IA 52240 http://www.iowalegalaid.org/issues/using</p>	<p>General</p>	<p>1-800-532-1275</p>	<p>Free legal help for eligible low-income Iowans. Assistance with landlord/tenant issues such as eviction for non-payment of rent, eviction for clear and present danger, rising of rental amount, landlord's responsibilities regarding repairs, ending a rental agreement and return of rental security deposit.</p>	<p>Eligibility Requirements ~ income and asset guidelines, based on the size of the household. Documents ~ contact program Fees ~ contact program</p>
<p>Habitat for Humanity Housing Project Iowa Valley Habitat for Humanity 2401 Scott Blvd. SE Iowa City IA 52240 iowavalleyhabitat.org</p>	<p>General</p>	<p>319-337-8949</p>	<p>Devoted to building simple, decent, affordable housing. Homeowners are expected to put "sweat equity" into their project homes. Once construction on the home is finished and sweat equity completed in full, the homeowner purchases the home with a low interest mortgage.</p>	<p>Eligibility Requirements ~ First-time homeowner; families must meet income guidelines and be select for the program. Documents ~ contact program Fees ~ contact program</p>
<p>General Assistance Johnson County Social Services 855 S Dubuque St – Suite 202B Iowa City IA 52240 www.johnson-county.com</p>	<p>General</p>	<p>319-356-6090 M-F 8-4:30 pm</p>	<p>Provides short-term monetary help to Johnson County residents in extreme financial crisis. Offers a safety net for those not eligible for other government programs. Financial assistance may be available to address rent & utility expenses.</p>	<p>Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ none</p>
<p>Veterans Affairs Johnson County Veterans Affairs 855 S Dubuque St - Suite 109C Iowa City IA 52240 http://www.johnson-county.com/dept_vets.aspx?id=115</p>	<p>Military Veteran</p>	<p>319-356-6049 M-F 8:00-4:30 pm</p>	<p>Provides short-term monetary help to Johnson County residents who are military veterans and in extreme financial crisis. Offers a safety net for those not eligible for other government programs. Financial assistance may be available to address rent & utility expenses.</p>	<p>Eligibility Requirements ~ Veteran status determined upon application Documents ~ DD-214 Discharge papers Fees ~ none</p>

HOUSING ASSISTANCE

EMERGENCY HOUSING				
Coordinated Entry Shelter House Community Shelter & Transition Services 429 Southgate Avenue Iowa City IA 52240 www.shelterhouseiowa.org	General	319-351-0326 *Ask for coordinated entry specialist*	Emergency and transitional shelter with supportive case management.	Eligibility Requirements ~ homeless Documents ~ Contact program Fees ~ none
Emergency Shelter Domestic Violence Intervention Program 1105 S Gilbert Ct -Suite 300 Iowa City IA 52240 www.dvpiowa.org	General	1-800-373-1043 24 Hours 7 days – 365 days	Provides emergency safe sheltering for victims of domestic violence when remaining in their home is no longer an option. Emergency sheltering may include short stays in our shelter, safe housing or assistance with housing acquisition.	Eligibility Requirements ~ must be a victim of domestic violence, dating violence, stalking or sexual violence Documents ~ none Fees ~ all services are free and confidential
Emergency Shelter Shelter House Community Shelter & Transition Services 429 Southgate Avenue Iowa City IA 52240 www.shelterhouseiowa.org	General	319-351-0326 Waitlist for those seeking shelter starts at 6 PM daily	Emergency and transitional shelter with supportive case management.	Eligibility Requirements ~ homeless Documents ~ Contact program Fees ~ none
TRANSITIONAL HOUSING				
Housing Services Domestic Violence Intervention Program 1105 S Gilbert Ct -Suite 300 Iowa City IA 52240 www.dvpiowa.org	General	1-800-373-1043 24 Hours 7 days – 365 days	Provides assistance with housing and tenancy to victims of domestic violence. Our services include Transitional Housing, Rental Assistance and the Good Tenant Training Program	Eligibility Requirements ~ must be a victim of domestic violence, dating violence, stalking or sexual violence Documents ~ dependent on services requested. Fees ~ all services are free and confidential
Affordabel Housing Hawkeye Area Community Action Program, Inc. (HACAP) 367 Southgate Avenue Iowa City IA 52240 www.hacap.org	General	319-337-5765 M-F 8-5:00 pm	The Housing program provides affordable housing for low-income families and individuals. HACAP manages several apartments and single-family dwellings for low-income families and individuals in the Linn County and Iowa City areas.	Eligibility Requirements ~ homeless or in danger of being homeless Documents ~ call for information Fees ~ contact program
Transitional Housing for Families In Recovery Prelude Behavioral Services 436 Southgate Avenue Iowa City IA 52240 www.preludeiowa.org	General	319-351-4357 Open 24 hrs/365 days	Prelude has twelve Transitional Housing apartments: ten with two bedrooms and two with three bedrooms. The purpose of the program is to support parents in recovery in making a successful transition from primary treatment to self-sufficient, independent, and responsible living as family members and members of the community. Two Year program.	Eligibility Requirements ~ resident of Iowa (preference to Johnson County residents), For households with a parent working towards recovery and willing to be alcohol and drug free, eligible for Housing Choice Voucher (aka Section 8 Voucher), have custody of children or be working to regain custody. Documents ~ application located on website Fees ~ rent depend on family size. deposit \$500

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Last Updated ~ 04/21/2021

HOUSING ASSISTANCE

Supportive Housing Program Successful Living 2406 Towncrest Drive Iowa City IA 52240 icsuccess.org	Adults with Chronic Mental Illness	319-358-6800 M-F 9-5:00 pm	Supportive HAB housing for adults with a Chronic Mental Illness (CMI) and who may have little to no income.	Eligibility Requirements ~ current diagnosis of Chronic Mental Illness; income at or below 150% of poverty (with some exceptions) Documents ~ medical documentation Fees ~ rent, other services covered by Medicaid
Transitional Living Program United Action for Youth 410 Iowa Ave Iowa City IA 52240 unitedactionforyouth.org	Young Adult Age 17-21	319-338-7518 M-F 9-5:00 pm	Transitional Living Program (TLP) at UAY provides safe and stable housing for homeless young people. These sites are supervised by TLP Advocates who provide support and education to help youth become independent and live on their own. The program is about support and education as much as it is about housing.	Eligibility Requirements ~ open to 17-21 year olds Documents ~ contact program Fees ~ none
HOME REHABILITATION				
Weatherization Assistance Program Hawkeye Area Community Action Program, Inc. (HACAP) 367 Southgate Avenue Iowa City IA 52240 www.hacap.org	General	319-337-5765 M-F 8-5:00 pm	Program works to reduce personal utility costs by improving the housing of low-income individuals and families. Weatherization directly benefits low-income households by reducing energy costs, which allows people to stop making the critical choice between winter heat and other necessities.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
Home Rehabilitation / Repair Housing Trust Fund of Johnson County 26 E. Market St. Iowa City IA 52245 htfjc.org	Property owner	319-358-0212 M-F 8:30-4:00 pm	Income-qualified homeowners with a home in need of minor repair (approx \$15,000) may qualify for five-year forgivable loan.	Eligibility Requirements ~ Income qualified property homeowner in Johnson County (excludes homes located within city limits of Iowa City) Documents ~ contact program Fees ~ contact program
Helping Hands Iowa Valley Habitat for Humanity 2401 Scott Blvd. SE Iowa City IA 52240 iowavalleyhabitat.org	Property Owners	319-337-8949 M-F 9:00-5:00	Affordable home repairs and aging in place modifications (i.e. wheelchair ramp construction, roof repair, bathroom modification, furnace replacement, etc.) for homeowners. IVVHH will not complete interior work on mobile homes, but will consider exterior repairs. Recently Started ERMAR: Emergency Repair and Major Appliance Replacement.	Eligibility Requirements ~ Income and asset guidelines, based on the size of household. Documents ~ Completed application. Contact office. Fees ~ contact program
ReStore Iowa Valley Habitat for Humanity 2401 Scott Blvd. SE Iowa City IA 52240 iowavalleyhabitat.org	General	319-338-5687 Donate & Shop Tues-Sat 9-5	Resale shop for donated building materials, furniture, appliances	Eligibility Requirements ~ open to the public Documents ~ contact program Fees ~ contact program

HOUSING ASSISTANCE

Housing Rehabilitation Neighborhood Services, City of Iowa City 410 E Washington Iowa City IA 52240 www.icgov.org/housingrehab	Property owner	319-356-5230 M-F 8-5:00 pm; closed holidays	Repair/remodel owner occupied homes - roofing, electrical, plumbing, siding, window/door replacement, handicapped accessibility, furnaces, water heaters, flooring, painting	Eligibility Requirements ~ 80% or below median income; owner occupied home within Iowa City city limits; enough equity in home Documents ~ application; deed or title to home; proof of citizenship Fees ~ offer grants, loans
Rental Rehabilitation Program Neighborhood Services, City of Iowa City 410 E Washington Iowa City IA 52240 www.icgov.org/housingrehab	Tenants	319-356-5230 M-F 8-5:00 pm; closed holidays	Designed to provide funding to rehabilitate single family and duplex rental properties in the City's targeted neighborhoods. Projects can receive up to \$24,999 per unit for rehabilitation funded through a zero-interest (50%) and a grant (50%). Monthly rent and annual increases may be limited during the compliance period.	Eligibility Requirements ~ household income, contact program Documents ~ contact program Fees ~ offer grants, loans
Healthy Homes Program Neighborhood Services, City of Iowa City 410 E Washington Iowa City IA 52240 www.icgov.org/housingrehab	Property Owner/Tenants	319-356-5230 M-F 8-5:00 pm; closed holidays	A grant of up to \$7,500 per household is available for repair or replacement of items that contribute to poor indoor air quality. Homeowners and renters (with landlord approval) are eligible. Eligible households will also receive an in-home visit from the UI College of Nursing, to provide health education to self-manage the condition and maintain and health home.	Eligibility Requirements ~ household member with asthma, COPD or impaired lung function; household income; contact program for more information Documents ~ contact program Fees ~ offer grants
SENIOR/DISABILITY HOUSING				
Housing for age 62 & over or disabled Autumn Park Apartments 3042 Muscatine Avenue Iowa City IA 52240	Adult Age 62+ or disabled	319-337-7176	Subsidized housing for persons 62 or older, or disabled persons under 62. Must meet income guidelines.	Eligibility Requirements ~ age 62 and over or disabled; Must meet income guidelines. Documents ~ contact program Fees ~ contract program
Housing for age 62 & over or disabled Capitol House Apartments 320 S Dubuque Street Iowa City IA 52240	Adult Age 62+ or disabled	319-338-2127	Subsidized housing for persons 62 or older, or disabled persons under 62. Must meet income guidelines.	Eligibility Requirements ~ age 62 and over or disabled; Must meet income guidelines. Documents ~ contact program Fees ~ contract program
Housing for age 55 & over or disabled Concord Terrace 1259 Shannon Drive Iowa City IA 52246 www.KeywayManagement.com	Adult Age 55+ or disabled	319-887-1010	Affordable Senior Housing Apartments.	Eligibility Requirements ~ age 55 and over or disabled Documents ~ contact program Fees ~ contract program

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HOUSING ASSISTANCE

Housing for age 55 & over Coral Ridge Apartments 915 20 th Avenue Coralville, IA 52241	Adult age 55+	319-333-1602	56-unit Section 42 senior housing for persons 55 and up. Must meet income guidelines, income restrictions apply.	Eligibility Requirements: Age 55 and up; Income restrictions apply. Documents: Contact program Fees: \$40 application fee per adult \$500 Security deposit (full approval) Call program for additional information
Housing for age 62 & over or disabled Coralville Senior Residences 1799 Fifth Street Coralville IA 52241	Adult Age 62+ or disabled	319-351-2386	Subsidized housing for persons 62 or older, or disabled persons under 62. Must meet income guidelines.	Eligibility Requirements ~ age 62 and over or disabled; Must meet income guidelines. Documents ~ contact program Fees ~ contract program
Housing for age 55 & over Diamond Senior Apartments 1030 William St. Iowa City, IA 52240 http://paramark.us/property/diamond-senior-apartments-of-iowa-city/	Adult age 55+	319-351-5000	Affordable Senior Housing Apartments. 36 affordable units and 4 market rate units. Currently has a long wait list.	Eligibility Requirements ~ age 55 and over; Must meet income guidelines. Documents ~ contact program Fees ~ contract program
Housing for age 62 & over or disabled Ecumenical Towers 320 E Washington St Iowa City IA 52240	Adult Age 62+ or disabled	319-338-7450	Subsidized housing for persons 62 or older, or mobility impaired persons under 62. Must meet income guidelines. Eligible residents pay 30% of their adjusted gross income towards rent	Eligibility Requirements ~ age 62 and over or disabled; Must meet income guidelines. Documents ~ contact program Fees ~ contract program
Assisted Living Emerson Point 1355 Shannon Drive Iowa City, IA 52246 www.KeywayManagement.com	Adult age 65+	319-466-0200 24 hours 7 days – 365 days	Emerson Point is Affordable Assisted Living for person 65 years of age and older. Some tenants may qualify subsidies to reduce out of pocket expenses.	Eligibility Requirements ~ Documents ~ Fees ~ Accepts Medicaid Waiver and Section 8 Rental Assistance
Housing for age 55 & over or disabled Jefferson Point 45 W. Jefferson St. North Liberty, IA 52317 www.KeywayManagement.com	Adult Age 55+ or disabled	319-626-3263	Affordable Senior Housing Apartments.	Eligibility Requirements ~ age 55 and over or disabled Documents ~ contact program Fees ~ Section 8 Housing
Housing for age 55 & over or disabled Lexington Place 1229 Shannon Drive Iowa City IA 52246 www.KeywayManagement.com	Adult Age 55+ or disabled	319-887-1010	Affordable Senior Housing Apartments.	Eligibility Requirements ~ age 55 and over or disabled Documents ~ contact program Fees ~ Section 8 Housing
Housing for age 55 & over Regency Heights 1010 Scott Park Dr #101 Iowa City IA 52240	Adult Age 55+	319-466-9999	Non-subsidized housing for persons 55 or older.	Eligibility Requirements ~ age 55 and over Documents ~ contact program Fees ~ contract program

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Housing for age 62 & over North Liberty Living Center 410 Ashley Court North Liberty, IA 52317	Adult Age 62+	319-665-2402	Affordable Apartments for older adults.	Eligibility Requirements ~ age 62 and over Documents ~ contact program Fees ~ contract program
Housing for age 62 & over or disabled Solon Community Housing Corp 1761 Racine Ave NE Solon IA 52333	Adult Age 62+ or disabled	319-480-4380	Housing built for elderly	Eligibility Requirements ~ age 62 and over or disabled Documents ~ contact program Fees ~ contract program
VETERANS' HOUSING				
"Operation Home" Supportive Services for Veteran Families Hawkeye Area Community Action Program, Inc. (HACAP) 367 Southgate Avenue Iowa City IA 52240 www.hacap.org	Military Veteran	319-393-7811 M-F 8-5:00 pm	Offers various programs such as rental assistance, vehicle repair, and housing stabilization and goods and services.	Eligibility Requirements ~ veteran or veteran in the household, have served at least 1 day of active duty, meet income guidelines, cannot have been dishonorable discharged, be homeless or at risk of homelessness Documents ~ DD-214, proof of income, ID, Social Security cards for everyone in the household Fees ~ none
HUD - Veteran's Supportive Housing Program (VASH) Iowa City Housing Authority 410 E Washington Street Iowa City IA 52240 www.icgov.org/city-government/departments-and-divisions/housing-authority	Military Veteran	319-356-5400 M-F 8-4:30 pm	The Department of Housing and Urban Development (HUD) – VA Supportive Housing (VASH) Program is a joint effort between HUD and Veteran Affairs (VA) to move veterans and their families out of homelessness and into permanent housing. HUD provides housing assistance through its Housing Choice Voucher Program (Section 8) that allows homeless Veterans to rent privately owned housing.	Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ Contact program
Veteran Affairs Johnson County Veteran Affairs 855 S Dubuque St - Suite 109C Iowa City IA 52240 http://www.johnson-county.com/dept_vets.aspx?id=115	Military Veteran	319-356-6049 M-F 8-4:30 pm	Provides short-term monetary help to Johnson County residents who are military veterans and in extreme financial crisis. Offers a safety net for those not eligible for other government programs. Financial assistance may be available to address rent & utility expenses	Eligibility Requirements ~ Veteran status determined upon application Documents ~ DD-214 Discharge papers Fees ~ none

HOUSING ASSISTANCE

YOUTH SHELTERS				
Youth Shelter Four Oaks 1916 Waterfront Drive Iowa City IA 52240 www.fouroaks.org	Youth age 12-17 DHS or Juvenile Court Services- Law Enforcement Involvement	319-337-4523 7 days	Only emergency youth shelter in Johnson County, filling a need for temporary placement for youth aged 12-17 with DHS or Juvenile Court Services/Law Enforcement involvement. Most youth are transitioning from one placement to another (to home, to foster care, to residential treatment, to independent living).	Eligibility Requirements ~ referral from DHS or Juvenile Court Services Documents ~ contact program Fees ~ none
RENTAL COMPANIES/HOUSING OPTIONS (Apartments/Rooming Houses)				
Apartments Downtown 414 E Market Street Iowa City IA 52245 www.AptsDowntown.com	General	319-354-2787 e-mail: AptsDowntown@gmail.com	Property management company that handles non-subsidized housing	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contract program
Apartments in Iowa City 711 S Gilbert Street Iowa City IA 52240	General	319-358-5520	Property management company that handles non-subsidized housing.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contract program
Apartments Near Campus 318 E Burlington St Iowa City IA 52240 www.ApartmentNearCampus.com	General	319-351-7676 AptsDowntown@gmail.com	Property management company that handles non-subsidized housing	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contract program
East Side Village 401 E Linn Lone Tree IA 52755	55+	319-629-4689	Subsidized housing; Rent based on income.	Eligibility Requirements ~ Must meet income guidelines. Documents ~ contact program Fees ~ contract program
Heritage Property Management 220 E Market Street Iowa City IA 52245	General	319-351-8404	Property management company that handles non-subsidized housing.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contract program
The Housing Fellowship 322 E 2 nd Avenue Iowa City IA 52240 www.housingfellowship.com/Content/Programs/Affordable-Rental-Homes.aspx	General	319-358-9212	Owns and manages 163 rental homes. The homes are mix of housing types and are scattered through Iowa City, North Liberty and Coralville. The homes are then within the affordable range of many low-income residents without rental assistance.	Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ Contact program

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Keystone Property Management 533 Southgate Avenue Iowa City IA 52245	General	319-338-6288	Property management company that handles non-subsidized housing.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contract program
Keyway Management 45 Jefferson Street North Liberty IA 52317 www.KeywayManagement.com	General	Emerson Point: 319-466-0200 Jefferson Point: 319-626-3263	Property management company that handles non-subsidized housing.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contract program
The Lodge Apartments 320 Second Street Coralville IA 52241	General	319-354-0677	Property management company that handles non-subsidized housing.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contract program
Nex Apartments 671 Nex Ave Iowa City, IA 52240 https://www.rentcafe.com/apartments/ia/iowa-city/ic-housing-partners-llc/default.aspx	General	(319) 569-1818	Subsidized housing; Rent based on income	Eligibility Requirements ~ Must meet income guidelines. Documents ~ contact program Fees ~ \$40 application fee
Nest Property Management 1955 James St Suite 1 Coralville, IA 52241 www.nestpm.com	General	319-338-7068	Property management company that handles non-subsidized housing.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contract program
North Front Park Apartments 745 North Front Street North Liberty IA 52317 www.KeywayManagement.com	General	319-626-2054	Subsidized housing; Rent based on income.	Eligibility Requirements ~ Must meet income guidelines. Documents ~ contact program Fees ~ contract program
North Liberty Park Apartments 225 Sugar Creek Lane North Liberty IA 52317 northlibertyparkapartments.tlpropertyesiowa.com	General	877-935-9320	Subsidized housing; Rent based on income.	Eligibility Requirements ~ Must meet income guidelines. Documents ~ contact program Fees ~ contract program
Penn Oaks 40 Penn Oaks Drive North Liberty IA 52317 www.chihousing.com	General	319-362-1020	Must meet minimum and maximum income guidelines or have a Section 8 Housing Voucher.	Eligibility Requirements ~ Must meet income guidelines. Documents ~ contact program Fees ~ contract program
Pheasant Ridge Apartments 2626 Bartelt Road Iowa City IA 52246	General	319-351-0938	Subsidized housing; Rent based on income.	Eligibility Requirements ~ Must meet income guidelines. Documents ~ contact program Fees ~ contract program

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River City Property Management 1550 S Gilbert Street Iowa City IA 52240	General	319-887-2187	Property management company that handles non-subsidized housing.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contract program
Savannah Village 771 Savannah Dr North Liberty IA 52317 www.KeywayManagement.com	General	319-626-2054	Low Income Housing Tax Credit property aimed to provide low-cost housing.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contract program
Southgate Management 755 Mormon Trek Blvd Iowa City IA 52246	General	319-337-4195	Property management company that handles non-subsidized housing.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contract program
Town & Campus Apartments 1100 Arthur Street Iowa City IA 52240	General	319-337-2496	Property management company that handles non-subsidized housing.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contract program
Villa Garden Apartments 1015 Cross Park Avenue Iowa City IA 52240 www.KeywayManagement.com	General	319-337-4446 or 319-665-2740	Low Income Housing Tax Credit property aimed to provide low-cost housing.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contract program
Westwinds Real Estate Service 519 Kirkwood Ave Iowa City IA 52240	General	319-354-3792	Property management company that handles non-subsidized housing.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contract program
William Wittig/Rooming House 1131 Third Avenue Iowa City IA 52240	General	319-855-4506 Manager – James	Rooming house located at 1131 Third Avenue, Iowa City, Iowa.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contract program

IMMIGRANT & REFUGEE SERVICES

Name of Program/Provider	Focus Population	Phone Number & Hours	Services Provided	Eligibility Requirement, Documents Needed, Fees
Refugee Services Bureau of Refugee Services 1914 Carpenter Ave Des Moines IA 50314 http://dhs.iowa.gov/refugee-services	Refugees	1-800-362-2780	Helps meet the social service needs of refugees who have been in the United States for less than 60 months. Among the services which may be provided include; bilingual staff, Case Management services, employment services, English as a Second Language, skills training and transportation.	Eligibility Requirements ~refugees who have been in the United States for less than 60 months. Documents ~ contact program Fees ~ contact program
Resettlement Services Catherine McAuley Center 1220 5th Ave SE Cedar Rapids IA 52403 https://cmc-cr.org/refugee-and-immigrant-services/	Immigrants & Refugees	319-731-0445	The Refugee & Immigrant Services Program provides refugee resettlement services as an affiliate of the U.S. Committee for Refugees and Immigrants (USCRI), as well as a wide range of educational and support services specifically for the unique needs of refugees and immigrants.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
Advocacy for Low-Wage Workers Center for Worker Justice of Eastern Iowa 940 S Gilbert Court Iowa City IA 52240 www.CwjIowa.org	Low-Wage Workers (employed and unemployed)	319-594-7593 Monday & Wednesday 10am-6:30pm Friday 10am-5:30pm	Provides assistance and referrals to immigrant workers regarding immigration cases, rights of immigrants with law enforcement and employers, and English tutoring for CWJ Members.	Eligibility Requirements ~ None Documents ~ none. For better assistance, it is recommended you bring any relevant paperwork. Fees ~ Initial consultations are free. Membership is required for ongoing case assistance. There is a yearly membership fee of \$30 with payment plans available.
Cultural Diversity & Outreach Consultation of Religious Communities http://crc-ic.org/	General	See Website	An interfaith council composed of more than thirty religious communities and related agencies. Sponsors many outreach activities such as Annual winter outwear distribution, Center for Worker Justice and Coalition for Racial Justice	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
Citizenship Classes ICCompassion 1035 Wade St Iowa City IA 52240 http://www.iccompassion.org	Immigrants & Refugees	319-330-9883 Wednesday 6-7:30 pm	These courses help people prepare for the citizenship test. The six week session is ongoing.	Eligibility Requirements ~ Must be eligible for potential citizenship Documents ~ None Fees ~ None
ESL Classes ICCompassion 1035 Wade St Iowa City IA 52240 http://www.iccompassion.org	Immigrants & Refugees	319-330-9883 Wednesday 6-7:15 pm	Students are matched with a volunteer teacher for small group ESL classes. Child care is available.	Eligibility Requirements ~ none Documents ~ none Fees ~ none

IMMIGRANT & REFUGEE SERVICES

Immigration Services ICompassion 1035 Wade St Iowa City IA 52240 http://www.iccompassion.org	Immigrant	319-330-9883 Tues & Wed 9-4:00 pm	Provide low cost legal immigration representation and education. Free Legal Advice Clinic: Second Tuesday of each month from 5:30-7:30 PM. Open to all, including undocumented immigrants, to gain access to legal advice.	Eligibility Requirements ~ immigrant Documents ~ immigration paperwork Fees ~ \$40 for consult/ low fees for further services
Iowa Refugee Counseling Center ICompassion 1035 Wade St Iowa City IA 52240 http://www.iccompassion.org	Refugees	319-330-9883	Provide culturally and linguistically sensitive, trauma-informed social and emotional health services for immigrants and refugees in our community. Deliver these supports with cultural humility and with respect to the uniqueness of the individual and their journey.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ Sliding scale
Free Legal Clinic ICompassion 1035 Wade St Iowa City IA 52240 http://www.iccompassion.org/	Immigrants & Refugees	319-330-9883 2nd Tuesday of each month from 5:30-7:30 pm	Open to all, including undocumented immigrants, to gain access to legal advice.	Eligibility Requirements ~ none Documents ~ none Fees ~ none
Walk In Support ICompassion 1035 Wade St Iowa City IA 52240 http://www.iccompassion.org/	General	319-330-9883 Monday-Friday 9:00-5:00 PM	Walk in clinic to assist with filling out paperwork, making phone calls, or setting up appointments. Target audience is refugees but anyone who needs the assistance is welcome.	Eligibility Requirements ~ none Documents ~ none Fees ~ none
Conversational English Classes International Women's Club various venues https://iwcwacivcity.wordpress.com/	Non-English speaking persons	319-573-7512 Or ajthompson@mchsi.com	Volunteer teachers teach English as a Foreign Language. Beginner, intermediate, and advanced classes are offered.	Eligibility Requirements ~ any and all women are welcome Documents ~ None Fees ~contact program
Various social events for women & families International Women's Club various venues https://iwcwacivcity.wordpress.com/	Females	319-337-5760 Various; see website	Variety of meetings and excursions help women from different countries meet others, learn and make friends	Eligibility Requirements ~ any and all women are welcome Documents ~ contact program Fees ~ \$10.00 per year dues
Refugee Assistance Program Johnson County Public Health 855 S Dubuque Street - Suite 217 Iowa City IA 52240 https://www.johnsoncountyiowa.gov/dept_health.aspx?id=4485	Refugees	319-356-6042 Tuesday/ Thursday/ Friday 8-4:30 pm Wednesday 8:00-12:00 pm First Saturday of each month (by appointment)	This program helps refugees receive required immunizations and complete the I-693 form for immigration change of status applications.	Eligibility Requirements ~ Must be a refugee Documents ~ Immunization records, Employment Authorization Card Fees ~ \$15 per person plus the cost of any necessary vaccinations.

IMMIGRANT & REFUGEE SERVICES

Domestic Violence & Sexual Assault Advocate Program Monsoon Asians & Pacific Islanders in Solidarity 700 S Dubuque St Iowa City IA 52240 http://muawi.org/	Victims of gender-based violence who are from Asian & Pacific Islander communities	319-466-9000	Resource, advocate & support for Asian & Pacific Islanders affected by domestic violence & sexual assault	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
Domestic Violence & Sexual Assault Advocate Program NISAA African Family Services 1700 S 1 st Ave, Suite A Iowa City IA 52240 http://nisaa-afs.org/	African Immigrants & Refugees	319-333-2453	Community outreach and education, youth programs, and direct services available.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
Education Services Program Path of Hope 2000 James St, Ste. 215 Coralville IA 52241 https://path-of-hope.org/	Immigrants & Refugees	319-338-5390 M-F 8:30am-4:30pm	Offers English civics/ citizenship and job readiness classes to refugees and immigrants. Also offers assistance with school enrollment, application for Federal Student Financial Aid and Scholarships to low income individuals and families.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
Refugee and Immigration Services Program Path of Hope 2000 James St, Ste. 215 Coralville IA 52241 https://path-of-hope.org/	Immigrants & Refugees	319-338-5390 M-F 8:30am-4:30pm	Offers case management services, including assistance with application for Food Assistance, Medicaid, FIP, Social Security Benefits, tax filing, and transportation to and from medical appointments for pregnant women.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
Immigration Legal Services Path of Hope 2000 James St, Ste. 215 Coralville IA 52241 https://path-of-hope.org/	Immigrants & Refugees	319-338-5390 M-F 8:30am-4:30pm	Assistance with Family-based Petitions, Applications for Green Cards (Legal Permanent Resident Card), Application for Naturalization, Application for Employment Authorizations, and more.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
Immigrant & Minority Resource Center Proteus 1548 Gilbert Street Iowa City IA 52240 www.proteusinc.net	Immigrant, Minority and Low-income	1-800-397-9675	Serves immigrant, minority, and low-income populations to make their dream of a brighter tomorrow a reality by helping overcome language and cultural barriers in order to better provide for their families. Provides programs such as Migrant Health Program, Job Training, Educational Services and Housing & Health & Safety Training programs.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program

LEGAL ASSISTANCE

Name of Program/Provider	Focus Population	Phone Number & Hours	Services Provided	Eligibility Requirement, Documents Needed, Fees
Workplace & Civil Rights Center for Worker Justice of Eastern Iowa 1556 S. First Avenue #C Iowa City IA 52240 http://www.cwjiowa.org	Low-Wage & Immigrant Workers (Regardless of employment status)	319-594-7593 Monday – Friday 9:00 am-5:00 pm By appointment or Monday/Wed/Friday 10am-4:00pm Walk In	Assistance with wage theft (non payment or under payment of legally owed wages). Assistance with workplace discrimination and abuse, and OSHA complaints. Provides free workshops to public regarding immigrants’, workers’, and civil rights.	Eligibility Requirements ~ None Documents ~ none. For better assistance, it is recommended you bring any relevant paperwork. Fees ~ Initial consultations are free. Membership is required for ongoing case assistance. There is a yearly membership fee of \$30 with payment plans available.
Immigrant Resource Center ICCompassion 1035 Wade St Iowa City IA 52240 http://ww2.iccompassion.org	Immigrants	319-330-9883 Tues & Wed 9-4:00 pm	Provide low cost legal immigration representation and education. Free Legal Advice Clinic: Second Tuesday of each month from 5:30-7:30 PM. Open to all, including undocumented immigrants, to gain access to legal advice.	Eligibility Requirements ~ immigrant Documents ~ immigration paperwork Fees ~ \$40 for consult/ low fees for further services
New Iowans Legal Advice Clinic (NILAC) ICCompassion 1035 Wade St Iowa City IA 52240 http://www.iccompassion.org/	Immigrants & Refugees	319-330-9883 2nd Tuesday of each month 5:30-7:30 pm	Open to all, including undocumented immigrants, to gain access to legal advice for citizenship applications, family petitions, non-immigrant visa, etc.	Eligibility Requirements ~ none Documents ~ contact agency Fees ~ contact agency
Advocacy for Iowans with Disabilities and Mental Health Disability Rights of IOWA 400 E Court Avenue – Suite 300 Des Moines IA 50309 http://disabilityrightsowa.org/	Adults Disabled/Mental Health	515-278-2502 or 1-800-779-2502	Aims to defend and promote the human and legal rights of Iowans who have disabilities and mental illness. Promotes safety, opportunity, access and self-determination for all Iowans.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
Human Rights Commission Iowa City Human Rights Division 410 E Washington Street Iowa City IA 52240 http://www.icgov.org/?id=1128	Discrimination	319-356-5015 M-F 8-5:00 pm	Investigates housing, credit, education and employment discrimination.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
Legal Counseling for Older Adults Iowa City/Johnson County Senior Center 28 S Linn Street Iowa City IA 52240 www.icgov.org/senior	Adult Age 50+	319-356-5220 Wednesday morning; appointments available each week	Legal counseling services at the Senior Center provide area seniors with free, confidential legal advice about most non-criminal legal questions. Volunteer attorneys are available for 15-minute appointments on Wednesdays between 10 - 11 AM.	Eligibility Requirements ~ Ages 50 and over Documents ~ varies Fees ~ none

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Last Updated ~ 03/25/2021

LEGAL ASSISTANCE

Name of Program/Provider	Focus Population	Phone Number & Hours	Services Provided	Eligibility Requirement, Documents Needed, Fees
Legal Advocacy for Assistive Devices Iowa Compass 100 Hawkins Drive #S295 Iowa City IA 52242 http://search.iowacompass.org/	General	1-800-779-2001 M-F 8-5:00 pm	Help resolve funding questions, provide legal advocacy service for problems acquiring assistive devices.	Eligibility Requirements ~ none Documents ~ none Fees ~ none
Free Legal Assistance Iowa Legal Aid Iowa City Regional Office 1700 S 1st Avenue - Suite 10 www.iowalaw.org	General	1-800-532-1275 Office Hours: Mon-Friday 8:30-4:30 pm Phone: Monday - Friday 9-11 AM & 1:30-3:30 PM except Thursday PM Apply online anytime	Assistance provided ranges from counsel and advice to representation before various agencies and courts. Iowa Legal Aid protects victims of domestic violence; protects elderly Iowans from consumer fraud, elder abuse and financial exploitation; prevents homelessness; secures health care and public benefits for low-income households; and helps Iowans understand their legal rights and responsibilities. Please note, online applications can be completed at any time, and in-person intakes can be completed during office hours.	Eligibility Requirements ~ income and asset guidelines, based on the size of the household Documents ~ varies Fees ~ none
Affordable Immigration Legal Services Path of Hope 2000 James St, Ste. 215 Coralville IA 52241 www.path-of-hope.org	Refugees, Immigrants, & Low-income families	(319)338-5390 Or (319)512-3151 M-F 9am-5pm	Provides immigration legal services including Applications for Naturalization, Legal Residence, Work Permit, Immigrant Visa, Tourist Visa, Defense to Deportation, etc. We can also assist with divorce, guardianship, adoption, and criminal defense if linked to an immigration case	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ free or low cost depending on the nature of the case, income, immigration status, etc.
Free Legal Assistance University of Iowa Legal Clinic 380 Boyd Law Building Melrose & Byington Streets Iowa City IA 52242	General	319-335-9023 M-F 8-12 & 1-3 pm	Provides free legal counsel	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ none

MENTAL HEALTH & SUBSTANCE ABUSE SERVICES

Name of Program/Provider	Focus Population	Phone Number & Hours	Services Provided	Eligibility Requirement, Documents Needed, Fees
MENTAL HEALTH SERVICES - ADULT				
Community Mental Health Services Abbe Center for Community Mental Health 1039 Arthur St Iowa City IA 52240 www.abbemhc.org	General	319-338-7884 M-F 10-6:00 pm	Dedicated to improving lives through quality, accessible mental health services, such as: homeless outreach, Case Management, housing assistance, mental health supports, supported community living and crisis services.	Eligibility Requirements ~ mental illness; homeless or at risk of homelessness Documents ~ none Fees ~ none
Free Mental Health Clinic (FMHC) Abbe Center for Community Mental Health 1039 Arthur St Iowa City IA 52240 www.abbemhc.org Email Address ~ freementalhealthclinic@gmail.com .	Adult	All appointments made through the clinic email address Only a limited number of appointments are available at each clinic, and they tend to fill up rapidly, so individuals considering use of the clinic's services are encouraged to contact FMHC as early as possible.	Mental health clinic run by volunteer medical and pharmacy students and staff psychiatrists from the University of Iowa Hospitals and Clinics. Clinic is held approximately every other Saturday morning with patient appointments scheduled at 9:00 am & 10:00 am. The purpose of the clinic is to provide transition psychiatric care to patients while they are on the wait list for the Community Mental Health Center. If you do not have email access: Please visit the Community Mental Health Clinic (507 E. College Street in Iowa City) to register yourself for CMHC services. They will contact the program to reserve an appointment for you.	Eligibility Requirements ~ mental illness Documents ~ none Fees ~ none
Together, Not Alone: Mental Health Wellness Center Abbe Center for Community Mental Health 1039 Arthur St Iowa City IA 52240 www.abbemhc.org	Adult	319-338-7884 Tuesday & Thursday 9:30 AM- 12:30 PM	This is a recovery-oriented peer-run group for adults with a mental health diagnosis. They offer groups, activities, and the opportunity to learn and support each other in the recovery process.	Eligibility Requirements ~ mental health diagnosis Documents ~ none Fees ~ none

MENTAL HEALTH & SUBSTANCE ABUSE SERVICES

<p>Community Based Program Chatham Oaks, Inc. 4515 Melrose Ave Iowa City IA 52246 http://www.chathamoaks.org/</p>	<p style="text-align: center;">Adult by referral</p>	<p style="text-align: center;">319-325-4568 varies</p>	<p>To provide community based programming for those living in their own homes or in an agency ran HAB home. The purpose is to provide structure and continued support in the community to allow community reintegration for those that have a mental illness.</p>	<p>Eligibility Requirements ~ referrals are made by a IHH coordinator who assist with securing funding for services. Documents ~ Integrated Home Health coordinator will contact Chatham Oaks, Inc. with a potential referral and complete a referral form. Fees ~ for those interested in hourly services Medicaid pays for this service. For those that are interested in a HAB home, Medicaid pays for the staff and the resident is responsible for a monthly rent and utilities.</p>
<p>Hillcrest Supported Living Program Hillcrest Family Services 449 HWY 1 West Iowa City IA 52246 http://hillcrest-fs.org/</p>	<p style="text-align: center;">Adult</p>	<p style="text-align: center;">319-337-4204 generally Mon-Fri; as client requested</p>	<p>Provides supported community living services, most often funded as home-based habilitation through Medicaid; also provide community support services (CSS). A Visiting Counselor provides support and skill development to individuals living in the community and visit as frequently as the individual wants/needs. The program also offers in-home psychiatric nursing services.</p>	<p>Eligibility Requirements ~ Ages 18 and older with a diagnosis of a serious mental illness Documents ~ proof of diagnosis; social history; funding verification. Fees ~ service fees- are generally funded by Medicaid Iowa Plan, the Region, or private pay.</p>
<p>Special Populations Involvement Iowa City Parks and Recreation 220 S Gilbert Street Iowa City IA 52240 https://icgov.org/pr</p>	<p style="text-align: center;">Adult & Youth</p>	<p style="text-align: center;">319-356-5100 various; evenings and weekends</p>	<p>Special Populations Involvement (SPI) program provides leisure opportunities for persons with special needs, including those with physical, mental or emotional disabilities. SPI programs are offered in structured, success oriented environments in the areas of sports & fitness, arts & movement, independent living skills, clubs, social activities, and special events.</p>	<p>Eligibility Requirements ~ persons with physical, mental, and/or emotional disabilities Documents ~ SPI registration form, Special Olympics application for participation form Fees ~ various</p>
<p>Family Support Group NAMI Johnson County 1105 Gilbert Ct - Suite 200 Iowa City IA 52240 http://namijc.org/</p>	<p style="text-align: center;">Families</p>	<p style="text-align: center;">319-337-5400 Thurs evening 6:30-7:30 pm</p>	<p>Each Support Group is facilitated by family members, who are trained in facilitating support meetings, but are NOT professional counselors. The meetings are now open to all families who are concerned about a family member who is experiencing mental illness.</p>	<p>Eligibility Requirements ~ family member with a mental illness Documents ~ contact program Fees ~ none</p>

MENTAL HEALTH & SUBSTANCE ABUSE SERVICES

<p>NAMI Family to Family NAMI Johnson County 1105 Gilbert Ct - Suite 200 Iowa City IA 52240 http://namiic.org/</p>	<p>Families</p>	<p>319-337-5400 varies</p>	<p>A 12-week series of classes for family members and close friends of persons diagnosed with serious mental illness. The course covers information about schizophrenia, bipolar disorder, major depression, panic disorder, obsessive compulsive disorder and PTSD. The course is not appropriate for individuals who suffer from one of the major mental illnesses. The course also addresses coping skills such as handling crisis and relapse, basic information about medications, listening and communication techniques, problem-solving skills, recovery and rehabilitation, and self-care around worry and stress.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ None</p>
<p>R Place Peer Wellness Center NAMI Johnson County 220 Lafayette Street - Suite 180 Iowa City IA 52240 http://namiic.org/recovery/</p>	<p>Adult Age 18+</p>	<p>319-354-3455 M-F 1-5:00 pm Saturday 11am-3pm</p>	<p>R Place targets individuals who are 18 and up living with a mental illness. Provides adults with mental illness access to education on mental wellness, recovery and available crisis intervention. R Place promotes the advocacy of persons with mental illness and their peers by use of a trained Peer Support Specialist.</p>	<p>Eligibility Requirements ~ mental illness diagnosis Documents ~ contact program Fees ~ none</p>
<p>Intensive Psychiatric Rehabilitation Optima LifeServices 485 Hwy 1 West Iowa City IA 52245</p>	<p>Mental Illness</p>	<p>319-569-61977 By appointment</p>	<p>Program set on an individual basis with the practitioner. Will include one-on-one sessions with each person and group sessions.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p>
<p>Synchrony Prelude Behavioral Services 430 Southgate Avenue Iowa City IA 52240 www.preludeiowa.org</p>	<p>Adult</p>	<p>319-351-4357 M-F 9-5:00pm</p>	<p>Mental Health counseling, addiction treatment, Employee Assistance Program (EAP), workplace training</p>	<p>Eligibility Requirements ~ none Documents ~ visit website Fees ~ varies, accepts Medicaid</p>
<p>Supported Community Living (SCL) services Social Outreach Services 1570 S. 1st Ave. Iowa City IA 52240 www.sosjc.org</p>	<p>General</p>	<p>319-855-2744 M-F 9-5:00pm</p>	<p>Works with mental illness and provides supported community living (SCL) services in the community.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p>

MENTAL HEALTH & SUBSTANCE ABUSE SERVICES

<p>Therapy, Counseling and Training Successful Living 2406 Towncrest Drive Iowa City IA 52240 icsuccess.org E-mail: rgoedken@icsuccess.org</p>	<p>Adults with Chronic Mental Illness</p>	<p>319-358-6800 M-F 9-5:00 pm</p>	<p>Trained Counselors support individuals having a diagnosed mental illness to become more independent and integrated within their communities; to overcome the challenges of their respective mental illness via a wide variety of supports. A core component in all services is the individual-based, person-centered approach in which services are matched according to the persons respective needs and which are reviewed and modified as needs change to best support independence.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p>
<p>Family Systems Therapy and Counseling Services Systems Unlimited 2533 Scott Blvd SE Iowa City IA 52240 www.sui.org</p>	<p>Disabled</p>	<p>319-338-9212, ext. 177 M-F 8:00-5:00 PM Evening appointments available upon request.</p>	<p>Office based and school based (ICCS and College Community) mental health therapy and skill building services for youth, adults, couples, and families.</p>	<p>Eligibility Requirements ~ Mental health need & active insurance. Documents ~ Insurance card. Fees ~ Insurance is billed for services.</p>
<p>Counseling & Therapy United Action for Youth 410 Iowa Ave Iowa City IA 52240 unitedactionforyouth.org</p>	<p>Teen & Families</p>	<p>319-338-7518 M-F 9-5:00 pm</p>	<p>UAY offers formal therapy by licensed mental health counselors specializing in work with teens and families.</p>	<p>Eligibility Requirements ~ services for youth and families Documents ~ contact program Fees ~ Insurance billing/grant funding for some services</p>
<p>Adult and Geriatric Psychiatry Services University of Iowa Health Care 410 Iowa Ave Iowa City IA 52242 unitedactionforyouth.org</p>	<p>Adult</p>	<p>319-353-6314</p>	<p>Our multidisciplinary team includes psychiatrists, psychologists, nurses, occupational and recreational therapists, and social workers who design individual treatment plans that meet each patient's needs.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p>
MENTAL HEALTH SERVICES - YOUTH				
<p>Behavioral Health Intervention Services Four Oaks 1916 Waterfront Drive Iowa City IA 52240 www.fouroaks.org</p>	<p>Youth</p>	<p>319-337-4523 24 hours/7 days</p>	<p>Individual, family and group skill building to children and families designed to address behaviors and symptoms associated with the child's mental health diagnosis.</p>	<p>Eligibility Requirements ~ behavioral need, mental health diagnosis Documents ~ documentation of mental health diagnosis Fees ~ Title 19 or private insurance</p>

MENTAL HEALTH & SUBSTANCE ABUSE SERVICES

<p>Psychiatric Medical Institution for Children (PMIC) Four Oaks Cedar Rapids, IA www.fouroaks.org</p>	<p>Youth Age 5-18</p>	<p>1-844-364-0259 24 hours/7 days</p>	<p>The Psychiatric Medical Institution for Children (PMIC) is designed especially for children between the ages of 5 and 18 who present serious emotional and behavioral problems. The basic foundation of this program is designed to develop positive self-concepts, social and problem-solving skills while integrating child and family treatment components.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p>
<p>School-Based Therapy Services Four Oaks 1916 Waterfront Drive Iowa City IA 52240 http://www.fouroaks.org</p>	<p>Youth School-based</p>	<p>319-337-4523 M-F</p>	<p>Therapists within eastside Iowa City junior high and high schools with youth identified by the school as needing counseling services.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ Insurance, private pay</p>
<p>Advocacy & Family Resource Centers Iowa City Community School District 1725 N Dodge Street Iowa City IA 52245 www.iowacityschools.org/pages/ICCS</p>	<p>Youth</p>	<p>319-688-1000 Or Contact the child's school and request the Family Student Advocate</p>	<p>A free resource for families living in the Iowa City Community School District. Support, referrals, resources, case management specifically in the areas of mental health, basic needs (food, clothing, etc.), housing, mentoring, meetings, home visits, attendance, and school engagement. Student and Family advocates strive to reduce a child's barriers to learning.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p>
<p>Healthy Kids Community Care School-Based Health Clinic Iowa City Community School District 1725 N Dodge St Iowa City IA 52245 http://www.iowacityschools.org/pages/ICCS/Departments/Health_Services/Healthykids</p>	<p>Youth School-based</p>	<p>319-631-3204 M-F 8-5:00 pm</p>	<p>Provides no-cost primary and mental health care services to medically uninsured, underinsured or those who have trouble reaching care. Work with area and community providers to offer well care, sick care, sports physicals, immunizations, and referrals for dental, laboratory work, x-rays, and sub specialty care as needed. Connect families to resources within the Iowa City Community School District and to area agencies for ongoing needs or support. Mission is to serve the medical needs of children and adolescents who would otherwise not have access to healthcare or face other barriers.</p>	<p>Eligibility Requirements ~ medically uninsured, underinsured or those who have trouble reaching primary and mental health care services. Must be residents of Johnson County, ages 0-21, through graduation from high school. Documents ~ ID or passport and immunization record, if available Fees ~ none</p>
<p>Special Populations Involvement Iowa City Parks and Recreation 220 S Gilbert Street Iowa City IA 52240 https://icgov.org/pr</p>	<p>Adult & Youth</p>	<p>319-356-5100 various; evenings and weekends</p>	<p>Special Populations Involvement (SPI) program provides leisure opportunities for persons with special needs, including those with physical, mental or emotional disabilities. SPI programs are offered in structured, success oriented environments in the areas of sports & fitness, arts & movement, independent living skills, clubs, social activities, and special events.</p>	<p>Eligibility Requirements ~ persons with physical, mental, and/or emotional disabilities Documents ~ SPI registration form, Special Olympics application for participation form Fees ~ various</p>

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MENTAL HEALTH & SUBSTANCE ABUSE SERVICES

<p>Focus on Youth Johnson County Social Services 855 S Dubuque Street - Suite 202B Iowa City IA 52240 www.johnson-county.com</p>	<p>Youth</p>	<p>319-356-6090 applications accepted M-F 8-4:30 pm</p>	<p>Focus on Youth can provide assistance with mental health related medications for youth, assist with the costs of family or individual counseling, behavioral health intervention services, or assist with the costs of a mental health diagnosis or assessment.</p>	<p>Eligibility Requirements ~ children (0 to 18 years of age) who have been diagnosed with a severe emotional or behavioral disorder, and live in Johnson County. Income at or below 300% of Federal Poverty. Documents ~ Completed Focus on Youth application, and a copy of the diagnosis from a licensed mental health professional or medical doctor Fees ~ None</p>
<p>Family Systems Therapy and Counseling Services Systems Unlimited 2533 Scott Blvd SE Iowa City IA 52240 www.sui.org</p>	<p>Disabled</p>	<p>319-338-9212</p>	<p>Provides mental health services to children, adults, couples, and families.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p>
<p>Behavioral Health Clinic (BHC) Tanager Place 1150 5th St, Suite 160 Coralville IA 52241 www.tanagerplace.org</p>		<p>319-286-4520 Office hours: Monday-Friday 8-5 pm</p>		
<p>Pediatric Integrated Health Services (PIH) Tanager Place 2309 C Street SW Cedar Rapids IA 52404 www.tanagerplace.org</p>	<p>Youth Age 4-17</p>	<p>319-365-9164 Office hours: Monday-Friday 8-4:30 pm</p>	<p>Provides families with a 3-person team of professionals (social worker, nurse, and family support specialist) who assist in locating resources, providing support, and linking children to needed health care and mental health care providers. The team ensures these services and resources are coordinated and optimized to help children and families meet their health goals.</p>	<p>Eligibility Requirements ~ children ages 4 to 17 who have Medicaid and a mental health diagnosis. Documents ~ Documentation of mental health diagnosis. The program can assist in accessing this documentation. Fees ~ Free to those with Medicaid Insurance.</p>
<p>Pediatric Mental Health Services University of Iowa Children's Hospital 200 Hawkins Drive Iowa City IA 52242 https://www.uichildrens.org/mentalhealth/#MarketingContent</p>	<p>Youth</p>	<p>1-888-573-5437</p>	<p>Provides a full range of mental health services to children and adolescents. Staff members offer services ranging from outpatient care to acute inpatient treatment. Services include medication management, educational consultation and testing, psychological testing, individual therapy, and family counseling.</p>	<p>Eligibility Requirements ~ services for children and adolescents. Documents ~ contact program Fees ~ contact program</p>
<p>Counseling & Therapy United Action for Youth 410 Iowa Ave Iowa City IA 52240 unitedactionforyouth.org</p>	<p>Teen & Families</p>	<p>319-338-7518 M-F 9-5:00 pm</p>	<p>UAY offers formal therapy by licensed mental health counselors specializing in work with teens and families.</p>	<p>Eligibility Requirements ~ services for youth and families Documents ~ contact program Fees ~ Insurance billing/grant funding for some services</p>

MENTAL HEALTH & SUBSTANCE ABUSE SERVICES

MENTAL HEALTH - RESIDENTIAL CARE				
Residential Care Facility Chatham Oaks, Inc. 4515 Melrose Ave Iowa City IA 52246 http://www.chathamoaks.org/	Adult	319-887-2701 daily for 24 hours	To provide residential care to those who are over the age of 18 with a mental health diagnosis. The purpose of the program is to encourage individual growth and promote recovery. Visitors are welcome daily from 8 am to 9 pm.	Eligibility Requirements ~ 18 years old and have a mental illness. Documents ~ clinical information is needed from the treating physician as to why this level of care is needed. Fees ~ Funding authorized from the individual's region must be secured. Private pay is also an option.
Birch House Hillcrest Family Services 745 Pepper Drive Iowa City IA 52242 http://hillcrest-fs.org/	Adult	319-341-9849 24 hour residential program for adults with a serious mental illness	5 bed group home for adults with a serious mental illness	Eligibility Requirements ~ diagnosis of serious mental illness, 18 and older, must meet Housing and Urban Development (HUD) requirements for criminal and substance abuse background. Please contact Manager for more information. Documents ~ HUD application, income verification, criminal background checks, proof of serious mental illness diagnosis, social history. Fees ~ rent (HUD project- based on income); boarding costs (includes all utilities and food) and service costs (generally paid by Medicaid or East Central Region funding)
Fairweather Lodge Program Shelter House Community Shelter & Transition Services 429 Southgate Avenue Iowa City IA 52240 www.shelterhouseiowa.org	Adult	319-530-4729	Recovery program for people with mental illness who are seeking community, peer support, long-term stable housing, supported employment, and mental health stability.	Eligibility Requirements ~ applicant must meet State of Iowa requirements for serious and persistent mental illness; willing and physically able to work; alcohol and drug-free for past 3 months; cannot have manifested self-abusive or suicidal acts in the past 3 months; Must be committed to taking medication as prescribed by a mental health provided. Documents ~ Fairweather Lodge application Fees ~ contact program
Supportive Housing Program Successful Living 2406 Towncrest Drive Iowa City IA 52240 icsuccess.org	Adults with Chronic Mental Illness	319-358-6800 M-F 9-5:00 pm	Agency-owned houses in which both Transitional and Permanent housing is offered to persons having a diagnosed chronic mental illness. Trained Counselors support residents with budgeting, setting and attending appointments, shopping, medications, mental health support and goal setting on a path towards mental health recovery and improved independence and community integration.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program

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MENTAL HEALTH & SUBSTANCE ABUSE SERVICES

<p>Psychiatric Medical Institute for Children Tanager Place 2309 C Street SW Cedar Rapids, Iowa 52404 www.tanagerplace.org</p>	<p>Youth Age 5-17 Residential</p>	<p>319-365-9165 M-F 9-5:00 pm</p>	<p>Residential program for children struggling with both an intellectual and emotional disability. The program serves children who are struggling with an intense psychiatric diagnosis. A professional team works with each child and integrates parental involvement to develop treatment goals to overcome severe psychiatric challenges.</p>	<p>Eligibility Requirements ~ PMIC program is available to children ages 5 through 17 who meet requirements for admission. Documents ~ admission packet must be completed. Fees ~ Medicaid or Private Insurance Eligible</p>
SUBSTANCE ABUSE SERVICES				
<p>Substance Abuse Support Group AlAnon Family Groups/ Alateen A variety of locations. http://iowa-al-anon.org/</p>	<p>General (may vary depending on type of meeting)</p>	<p>319-499-8344 or 888-425-2666 Meeting times vary. Please call or visit website for current information.</p>	<p>The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength, and hope in order to solve their common problems. We believe alcoholism is a family illness, and that changed attitudes can aid recovery. Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by welcoming and giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ none</p>
<p>24-Hour Crisis Line Alcoholics Anonymous PO Box 487 Iowa City IA 52240 www.aa-ic.org</p>	<p>Adult & Youth Substance Abuse Addiction</p>	<p>HOTLINE 319-338-9111</p>	<p>Visit website for list of weekly meeting locations and time.</p>	<p>Eligibility Requirements ~ No age requirement, Membership is open to anyone Documents ~ contact program Fees ~ contact program</p>
<p>Detoxification: Guidelink Center 300 Southgate Ave. Iowa City, IA 52240 www.guidelinkcenter.org</p>	<p>Adult</p>	<p>General Number for Questions: 319-400-9879 24 Hours 7 days – 365 Days</p>	<p>A safe and medically monitored space for individuals who will be experiencing withdraw from drugs or alcohol and would like a place to stabilize before engaging in a treatment program.</p>	
<p>Sobering Services Guidelink Center 300 Southgate Ave. Iowa City, IA 52240 www.guidelinkcenter.org</p>	<p>Adult</p>	<p>General Number for Questions: 319-400-9879 24 Hours 7 days – 365 Days</p>	<p>A safe place for an individual to withdraw from substances while being closely monitored by staff. There is opportunity to examine one's interest or need to become involved in substance use treatment.</p>	
<p>Addiction Treatment Services Iowa Substance Abuse Information Center 3750 Williams Blvd Cedar Rapids, IA 52404</p>	<p>Adult & Youth Substance Abuse Addiction</p>	<p>HOTLINE 1-866-242-4111 Office hours M-F 9-5:00 pm</p>	<p>Offers behavioral health (i.e. substance abuse, gambling addiction, or mental health issues) information and referrals.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ varies, contact program</p>

MENTAL HEALTH & SUBSTANCE ABUSE SERVICES

<p>Substance Abuse Support Group Narcotics Anonymous PO Box 2522 Iowa City, IA 52244 seiana.iowa-na.org</p>	<p>General</p>	<p>1-800-897-6242 Meeting times vary. Please call or visit website for current information.</p>	<p>A group of recovering addicts who meet regularly to help each other stay clean.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ varies, contact program</p>
<p>Addiction Treatment Services Prelude Behavioral Services 430 Southgate Avenue Iowa City IA 52240 www.preludeiowa.org</p>	<p>Adult & Youth Substance Abuse Addiction</p>	<p>319-351-4357 24 hours/7 days 365 days</p>	<p>Offers services such as: Evaluation and assessment, Outpatient treatment Co-occurring treatment (substance abuse and mental health), Adolescent outpatient, Continuing Care, Family services, Medically managed detoxification, Residential treatment, Halfway, Transitional Housing, Case Management, Committals, Substance abuse information trainings</p>	<p>Eligibility Requirements ~ contact program Documents ~ visit website Fees ~ varies, sliding scale</p>
<p>Prevention Services Prelude Behavioral Services 430 Southgate Avenue Iowa City IA 52240 www.preludeiowa.org</p>	<p>Adult & Youth Substance Abuse Addiction</p>	<p>319-351-4357 M-F 8-5:00</p>	<p>Prevention for alcohol, drug, gambling, tobacco, Early Intervention Services (EIS) , OWI 12-hour Course, School-based services ,Parent and family education, Community coalitions</p>	<p>Eligibility Requirements ~ none Documents ~ none Fees ~ varies</p>
<p>Alcohol & Chemical Dependency Treatment Program Resolutions Substance Abuse Services 220 Lafayette Street Iowa City IA 52240 www.resolutionsiowacity.com</p>	<p>Adult & Youth Substance Abuse Addiction</p>	<p>319-351-9760 M-F 10-8:00 PM; Saturdays by Appointment,</p>	<p>Offers high quality, individualized and personal outpatient treatment for those suffering with chemical dependency. Also offer Substance Abuse Evaluations for those recently charged with an alcohol or drug related crime.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ varies, contact program</p>
<p>Chemical Dependency Program University of Iowa Chemical Dependency Clinic 200 Hawkins Drive Iowa City IA 52242 https://uihc.org/substance-use-disorders</p>	<p>Adult Substance Abuse Addiction</p>	<p>319-384-8765 Hours depend upon specific program. Please call for more information.</p>	<p>Provides a full range of outpatient services for adults who want to address their addiction and regain control over their lives.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ varies, contact program</p>
<p>Substance Abuse Addiction Treatment Program University of Iowa Child & Adult Psychiatry 200 Hawkins Drive Iowa City IA 52242 www.uihealthcare.org/medical-services/psychiatry/</p>	<p>Adult & Youth Substance Abuse Addiction</p>	<p>Children & adolescents: 888-573- 5437 Adults: 319-353-6314 Hours depend upon specific program. Please call for more information.</p>	<p>Inpatient and outpatient comprehensive care to children, adolescents, adults and older adults.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ varies, contact program</p>

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MENTAL HEALTH & SUBSTANCE ABUSE SERVICES

HOTLINES				
24-Hour Crisis Line Alcoholics Anonymous PO Box 487 Iowa City IA 52240 https://aaiowacity.org/	Adult & Youth Substance Abuse Addiction	HOTLINE 1-844-289-0879	Visit website for list of weekly meeting locations and time.	Eligibility Requirements ~ No age requirement, Membership is open to anyone Documents ~ contact program Fees ~ contact program
24-Hour Crisis Intervention Line CommUnity Crisis Services and Food Bank (formerly the Crisis Center) 1121 Gilbert Court Iowa City IA 52240 https://builtbycommunity.org/	General	HOTLINE 319-351-0140 24 Hours 7 days/week, 365 days a yr Walk-in 9:00 am–5:00 pm (currently suspended)	Talk confidentially to a skilled volunteer who will listen with compassion, respond without judgment and treat you with respect. Will work collaboratively to brainstorm potential options and generate an action plan.	Eligibility Requirements ~ Open to anyone in crisis Documents ~ none Fees ~ services are free and confidential
Crisis Chat Intervention Program CommUnity Crisis Services and Food Bank (formerly the Crisis Center) 1121 Gilbert Court Iowa City IA 52240 https://builtbycommunity.org/	General	www.iowacrisischat.org 24 Hours 7 days/week, 365 days a yr	Prefer typing to talking, use your computer to access free instant-messaging service. Offers online emotional support to anyone in need. Will work collaboratively to brainstorm potential options and generate an action plan.	Eligibility Requirements ~ none Documents ~ none Fees ~ services are free and confidential
Iowa Help Line 4 ways to get help www.iowahelpline.org	General	Talk 1-855-800-1239 24 Hours 7 days - 365 days Chat iowacrisischat.org 2:00 pm-2:00 am Text 1-855-800-1239 2:00 pm – 2:00 am Mobile Crisis 1-855-800-1239 24 Hours 7 days - 365 days	Provides crisis counseling and support, suicide prevention, intervention and resource referral to people experiencing a mental health crisis. Access to services are available by phone, text, chat or mobile crisis. Mobile Crisis Outreach provides crisis counseling, risk assessment and resource information for people experiencing a mental health crisis. Mobile Crisis Outreach counselors will respond at the site of where the crisis is occurring.	Eligibility Requirements ~ Free service to anyone in the East Central Region experiencing a mental health crisis. Documents ~ none Fees ~ all services are free and confidential
Addiction Treatment Services Iowa Substance Abuse Info Center 3750 Williams Blvd Cedar Rapids, IA 52404	Adult & Youth Substance Abuse Addiction	HOTLINE 1-866-242-4111 Office hours M-F 9am-5pm	Offers behavioral health (i.e. substance abuse, gambling addiction, or mental health issues) information and referrals.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ varies, contact program

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MENTAL HEALTH & SUBSTANCE ABUSE SERVICES

<p>Problem Gambling Hotline Prelude Behavioral Services 430 Southgate Avenue Iowa City IA 52240 www.preludeiowa.org</p>	<p style="text-align: center;">General</p>	<p style="text-align: center;">1-800-BETSOFF 24 hours/7 days 365 days</p>	<p>Counseling and support</p>	<p>Eligibility Requirements ~ none Documents ~ none Fees ~ contact program</p>
<p>Quitline Iowa www.QUITLINEIOWA.org</p>	<p style="text-align: center;">General</p>	<p style="text-align: center;">HOTLINE 1-800-784-8669</p>	<p>It can be difficult to quit tobacco use, but the Quitline Iowa is here to help. The Quitline Iowa is a free program that provides helpful tools, information and support throughout your quit process.</p>	
<p>Stop Bullying www.stopbullying.gov</p>	<p style="text-align: center;">General</p>	<p style="text-align: center;">HOTLINE 800-228-1625</p>	<p>When you, your child or someone close to you is being bullied, there are many steps to take to help resolve the situation. Visit the website www.stopbullying.gov to get help now.</p>	
<p>Suicide Prevention National Suicide Prevention Lifeline www.suicidepreventionlifeline.org</p>	<p style="text-align: center;">General</p>	<p style="text-align: center;">HOTLINE 800-273-8255</p>	<p>Provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week.</p>	
<p>Veterans Crisis Line https://www.veteranscrisisline.net/</p>	<p style="text-align: center;">Veteran</p>	<p style="text-align: center;">HOTLINE 1-800-273-8255 x 1 24 Hours 7 days - 365 days Text: 838255 24 Hours 7 days - 365 days</p>	<p>The Veterans Crisis Line connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text.</p>	<p>Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ Contact program</p>
<p>Your Life Iowa—Youth Crisis Counseling 3 ways to get help www.yourlifeiowa.org</p>	<p style="text-align: center;">Youth</p>	<p style="text-align: center;">Talk 1-855-581-8111 24 Hours 7 days - 365 days Chat www.yourlifeiowa.org 24 Hours 7 days - 365 days Text 1-855-895-8398 2:00 pm – 10:00 pm</p>	<p>Youth suicide prevention program funded by the Iowa Department of Public Health. Provides crisis counseling, suicide prevention and intervention and support to youth in the state of Iowa.</p>	<p>Eligibility Requirements ~ Free service to youth in the state of Iowa. Documents ~ none Fees ~ none</p>

OLDER ADULTS

Name of Program/Provider	Focus Population	Phone Number & Hours	Services Provided	Eligibility Requirement, Documents Needed, Fees
ADULT DAY CARE PROGRAMS				
Caring Hands and More 1552 Mall Drive Iowa City, IA 52240 http://www.caringhandsandmore.com	Older Adults and Persons with Brain Injuries	(319) 337-8922	Located in our new Multi-Generational Building, Caring Hands & More Adult Day Services will help your family member maintain independence and health when you can't be with him or her. Our Adult Day program can also be a welcome respite for caregivers. We provide activities, transportation, and hands-on care for those needing assistance with activities of daily living.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
Pathways Adult Day Health Center AbbeHealth Aging Services 817 Pepperwood Lane Iowa City IA 52240 www.abbehealth.org	Age 18 or older who require assistance	319-339-6162 M-F 7:30 am – 5 pm	Serves people age 18 and older who require daily living assistance due to conditions such as stroke, arthritis, vision-loss, multiple sclerosis, depression and/or Alzheimer's. A multidisciplinary team of professionals work together to create a nurturing environment and provide a comprehensive array of services.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
NON-MEDICAL IN-HOME SERVICES				
Always Best Care 4935 Bowling St. SW Cedar Rapids, IA 52404 www.alwaysbestcare.com	Adult	319-855-9765 877-292-2126 (Toll Free)	Provides in-home senior care services. Services cover the complete range of home assistance, such as; light housekeeping, laundry, grocery shopping, meal preparation, and companion care.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ Medicaid Waivers, VA Benefits, Long-Term Care Insurance
BrightStar Care 5340 N Park Place NE – Suite 202 Cedar Rapids IA 52402 www.brightstarcare.com/cedar-rapids-iowa-city	Adult	319-363-2721	Provides in-home senior care services. Services cover skilled care and the complete range of home assistance, such as; light housekeeping, laundry, grocery shopping, meal preparation, and companion care.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ Medicaid Waivers, VA Benefits, Long-Term Care Insurance
Caring Hands & More 409 Kirkwood Ave. Iowa City IA 52240 http://www.caringhandsandmore.com	Adult	319-337-8922 (Iowa City) 1-866-537-8922 (Toll Free) M-F 8-4:00 pm: Office Hours	Provides in-home care including personal care, companionship, light housekeeping, medication set up/reminders, escort and errand services, respite care, holiday care, and meal prep/clean up.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ Accept Medicaid Waiver and Long-Term Care Insurance

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Comfort Care 1100 6th Street, Ste. 101 Coralville, IA 52241 http://www.comfortcareia.com/	Adult	(319) 248-0270 M-F 8-4:30 pm	Provides in-home senior care services. Services cover the complete range of home assistance, such as; light housekeeping, laundry, grocery shopping, meal preparation, and companion care.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ Accepts Medicare, Medicaid, Private Pay, VA Payment, and Waiver programs
Griswold Home Care 2346 Nor St. Iowa City, IA 52240 https://www.griswoldhomecare.com/	Adult	319-438-2928	Provides in-home care services. Services cover the complete range of home assistance, such as; light housekeeping, laundry, grocery shopping, meal preparation, and companion care.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
Home Instead 1700 S. 1st Ave. Ste 28 Iowa City, IA 52240 https://hisc314.digibro.com/	Adult	319-358-2340 Open 24 hours	Provides in-home care services. Services cover the complete range of home assistance, such as; light housekeeping, laundry, grocery shopping, meal preparation, and companion care.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
Right At Home 2616 1st Ave NE Cedar Rapids, IA 52402 www.rightathome.net	Seniors	319-826-6608 Open 24 hours	Provides in-home care services. Services cover the complete range of home assistance, such as; light housekeeping, laundry, grocery shopping, meal preparation, and companion care.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
Visiting Angels 1221 Park Pl NE #G2 Cedar Rapids, IA 52402 www.visitingangels.com	Seniors	Phone: 319-531-7635 Open 24 hours	Visiting Angels provides companion care and personal care services. Our home care services are designed to provide assistance with those activities that elders need help with in order to be able to stay at home safely and with dignity. Our home care services may include fall prevention, medication and fluids reminders, light housekeeping, grooming or bathing assistance, and running errands.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
Visiting Nurse Association of Johnson County 1524 Sycamore St Iowa City IA 52240 www.vnaic.org	Adult	319-337-9686 M-F 8-5:00 pm: Nurse on call 24/7 for patient concerns	Skilled homemakers and home helpers help older adults who are not able to do light housekeeping or run errands on their own. Under the direction of our nursing staff, homemakers and home helpers provide assistance with vacuuming, grocery shopping, laundry, other light housekeeping needs and errands.	Eligibility Requirements ~ Johnson County resident Documents ~ contact program Fees ~ Medicare and Medicaid Certified. Most insurances also accepted. Individuals without third party payers pay privately on a sliding scale fee based on income and assets.

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ADVANCED DIRECTIVES/ END OF LIFE CARE/ HOSPICE

<p>Toll Free Help Line Alzheimer Foundation www.alzfdn.org</p>		<p>Help Line 1-888-232-8484 8am-8:00 pm</p>	<p>A toll free help line dedicated to meeting the educational, social, emotional and practical needs of individuals with Alzheimer's disease and related illnesses, and their caregivers and families.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p>
<p>The Bird House 8 Lime Kiln Lane NE Iowa City IA 52240 <u>Mailing Address</u> PO Box 3338 Iowa City, Iowa 52244 www.hospicehomejc.org thebirdhousehjc@mediacombb.net -</p>	<p>Adults, 18 and over</p>	<p>319-499-1882 Open 24 hours per day</p>	<p>The Bird House is a community nonprofit dedicated to providing compassionate, dignified, end of life care by focusing on the physical, spiritual, and emotional needs of our guests and their loved ones in a peaceful home-like environment. The Bird House is a 5 bed residential boarding home that partners with hospice agencies to provide compassionate end of life care. Hospice residents must be under the care of a hospice agency and desire the 24 hour assistance of our caregivers and volunteers. Hospice residents pay privately per day. Sliding scale fees are available for low income hospice prospective residents as grants and donations allow. For more information, go to our website, www.hospicehomejc.org</p>	<p>Eligibility - Receiving hospice care from a local agency, less than 300 pounds, Do Not Resuscitate, limited complicated wound care...Pending consultation with hospice and The Bird House Coordinator. Documents - IPOST and Do not Resuscitate - Limited paperwork for admission Fees ~ Contact The Bird House for current fees - as of 4/30/21 \$280 per day, some long term care insurance coverage</p>
<p>Caregiver Support & Education Heritage Area Agency on Aging 6301 Kirkwood Boulevard SW Cedar Rapids IA 52404 http://www.heritageaaa.org/</p>	<p>Adult Age 60+</p>	<p>319-398-5559 M-F 8-5:00 pm</p>	<p>Caregiver Support and Education services include information and resources to individuals who provide care of older adults and adults with disabilities, both professional and family caregivers.</p>	<p>Eligibility Requirements ~ caregivers for people 18+ with disabilities and 60+ Documents ~ contact program Fees ~ contact program</p>
<p>Hospice Services Iowa City Hospice 1025 Wade Street Iowa City IA 52240 www.iowacityhospice.org</p>	<p>General</p>	<p>319-351-5665 M-F 8-5:00 pm</p>	<p>Provides hospice services to anyone affected by a terminal illness. Iowa City Hospice is dedicated to offering services to everyone regardless of an individual's ability to pay.</p>	<p>Eligibility ~ contact program Documents ~ contact program Fees ~ contact program</p>

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<p>Honoring Your Wishes/Advance Care Planning Iowa City Hospice 1025 Wade Street Iowa City IA 52240 www.honoryourwishes.org</p>	<p>Adult</p>	<p>319-351-5665 M-F 8-5:00 pm</p>	<p>Honoring Your Wishes is a community-wide advance care-planning program under the leadership of Iowa City Hospice. Advance care planning services to complete a legal advance care plan are available at four community sites: Iowa City Hospice, the Senior Center, Mercy Iowa City, and University of Iowa Health Care. For more information or to make an appointment at one of the locations, please go to their website.</p>	<p>Eligibility ~ Adults with decision-making capacity Documents ~ Honoring Your Wishes has created an advance directive that is located on the website. Fees ~ This service is free. Individuals are welcome to bring family or friends to scheduled appointments.</p>
<p>Bereavement Support & Counseling Iowa City Hospice 1025 Wade Street Iowa City IA 52240 www.iowacityhospice.org</p>	<p>General</p>	<p>319-351-5665 M-F 8-5:00 pm</p>	<p>Following a death, Iowa City Hospice bereavement staff is available to support family members and friends throughout the grieving process. Iowa City Hospice offers a variety of grief support services including support groups, grief education, and special events. For detailed information, please visit our website.</p>	<p>Eligibility ~ anyone who is grieving the loss of a loved one Documents ~ contact program Fees ~ contact program</p>
<p>FINANCIAL ASSISTANCE & HEALTH CARE COVERAGE</p>				
<p>AARP Foundation Tax-Aide Iowa City/Johnson County Senior Center 28 S Linn Street Iowa City IA 52240 www.icgov.org/senior</p>	<p>Adult Age 60+</p>	<p>319-356-5220 Feb 1 - April 15 Weekday morning & afternoon appointments</p>	<p>Each year the Iowa City/Johnson County Senior Center partners with the AARP Foundation Tax-Aide Program to offer free tax help to taxpayers with low and moderate income, especially those age 60 and above. Trained volunteers work with participants to prepare and e-file tax returns, ensuring they receive applicable tax credits and deductions. Help is also available for completing rent and property tax rebates for seniors and disabled individuals.</p>	<p>Eligibility Requirements ~ contact program Documents ~ government issued identification; copy of last year's income tax returns (both federal and state); Social Security cards or other official documentation for yourself and all dependents; checkbook if you want to do a direct deposit of any refund(s); all W-2s Fees ~ none</p>
<p>Senior Health Insurance Information Program (SHIIP) Iowa City/Johnson County Senior Center 28 S Linn Street Iowa City IA 52240 www.icgov.org/senior</p>	<p>Adult Age 62+</p>	<p>319-356-5220 Weekday morning and afternoon appointments available year round.</p>	<p>SHIIP counselors can help you find answers to your questions about Medicare, Medicare supplemental insurance, long term care insurance, Part D for Medicare Drug Benefits, Part C for Advantage plans, and other health insurance issues.</p>	<p>Eligibility Requirements ~ contact program Documents ~ Medicare card; prescription drug information or bottles (necessary information includes: full name of prescription drugs, whether it is a brand name or generic, dosage, and frequency) Fees ~ none</p>

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Senior Health Insurance Information Program (SHIIP) Mercy Iowa City 500 E Market Street Iowa City IA 52245 www.mercyiowacity.org	Adult	319-339-3658 M-F 8-4:30 pm	SHIIP provides free counseling to individuals on disability and nearing Medicare eligibility re: Medicare benefits and supplemental insurance	Eligibility Requirements ~ none Documents ~ depends on situation Fees ~ none
Retirement Benefits Social Security Administration 1100 6th Street - Suite 100 Coralville IA 52241 www.socialsecurity.gov	Adult	866-964-2039 M, T, TH & F 9-4:00 pm Wed 9-12:00 pm	Retirement Benefits	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
Survivors Benefits Social Security Administration 1100 6th Street - Suite 100 Coralville IA 52241 www.socialsecurity.gov	Adult	866-964-2039 M, T, TH & F 9-4:00 pm Wed 9-12:00 pm	Survivors Benefits	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
HEALTH EDUCATION & PREVENTION				
Caregiver Support & Education Heritage Area Agency on Aging 6301 Kirkwood Boulevard SW Cedar Rapids IA 52404 http://www.heritageaaa.org/	Adult Age 60+	319-398-5559 M-F 8-5:00 pm	Caregiver Support and Education services include information, resources and evidence-based classes for individuals who provide care for older adults and adults with disabilities.	Eligibility Requirements ~ caregivers for people 18+ with disabilities and 60+ Documents ~ contact program Fees ~ contact program
Geriatrics Education Program Iowa Geriatric Education Center 2153 Westlawn Iowa City, IA 52242 https://igec.uiowa.edu/	Adult Age 65+	geriatric-education@uiowa.edu	A resource for education programs for older adults, as well as for healthcare professionals in the field of geriatrics.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
Safe Strides Kindred At Home 2150 James St. Coralville IA 52241 www.kindredathome.com	Adult Age 65+	319-363-4742 7:30 am-5:00 pm Office hours On call 24 hours a day	This unique, home-based rehabilitation program for all eligible home health patients is revolutionizing fall prevention and is making a dramatic difference in the lives of thousands of seniors every day.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ Medicare A, accepts other payers and many private insurers—contact program
Health Promotion Clinics Visiting Nurse Association of Johnson County 1524 Sycamore St Iowa City IA 52240 www.vnaic.org	Adult	319-337-9686 Varies - call for details	Health promotion clinics are held at senior sites throughout Johnson County. Blood pressure, pulse rate, glucose, weight and BMI checks are available along with health information. Cholesterol screenings are available once a month.	Eligibility Requirements ~ Johnson County resident Documents ~ contact program Fees ~ charge for Cholesterol and Glucose Screenings

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<p>Stepping On Fall Prevention Workshops Visiting Nurse Association of Johnson County 1524 Sycamore St Iowa City IA 52240 www.vnaic.org</p>	<p>Adult</p>	<p>319-337-9686 Workshop times vary. Please contact our office for information</p>	<p>Stepping On is a seven-week workshop program for independent community-dwelling older adults who have fallen, are at risk of falling or who have a fear of falling.</p>	<p>Eligibility Requirements ~ Johnson County resident Documents ~ contact program Fees ~ Please call our office for information</p>
<p>Wellness Clinics- Senior Center Health Suite Visiting Nurse Association of Johnson County 1524 Sycamore St Iowa City IA 52240 www.vnaic.org</p>	<p>Adult</p>	<p>319-337-9686 Varies - call for details</p>	<p>Iowa City Senior Center, 28 S Linn St. Quick Check Health Screening available Monday, Wednesday and Friday from 11am-1pm. Services include, Foot Clinic, blood sugar screening, cardiac risk & cholesterol screening, Influenza and Pneumonia Vaccination (Oct-Dec), Health Information Brochures available **Some charges may apply</p>	<p>Eligibility Requirements ~ Johnson County resident Documents ~ contact program Fees ~ varied depends on program attended</p>
<p>HOUSING</p>				
<p><i>**See the housing directory on the Johnson County Social Services webpage for more information on senior housing options**</i></p>				
<p>Chore/ Home Repair/ Home Modification AbbeHealth Aging Services Home Accessibility and Repair Program 317 7th Ave. SE, Suite 302 B Cedar Rapids, IA 52401 www.abbehealth.org</p>	<p>Adult Age 60+</p>	<p>319-398-3644 M-F 8:00-4:30 pm</p>	<p>AbbeHealth Aging Services Home Accessibility and Repair program assists individuals in remaining in their home by providing small home repairs, such as; plumbing, lawn-mowing, yard work, snow removal and leaf-raking.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ vary depending on income; based on sliding fee scale.</p>
<p>Home Repair/ Home Modification Iowa Valley Habitat for Humanity Helping Hands Program 2401 Scott Blvd. Iowa City, IA 52245 www.iowavalleyhabitat.org</p>	<p>Age 65+ Physically Disabled</p>	<p>(319)337-8949 M-F 9:00-5:00</p>	<p>Under the Helping Hands Program, Iowa Valley Habitat for Humanity will oversee home repairs and modifications for seniors and physically disabled residents of Johnson County. A variety of repairs will be considered including, wheel chair ramp construction, furnace replacement and porch repair. Habitat for Humanity also performs "light work" which includes changing light bulbs, replacing furnace filters and changing battering in smoke detectors. There is no fee but Habitat suggests a donation of \$15.</p>	<p>Income: Less than 80% of annual median income as established by HUD. Call office for specific amounts. Documentation: Completed application required Fees: Homeowner must repay costs associated with the project. IVHFH will provide a zero-interest loan and create a repayment plan that fits each applicant's budget. Grants may be available.</p>

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<p>TRAIL of Johnson County Iowa City Senior Center 28 S linn St Iowa City, IA 52240 https://trailofjohnsoncounty.org/contact</p> <p>Bob Untiedt, Executive Director Jessica Hahn, Member & Volunteer Service Coordinator.</p>	<p>Older Adults</p>	<p>319-800-9003 M-F 9am-1pm</p>	<p>For a monthly or yearly membership, TRAIL volunteers will help with trips to the doctor or light handy-person assistance. As a member, you will also be invited to participate in social & educational activities. TRAIL has subsidized low-income memberships, as well.</p>	<p>Eligibility Requirements ~ Documents ~ Fees ~ Full Membership: \$600/year (\$50/month) for one person, or \$780/year (\$65/month) for households with two or more members. Affiliate Membership: \$110/year for single individuals and \$170/year for households of two or more. Supported Members: a sliding fee scale allows for memberships for as little as \$10/year.</p>
<p>Assisted Living Emerson Point 1355 Shannon Drive Iowa City, IA 52246</p>	<p>Older Adults</p>	<p>319-466-0200 24 hours 7 days – 365 days</p>	<p>Emerson Point is Affordable Assisted Living for person 65 years of age and older. Some tenants may qualify subsidies to reduce out of pocket expenses.</p>	<p>Eligibility Requirements ~ Documents ~ Fees ~ Accepts Medicaid Waiver and Section 8 Rental Assistance</p>
<p>Skilled Care Briarwood Health Care Center 605 Greenwood Dr. Iowa City, IA 52246 https://www.briarwoodhcc.com/</p>	<p>Older Adults</p>	<p>319-338-7912 24 hours 7 days – 365 days</p>	<p>Briarwood offers Long Term Care, Respite Care and Rehabilitation services.</p>	<p>Eligibility Requirements ~ Contact Program Documents ~ Fees ~ Accepts Medicaid and Medicare</p>
<p>Crestview Specialty Care 451 W Orange St West Branch, IA 52358 https://www.careinitiatives.org/crestview-specialty-care</p>	<p>Older Adults</p>	<p>(319) 643-2551 Open 24 hours</p>	<p>Skilled nursing care, short-term care (respite), rehabilitation following surgery, specialized wound care, IVs, tube feedings, IV therapy, and full activity programs offered.</p>	<p>Eligibility Requirements ~ Persons needing nursing home care, skilled nursing care or respite care. Documents ~ Contact Program Fees ~ Accepts Medicaid, Medicare and some insurance plans</p>
<p>Iowa City Rehabilitation and Health Care Center 3661 Rochester Avenue Iowa City, IA 52245 http://www.trilliumhcg.com/fac-iowacity.html</p>	<p>Older Adults</p>	<p>319-351-7460 24 hours 7 days – 365 days</p>	<p>Skilled nursing care, short-term care (respite), rehabilitation following surgery, specialized wound care, IVs, tube feedings, tracheostomy care, bariatric care.</p>	<p>Eligibility Requirements ~ Persons needing nursing home care, skilled nursing care or respite care. Documents ~ Contact Program Fees ~ Accepts Medicaid, Medicare and some insurance plans</p>
<p>Lantern Park Nursing and Rehab Center 2200 Oakdale Road Coralville, IA 52241 https://www.careinitiatives.org/lantern-park-specialty-care</p>	<p>Older Adults</p>	<p>319-351-8440 24 hours 7 days – 365 days</p>	<p>24-hour nursing care, full social and activity programs, select menus, wander protection system, therapy programs (physical, speech, occupational, IV), tube feeding, wound care, and hospice care. We also do outpatient therapy-and can bill all major insurance programs.</p>	<p>Eligibility Requirements ~ Persons needing nursing home care or skilled nursing care. Documents ~ Contact Program Fees ~ Medicare and Medicaid residents accepted. VA Contract</p>

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Pioneer Park 501 E. Pioneer Road Lone Tree, IA 52755 www.lhtcc.com	Older Adults	319-629-4255 24 hours Open 24 hours a day. Business Office is open 8-4:40 Monday- Friday	We offer nursing facility and skilled nursing facility level of care. Services are provided in three separate buildings all attached to each other. Our assisted living apartments are 1 bedroom with 2 apartments that are 2 bedroom apartments. All memory care apartments are 1 bedroom. We also provide outpatient therapy for our residents, tenants and the community.	Eligibility Requirements ~ Contact Program Documents ~ Contact Program Fees ~ Accepts Medicare, Medicaid, and VA
Solon Retirement Village 623 E. 5 th Street Solon, IA 52333 www.solonretirementvillage.com	Older Adults	319-624-3492 24 hours 7 days – 365 days	Solon Retirement Village is Caring for Our Community by offering Skilled Nursing, Memory Care, Assisted Living, Independent Condos and Outpatient Therapy all in one location.	Eligibility Requirements ~ Information available upon request. Documents ~ Contact Program Fees ~ Accepts Medicaid and Medicare
Skilled Nursing Facility Windmill Manor 2332 Liberty Dr Coralville IA 52241 http://www.windmillmanor.com/	Adult	319-545-7390 24 hours/7 days	Windmill Manor of Coralville, a not-for-profit provider, is proud to offer many levels of care to meet your needs. We have Windmill Manor Skilled Nursing, our Bounce Back Rehabilitation Program, AJ's Fitness Center and Wellness Program, Outpatient Therapy Services, and Garden Court Alzheimer's/ Dementia Care.	Eligibility Requirements ~ Contact Program Documents ~ Contact Program Fees ~ Accepts Medicaid, Medicare and some insurance plans
INFORMATION, REFERRAL & ASSISTANCE				
Toll Free Help Line Alzheimer Foundation www.alzfdn.org		Help Line 1-888-232-8484 8am-8:00 pm	A toll free help line dedicated to meeting the educational, social, emotional and practical needs of individuals with Alzheimer's disease and related illnesses, and their caregivers and families.	Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program
Programs, Services & Resources Elder Services- A Program of Horizons 2210 9 th St, Ste. 1 Coralville IA 52241 www.elderservicesinc.org http://www.horizonsfamily.org/	Adult Age 60+	319-338-0515 M-F 9-5:00 pm	Provides programs, services, and resources to assist persons age 60 and over in Johnson County and east central Iowa to stay active, independent, and safe in their homes.	Eligibility Requirements ~ serves clients 60+ Documents ~ contact program Fees ~ contact program
Case Management Heritage Area Agency on Aging 6301 Kirkwood Boulevard SW Cedar Rapids IA 52404 http://www.heritageaaa.org/	Adult Age 60+	319-398-5559 M-F 8-5:00 pm	Case Management Program includes the assessment and coordination of home and community based services.	Eligibility Requirements ~ serves clients 60+ Documents ~ contact program Fees ~ contact program

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Elder Rights Program Heritage Area Agency on Aging 6301 Kirkwood Boulevard Cedar Rapids IA 52404 http://www.heritageaaa.org/	Adult Age 60+	319-398-5559 M-F 8-5:00 pm	Individuals, their families and their caregivers can get information on services that are available to at-risk elders.	Eligibility Requirements ~ Persons 60+ Documents ~ none Fees ~ none
Evidence-Based Health Activities Heritage Area Agency on Aging 6301 Kirkwood Boulevard SW Cedar Rapids IA 52404 http://www.heritageaaa.org/	Adult	319-398-5559 M-F 8-5:00 pm	Heritage offers four evidence-based health programs (Tai Chi, Walk with Ease, Chronic Disease Self-Management Program and Matter of Balance) in the region. These programs are proven effective for improving the health and well-being and aid in reducing disease, disability and/or injury among adults.	Eligibility Requirements ~ Clients 18+ with disabilities and 60+ Documents ~ contact program Fees ~ contact program
Information, Referral & Assistance Heritage Area Agency on Aging 6301 Kirkwood Boulevard SW Cedar Rapids IA 52404 http://www.heritageaaa.org/	Adult Age 60+	319-398-5559 M-F 8-5:00 pm	Information and Assistance consists of assessing and offering services that allow older adults and adults with disabilities to live in their home when possible.	Eligibility Requirements ~ clients 18+ with disabilities and 60+ Documents ~ contact program Fees ~ contact program
Aging Disability Resource Center Heritage Area Agency on Aging 6301 Kirkwood Boulevard Cedar Rapids IA 52404 http://www.heritageaaa.org/	Adult 18+ with a disability Age 60+	1-866-468-7887 8-5:00 pm	Connects callers with home and community based services and/or referral to Options Counseling.	Eligibility Requirements ~ Persons 18+ living with a disability, Persons 60+, Caregivers and Veterans Documents ~ none Fees ~ none
Older Worker Employment Program Heritage Area Agency on Aging 6301 Kirkwood Boulevard SW Cedar Rapids IA 52404 http://www.heritageaaa.org/	Adult Age 55+	319-398-5559 M-F 8-5:00 pm	Older Worker Employment Program assists individuals 55 years of age and older with a disability with employment.	Eligibility Requirements ~ 55+ with a disability referred by Iowa Vocational Rehab Documents ~ contact program Fees ~ contact program
Options Counseling Heritage Area Agency on Aging 6301 Kirkwood Boulevard SW Cedar Rapids IA 52404 http://www.heritageaaa.org/	18+ with a disability Age 60+	319-398-5559 M-F 8-5:00 pm	Options Counselors are qualified and knowledgeable professionals that will visit with you via phone, or in person as often as you need, to help connect you to services and plan for potential future needs.	Eligibility Requirements ~ clients 18+ with disabilities and 60+ Documents ~ contact program Fees ~ contact program

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Last Updated ~ 05/04/2021

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OLDER ADULTS

<p>Senior Center Membership Iowa City/Johnson County Senior Center 28 S Linn Street Iowa City IA 52240 www.icgov.org/senior</p>	<p>Adult Age 50+</p>	<p>319-356-5220 M-F 8-5:00 pm</p>	<p>Senior Center members can participate in Center-sponsored classes, groups, and activities; use the computer lab, billiards room, and commercial-quality fitness equipment; access Center facilities during extended hours, 7 days/week; receive discounts on parking, room rentals, and some Center classes; and receive invitations to membership appreciation events.</p>	<p>Eligibility Requirements ~ anyone age 50 and over may join. Documents ~ contact program Fees ~ \$40 for a single membership, \$25 for each additional household member for Iowa City resident; \$75 single non-Iowa City resident, \$45 for each additional household member....low income discounts are available for membership and parking.</p>
<p>Aging Specialist Johnson County Social Services 855 S. Dubuque St, Ste. 202B Iowa City IA 52240 http://www.johnsoncountyiowa.gov/aging</p>	<p>Adult</p>	<p>319-356-6090</p>	<p>The Aging Specialist provides older adults and caregivers a Coordinated Point of Entry where they receive information and assistance, assessment of needs, referral, assistance in completing applications and follow up to ensure that referrals and services are accessed.</p>	<p>Eligibility Requirements ~ Older Adults or caregivers of older adults. Documents ~ None Fees ~ Free</p>
<p>Information, Referral & Assistance Johnson County Social Services 855 S. Dubuque St, Ste. 202B Iowa City IA 52240 http://www.johnsoncountyiowa.gov/ss</p>	<p>Adult</p>	<p>319-356-6090</p>	<p>Provides information on services and activities available in Johnson County.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p>
<p>Home Care Aide Services Visiting Nurse Association of Johnson County 1524 Sycamore St Iowa City IA 52240 www.vnaic.org</p>	<p>Adult</p>	<p>319-337-9686 M-F 8-5:00 pm: Nurse on call 24/7 for patient concerns</p>	<p>Skilled home health aides help elders, older adults, convalescent or disabled persons live in their own homes instead of in a healthcare facility. Most home health aides work with persons who need more extensive care than family or friends can provide. Some help discharged hospital patients who have relatively short-term needs. Under the direction of our nursing staff, home health aides provide health-related services, such as administering oral medications, help with simple prescribed exercises, keeping patient's rooms neat, and help patients to move from bed, bathe, dress and groom.</p>	<p>Eligibility Requirements ~ Johnson County resident Documents ~ contact program Fees ~ Medicare and Medicaid Certified. Most insurances also accepted. Individuals without third party payers pay privately on a sliding scale fee based on income and assets.</p>

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OLDER ADULTS

MEALS – DINING SITES & HOME DELIVERED

<p>Senior Nutrition Programming & Education Heritage Area Agency on Aging 6301 Kirkwood Boulevard SW Cedar Rapids IA 52404 http://www.heritageaaa.org/</p>	<p>Adult Age 60+</p>	<p>319-398-5559 M-F 8-4:30 pm</p>	<p>Heritage funds twenty meal sites in our seven county region. Congregate dining provides a nutritious meal, socialization and activities. Home-delivered meals are provided for seniors who are home bound and have difficulty preparing meals.</p>	<p>Eligibility Requirements ~ serves clients 60+ Documents ~ contact program Fees ~ contact program</p>
<p>Elderberry Café @ The Senior Center Elder Services Inc. 28 S Linn Street Iowa City IA 52240 www.elderservicesinc.org</p>	<p>Adult</p>	<p>319-338-0515 M–F 11–12:30 pm</p>	<p>Congregate meal site located in the Iowa City Senior Center. No reservation required.</p>	<p>Eligibility Requirements ~contact program Documents ~ contact program Fees ~</p>
<p>Meals on Wheels Elder Services- A Program of Horizons 2210 9th St, Ste. 1 Coralville IA 52241 www.elderservicesinc.org www.horizonsfamily.org/</p>	<p>Adult Age 60+</p>	<p>319-338-0515 Noon Delivery Only</p>	<p>Meals on Wheels program offers the following meal options to homebound clients; hot meals, shelf stable meals, liquid meal supplements, breakfast bag (7 meals per bag), and frozen meals.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p>
<p>Rural Meal Delivery Elder Services- A Program of Horizons 2210 9th St, Ste. 1 Coralville IA 52241 www.elderservicesinc.org www.horizonsfamily.org/</p>	<p>Adult</p>	<p>319-338-0515</p>	<p>Rural Meal Delivery program offers the following meal options to homebound rural residents; shelf stable meals, liquid meal supplements, breakfast bag (8 meals per bag), and frozen meals.</p>	<p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p>
<p>Old Gold Diner-Senior Dining Solon United Methodist Church 122 N West Street Solon IA 52333 http://www.soloniaumc.org/resources/solon-community-food-pantry/</p>	<p>General</p>	<p>319-624-2251 M-F at 11:30 am</p>	<p>Delicious meal and wonderful company at Solon United Methodist Church. Can also be delivered to your home. Menu is listed in the newspaper.</p>	<p>Eligibility Requirements ~ all ages, available to all. Documents ~ None Fees ~ \$3.75</p>
<p>Home Delivered Meals –Old Gold Dining Solon United Methodist Church 122 N West Street Solon IA 52333 http://www.soloniaumc.org/resources/solon-community-food-pantry/</p>	<p>General</p>	<p>319-624-2251 M-F at 11:30 am</p>	<p>Home delivered meals are provided for those who are home bound and have difficulty preparing meals. Meal orders need to be called in the day before prior to 1PM. Menu is listed in the newspaper.</p>	<p>Eligibility Requirements ~ all ages, available to all. Documents ~ None Fees ~ \$3.75</p>

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OLDER ADULTS

RECREATION				
Senior Exercise Class Coralville Parks & Recreation Department 1506 8th Street Coralville IA 52241 www.coralville.org	Older Adult	319-248-1750 M, W & F 9:30-10:15 am	Free exercise class geared toward seniors	Eligibility Requirements ~ none Documents ~ none Fees ~ none
EngAGE Programming Coralville Parks & Recreation Department 1506 8th Street Coralville IA 52241 www.coralville.org	Older Adult	Quarterly calendar and information can be found here: http://www.coralville.org/837/Seniors-EngAGE	Be social and stay active with lunch clubs, theater trips, local and regional bus tours, crafting events, swimming, exercise, and outdoor activities. Some programming is free of charge, while others have a small fee.	Eligibility Requirements ~ For older adults Documents ~ none Fees ~ some cost depending on activity
Classes & Events Iowa City/Johnson County Senior Center 28 S Linn Street Iowa City IA 52240 www.icgov.org/senior	Adult Age 50+	319-356-5220	Learn something new and keep your mind active with classes at The Center. Classes are taught by knowledgeable instructors in a wide range of areas including arts, culture, music, fitness, literature, languages, history, politics, philosophy, religion, science/math, technology, wellness, and more. Expand your social circle beyond the world of your work and family. At The Center you'll meet other adults over 50 with interests similar to yours. At The Center, you're part of a welcoming community.	Eligibility Requirements ~ some classes require Senior Center membership (anyone age 50+ may become a member); many programs are open to the general public Documents ~ contact program Fees ~ vary by program; many classes and events are free; potential membership fee

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OLDER ADULTS

TRANSPORTATION				
<p>Transportation United Way-RSVP 1150 5th Street, Suite 290 Coralville, IA 52241 www.unitedwayjwc.org</p>	<p>Seniors and Disabled Adults Age 55+</p>	<p>319-338-7823 Ext. 303</p>	<p>Provides transportation to individuals 55+ and disabled adults who have no other means of getting to medical appointments. Individuals must be able to safely transfer themselves in and out of a vehicle and must complete an enrollment form for services.</p>	<p>Eligibility Requirements ~ Adult Documents ~ contact program Fees ~ Free</p>
<p>Mobility Coordinator Johnson County Social Services 855 S. Dubuque St, Ste. 202B Iowa City IA 52240 http://www.johnsoncountyiowa.gov/mobility</p>	<p>Seniors, persons with disabilities, low-income persons</p>	<p>319-356-6090 M-F 8 am-4:30 pm</p>	<p>The mobility coordinator seeks to educate and enhance transportation options in our community by serving as a single point of contact for transportation referrals, education and community outreach.</p> <p>The Mobility Coordinator is here to help you identify what transportation options exist, how to plan a trip riding local public transit systems, learn routes, schedules and become familiar with user-friendly technology that is helpful for transit riders.</p>	<p>Eligibility Requirements ~ Seniors, persons with disabilities, low-income persons and other residents of Johnson County. Documents ~ none Fees ~ Free</p>
<p>North Liberty Transportation Assistance Program North Liberty City Hall 3 Quail Creek Circle North Liberty, IA 52317 https://northlibertyiowa.org/residents/transit/transportation-assistance-program/</p>	<p>North Liberty residents who do not have a means of travel, needing to access quality of life services in North Liberty</p>	<p>(319) 626-5722 transit@northlibertyiowa.org M-F 7 am to 10 pm or Saturday 7 am to 7 pm</p>	<p>For \$1 per ride, qualified North Liberty residents can call a Yellow Cab of Iowa City taxi to pick up groceries, get to the bank, visit a doctor, connect to a bus or certain other essential quality-of-life trips</p>	<p>Eligibility Requirements ~ No personal vehicle, financial difficulty, disabled (permanent or temporary) Documents ~ contact program Fees ~ \$1 per ride</p>

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TRANSPORTATION 2021

Name of Program/Provider	Focus Population	Phone Number	Services Provided	Fees
TRANSIT				
CAMBUS 840 Evashevski Dr Iowa City IA 52242 https://transportation.uiowa.edu/cambus	General Public	319-335-8633	CAMBUS is the University of Iowa’s public transit system that provides fixed-route service throughout the campus. Services are no fare and available to the general public. Paratransit: For qualifying persons with disabilities, CAMBUS also provides a complimentary demand-response service called the Bionic Bus. Interested persons may contact the Dispatch & Bionic Supervisor to determine eligibility: (319) 335-7595.	No Fare. Open to general public.
Coralville Transit 900 10 th St Coralville IA 52241 www.coralville.org/transit	General Public	319-248-1790	Public transit system that provides fixed route service through the City of Coralville. Also connects riders to the Veteran’s Hospital, University of Iowa Hospital and the interchange in downtown Iowa City. Coralville Transit also has a route that travels to North Liberty twice a day Monday-Friday. Coralville Transit routes operate Monday-Saturday. For more details on Coralville Transit routes and operations times contact Coralville Transit or the Mobility Coordinator. Fares can be paid directly on the fare box upon boarding the bus. Exact change required. Drivers cannot make change. Passes are also available for sale at various locations in the community, call Coralville Transit for details. Paratransit for Coralville Transit is provided by Johnson County SEATS. See Johnson County SEATS description for more details.	Adults and children five years old and older = \$1.00 Children under five years old = Free Youth fare (five to 15 years old); Daily 6:00pm to midnight and all day Saturday = \$0.75 31- Day Pass = \$32.00** 20 - Ride Pass = \$20.00 **= Pass that can be used between both Iowa City and Coralville systems. Riders must purchase a 31-day pass in the city that they are a resident of i.e.: an Iowa City resident should purchase a 31-day pass in Iowa City.
Iowa City Transit 335 Iowa Ave Iowa City IA 52240 www.icgov.org/transit	General Public	319-356-5151	Public transit system that provides fixed route service through the City of Iowa City. Iowa City Transit routes operate Monday-Saturday. For more details on Iowa City Transit, routes and operation times contact Iowa City Transit, or the Mobility Coordinator. Fares can be paid directly on the fare box while boarding the bus. Exact change required. Drivers cannot make change. Passes are also available for sale at various locations in the community, call Iowa City Transit for details. Johnson County SEATS provides Paratransit for Iowa City Transit. See Johnson County SEATS description for more details.	Adults (18 years and up) = \$1.00 Youth (K-12 th grade) = \$0.75 24-Hour Pass = \$2.00 Children under 5 years old = Free Saturday Family Fare = \$1 per family (two adults max) 31- Day Pass = \$32.00** 10-Ride Pass = \$8.50 **= Pass that can be used between both Iowa City and Coralville systems. Riders must purchase a 31-day pass in the city that they are a resident of i.e.: an Iowa City resident should purchase a 31-day pass in Iowa City.

TRANSPORTATION 2021

<p>Johnson County SEATS 4810 Melrose Ave Iowa City IA 52246 www.johnson-county.com/seats</p> <p>Paratransit – Urban Service</p>	<p>Paratransit Eligible Individuals who are residents of Coralville, Iowa City, North Liberty and University Heights</p>	<p>General Phone #: 319-339-6128</p> <p>Reservations #: 319-339-6125 Reservations taken during: Monday - Friday 7:00AM to 12:00PM & 1:00PM to 4:00PM Saturday: 8:00AM to 12:00PM</p> <p>Dispatcher #: 319-339-6127</p>	<p>Provides ADA Paratransit for individuals with disabilities who cannot board, ride, or get to an accessible Coralville or Iowa City fixed-route bus due to their disability and are residents of North Liberty, Iowa City, Coralville and University Heights. Eligibility is determined by an application specific to the city you live in (see below for details on applying). SEATS paratransit service is a demand-response service (door-to-door) where riders must reserve rides 1 day to 2 weeks in advance by calling the reservations #.</p> <p>To Apply: Coralville and North Liberty Residents: (319)248-1790 Iowa City Residents: (319)355-5151 University Heights Residents: (319)337-6900</p> <p>-or- download application from: http://www.johnson-county.com/dept_seats.aspx?id=691</p>	<p>\$2.00 one-way fare (exact change required)</p> <p>Punch cards are available for purchase at the SEATS office; punch cards are \$20 and have 10-rides per card.</p>
<p>Johnson County SEATS 4810 Melrose Ave Iowa City IA 52246 www.johnson-county.com/seats</p> <p>Rural Service</p>	<p>General Public in Rural Johnson County</p>	<p>General Phone #: 319-339-6128</p> <p>Reservations #: 319-339-6125 Reservations taken during: Monday - Friday 7:00AM to 12:00PM & 1:00PM to 4:00PM Saturday: 8:00AM to 12:00PM</p> <p>Dispatcher #: 319-339-6127</p>	<p>Rides are scheduled by appointment and to be reserved 1-14 days in advance. Rides are approved based on the availability of the SEATS fleet and drivers. Rides can be reserved within 8:30AM-4:30AM according to the days of the week the rural zone is serviced.</p> <p>Northeast: Solon, Shueyville, Swisher, Morse, Oasis (and surrounding areas): Monday, Tuesday, Thursday 8:30AM-4:30PM</p> <p>South: Lone Tree, Sharon Center, Hills, Frytown (and surrounding areas): Monday, Wednesday, Friday 8:30AM - 4:30PM</p> <p>West: Oxford, Tiffin, Cosgrove (and surrounding areas): Tuesday, Thursday 8:30AM-4:30PM</p>	<p>\$2.00 one-way fare (exact change required)</p> <p>Punch cards are available for purchase at the SEATS office; punch cards are \$20 and have 10-rides per card.</p>
<p>North Liberty Transportation Assistance Program (NLTAP)</p> <p>City of North Liberty 3 Quail Creek Circle North Liberty, IA 52317</p> <p>northlibertyiowa.org/nltap</p>	<p>North Liberty Residents</p>	<p>To Apply Call: (319) 626-5722</p>	<p>Qualified North Liberty residents can call a Yellow Cab of Iowa City taxi to pick up groceries, get to the bank, visit a doctor, and connect to a bus or certain other essential quality-of-life trips scheduled Monday through Friday from 7 a.m. to 10 p.m. or Saturday 7 a.m. to 7 p.m.</p> <p>Residents can be eligible for this program because they don't have access to vehicle, face financial difficulty or are permanently or temporarily disabled.</p> <p>Must first apply with the City of North Liberty.</p>	<p>\$1 per ride</p>

TRANSPORTATION 2021

<p>BONGO “Bus On The Go”</p> <p>www.bongo.org</p>	<p>General Public</p>	<p>319-471-4155</p>	<p>Use BONGO (Bus on the Go) to find bus locations and arrival times for Coralville Transit, Cambus, and Iowa City Transit buses by phone, text, online, and QR code.</p> <p>Also view ALL transit routes and bus stops for Iowa City, Coralville and CAMBUS using www.bongo.org.</p> <p>Also available on Google Play and the App Store.</p> <p>For GPS-based predictions on bus arrivals text “bongo [stop#] to 41411 or call (319)471-4155.</p>	<p>Free.</p>
<p>Google Maps Transit Trip Planner</p> <p>https://www.google.com/maps/dir/</p>	<p>General Public</p>	<p>N/A</p>	<p>Plan your next transit trip using Google Maps Transit. Users can input their starting and ending destinations into Google Maps. After selecting the bus icon, users can choose to leave now, or plan future trips by specifying departure or arrival time. The application will then provide several route options for the user that can be customized based on fastest route, fewest stops, and reduced walking time. Visit www.google.com/maps or download the Google Maps app for your mobile device. Click the bus icon, enter your destination, and select the transit trip that works best for you. This services integrates CAMBUS, Coralville Transit, and Iowa City Transit, allowing seamless planning across services areas.</p>	<p>Free.</p>
<p>Social Services Mobility Coordinator</p> <p>855 S Dubuque St Ste 202B Iowa City IA 52240</p> <p>www.johnson-county.com/mobility</p>	<p>General Public</p>	<p>319-356-6090</p>	<p>Single point of contact for transportation related referrals, education and community outreach in Johnson County. Learn more about transportation options in Johnson County and how to reach points of interest using public transit.</p>	<p>Free.</p>
<p>Transit App</p> <p>https://transitapp.com/</p>	<p>General Public</p>	<p>N/A</p>	<p>CAMBUS, Coralville Transit, and Iowa City Transit are now using a mobile app called “Transit”. Riders can get more information about Transit here: https://transitapp.com/</p> <p>Transit app offers real-time bus locations and arrival predictions, as well as trip-planning functions. Transit also allows riders to set up alerts for the stops and routes they use the most. CAMBUS put together a guide on how to use the Transit app: https://transportation.uiowa.edu/transit</p>	<p>Free.</p>

TRANSPORTATION 2021

Name of Program/Provider	Focus Population	Phone Number	Services Provided	Fees
Rideshare, Vanpool, and Zipcar				
CorridorRides Carpool www.corridorrides.org	General Public	N/A	Online rideshare platform. Search for single ride matching, vanpool or carpool. Create a profile online to connect with other commuters and start a carpool. When you're matched to a carpool you get to decide who drives, what time you meet, what days you commute together. You can even join more than one carpool if your schedule varies. Just coordinate with your matches to agree on a schedule!	Carpool users are free to base the costs on whatever they may choose.
CorridorRides Vanpool www.vanpool380.com/	General Public	1-800-Van-4-work	Vanpools are for 5-15 people who live and work in the same area. A primary driver is designated to drive the vehicle. Vanpool is administered by Enterprise Rideshare who provides gas, insurance and vehicle maintenance. Corridor Rides offers a \$400 a month subsidy for groups commuters living in the Corridor. Monthly pricing varies based on vehicle type and number of vanpool members. Accessible vehicles available.	Varies pending on the amount of vanpool members and type of vehicle selected.
Lyft www.lyft.com	General Public	N/A	Lyft is a rideshare company available in the area. Create a trip using a smartphone app. Fare is pre-calculated at the time of reservation. Pay on the app using debit or credit card. Download on in the Apple Store or Google Play.	Varies. Pre-calculated at the time of the reservation.
Uber www.uber.com	General Public	N/A	Uber is a rideshare company available in the area. Create a trip using a smartphone app. Fare is pre-calculated at the time of reservation. Pay on the app using debit or credit card. Download on in the Apple Store or Google Play.	Varies. Pre-calculated at the time of the reservation.
Zip Car www.zipcar.com/iowacity	General Public	(866) 494-7227	Need a car? Borrow a Zipcar! To use Zipcar, simply register as a member, reserve a car online or by phone, use your Zipcard to enter the car, and drive away. When you're done, return the car to the same location where you picked it up. Access to Zipcar 24/7. Learn more: www.zipcar.com/how	Varies. Discounted hourly rates that start at \$7/hour or \$66/day. Gas, insurance and maintenance are included for free. \$25 one-time application fee and \$50 a year to be a member

TRANSPORTATION 2021

Name of Program/Provider	Focus Population	Phone Number	Services Provided	Fees
Accessing Healthcare				
American Cancer Society www.cancer.org	Cancer Patients	1-800-227-2345	Curbside-to-curbside transportation service that offers free rides to cancer patients to and from their cancer-related treatments. Transportation provided by volunteers. Rides are approved based-on the availability of volunteers. Minimum of three (3) business days' notice is required. Patients must be ambulatory. Patients should request a ride by calling 1-800-227-2345.	Free.
United Way of Johnson and Washington Counties 1150 5 th St Ste 290 Coralville, IA 52241 55+ RSVP www.unitedwayjwc.org	Seniors and People with Disabilities	319-338-7823	55 + Retired Senior Volunteer Program (RSVP) is a medical transportation program providing rides to seniors and disabled adults who have no other means of getting to medical appointments. Service is free and facilitated by the United Way of Johnson and Washington Counties. All transportation is provided by volunteers using their own vehicles for transportation, have a good driving record, a valid driver's license, and verified auto insurance. One week advance notice is helpful to coordinate volunteers. Rides are based on volunteer availability.	Free, donations accepted.
Veteran Transportation Service 601 Highway 6 West Iowa City, IA 52246	Veterans	319-338-0581 ext. 636009	VTS can provided transportation for local Veterans to their medical appointments at the VA Hospital in Iowa City. The primary focus of this program is to help veterans with medical necessity to access their healthcare appointments and to those who are mobility restricted.	Free.
Non-Emergent Medical Transportation (NEMT) Amerigroup Logisticare www.member.logisticare.com/	Iowa Medicaid Members with Amerigroup	1-844-544-1389 (Logisticare)	Iowa Medicaid members who have selected Amerigroup as there Managed Care Organization (MCO) may be eligible for transportation assistance to their medical appointments. Amerigroup uses Logisticare as their transportation vendor. Contact Logisticare by phone or my logging in to www.member.logisticare.com . Reserve rides 1 month to 2 business days in advance. Make sure to have your member ID, phone number of the facility you appointment is at, and the full address of where the appointment is located. If friends or family are taking you to your medical appointments ask about mileage reimbursement. Accessible vehicles available upon request.	Free.
Non-Emergent Medical Transportation (NEMT) Iowa Total Care Access 2 Care https://www.access2care.net/	Iowa Medicaid Members with Iowa Total Care	1-866-572-7662 (Access 2 Care)	Iowa Medicaid members who have selected Iowa Total Care as their Managed Care Organization (MCO) may be eligible for transportation assistance to their medical appointments. Iowa Total Care uses Access 2 Care as their transportation vendor. Contact Access 2 Care by phone to make a reservation. Reserve rides 1 month to 2 business days in advance. Make sure to have your member ID, phone number of the facility you appointment is at, and the full address of where the appointment is located. If friends or family are taking you to your medical appointments ask about mileage reimbursement. Accessible vehicles available.	Free.

TRANSPORTATION 2021

Name of Program/Provider	Focus Population	Phone Number	Services Provided	Fees
Transportation Assistance				
CommUnity – Formerly Crisis Center 1121 S Gilbert Ct Iowa City, IA 52240 www.builtbycommunity.org	General Public	319-351-0128	Provides single ride bus passes for Iowa City Transit: available on the 1 st of the month until gone, limited to 3 per household per month. Eligibility requirements- must live in Johnson County Documents needed- none Fees- none	Free.
Department of Human Services 855 S Dubuque St Ste 102 Iowa City, IA 52240	General Public 18 years and older	319-356-6090	Provides three single ride Iowa City Transit pass per individual per month. 18 years old and older only. Call for availability.	Free.
IC Compassion 1035 Wade St Iowa City, IA 52240 www.iccompassion.org	General Public	319-330-9883	Assist with gas vouchers and bus passes for Iowa City Transit on a case by case basis. IC Compassion encourages those interested to call ahead due to limited availability.	Free.
National Runaway Safeline www.1800runaway.org	Youth Ages 12-20	1-800-786-2929	Home Free Program provides a one-way bus ticket home for runaway homeless youth, ages 12-20, who want to return to their families. The youth must call National Runaway Safeline for Assistance.	Free.
Salvation Army 1116 S Gilbert Ct Iowa City, IA 52240 www.icsalvationarmy.org	General Public	319-337-3725	Residents enrolled in the Pathways of Hope Program (POH) can request vouchers for local bus tickets and gasoline. POH is a case management program for Johnson County residents experiencing poverty or challenging situations.	Free.
TRAIL of Johnson County 28 South Linn St, Room 201 Iowa City, IA 52240 www.trailofjohnsoncounty.org	Seniors	319-800-9003 Office hours: M-F 9am-1:00 pm	Full members of TRAIL of Johnson County have access to Volunteer Assistance which may include transportation to and from appointments, meetings or shopping. Full membership fees are \$600/year (\$50/month) for single individuals, or \$780/year (\$65/month) for households with two or more members. Call to inquire about subsidized full membership rates.	Transportation is included with full membership.
Yellow Cab of Iowa City 2930 Industrial Park Rd Unit A Iowa City, IA 52240 www.yellowcabc.com/gift-cards	Seniors Age 55 and older	319-338-9777	Gift cards are offered to seniors (age 55 or older) at a 10% discounted rate. The gift card may be stored at the dispatch office and can be applied for cab fares by providing your name. Load funds to the gift card online with a paypal account or call Yellow Cab. Riders may request a sedan or a minivan.	10% Discount

TRANSPORTATION 2021

Name of Program/Provider	Focus Population	Phone Number	Services Provided	Fees
Intercity Busing				
<p>380 Express Bus – Corridor Rides</p> <p>Windstar Lines 9220 Wright Brothers Ct SW Cedar Rapids IA 52404</p> <p>www.380express.com</p>	<p>General Public</p>	<p>319-362-0375</p>	<p>Public bus service between Cedar Rapids and Iowa City. Stops at Cedar Rapids Ground Transportation Center, Kirkwood Community College in Cedar Rapids, Iowa River Landing in Coralville, University of Iowa Hospital and Clinics, and Court Street Transportation Center Iowa City.</p> <p>Managed by the East Central Iowa Council of Governments (ECICOG). ECICOG has contracted with Windstar Lines, Inc. to operate the bus service for all 380 Express Routes.</p> <p>Services provided Monday—Friday from 5:20am to 8:40pm. Runs every 30 minutes during the morning and afternoon rush hour and every hour during midday.</p> <p>All buses are accessible to people with disabilities.</p>	<p>\$3.50 one-way fare</p> <ul style="list-style-type: none"> - Cash or buy using Token Transit smartphone application. <p>\$1.75 one-way fare for Seniors or Persons with Disabilities</p> <ul style="list-style-type: none"> - 60 and older: Government Issued ID must be presented to driver when boarding - Proof of Disability – Medicaid ID or a Disability ID issued by local transit agency or human service agency. Passengers in wheelchairs do not need to present proof of disability. If you have a current disabled ID from a local transit agency, those will be accepted for the 380Express service. <p>University of Iowa Employees and Students</p> <ul style="list-style-type: none"> - Can get a discounted pass for the 380 Express service through UI Parking & Transportation. More info here: https://transportation.uiowa.edu/380-express-bus-passes
<p>Burlington Trailways 170 E Court St Iowa City, IA 52240</p> <p>www.burlingtontrailways.com</p>	<p>General Public</p>	<p>319-337-2127</p>	<p>Station is in Iowa City. Offers scheduled intercity busing services operating 7 days a week. Routes service multiple cities in Iowa and beyond. Purchase tickets online or at the station.</p>	<p>Call or check online for ticket prices.</p>
<p>Megabus/Winstar Departs/Arrives at: 906 Quarry Rd Coralville, IA 52241</p> <p>www.megabus.com</p>	<p>General Public</p>	<p>N/A</p>	<p>Scheduled intercity busing. Departs/Arrives from Coralville Intermodal. Tickets must be purchased online.</p>	<p>View ticket prices online at www.megabus.com.</p>

TRANSPORTATION 2021

Name of Program/Provider	Focus Population	Phone Number	Services Provided	Fees
Door to Door Accessible Transportation				
<p>CARE Ambulance</p> <p>1801 S Riverside Dr Iowa City IA 52246</p> <p>www.careambulance.us</p>	<p>General Public with Accessible Needs</p>	<p>(319)512-8811</p>	<p>CARE Ambulance offers all levels ambulance service and secure car transfers.</p> <p>CARE Ambulance also provides transportation for individuals with wheelchairs to and from doctors appointments, scheduled appointments and more. Able to provided services for individuals up to 600 lbs.</p> <p>Services are provided 24 hours a day and most days of the year, including holidays as long as drivers and fleet are available. Accepts private pay by cash, check or charge. Payment due at time of pick-up in person or over the phone.</p>	<p>Wheelchair Transport Pricing:</p> <p>\$50.00 in town one-way flat rate (10 mile radius)</p> <p>\$80.00 in town round trip flat rate (10 mile radius)</p> <p>\$5.00 per additional mile outside of the 10-mile radius when you are in the vehicle</p>
<p>Johnson County SEATS</p> <p>4810 Melrose Ave Iowa City IA 52246</p> <p>www.johnson-county.com/seats</p> <p>Paratransit – Urban Service</p>	<p>Paratransit Eligible Individuals who are residents of Coralville, Iowa City, North Liberty and University Heights</p>	<p>General Phone #: 319-339-6128</p> <p>Reservations #: 319-339-6125</p> <p>Reservations taken during: Monday - Friday 7:00AM to 12:00PM & 1:00PM to 4:00PM Saturday: 8:00AM to 12:00PM</p> <p>Dispatcher #: 319-339-6127</p>	<p>Provides ADA Paratransit for individuals with disabilities who cannot board, ride, or get to an accessible Coralville or Iowa City fixed-route bus due to their disability and are residents of North Liberty, Iowa City, Coralville and University Heights. Eligibility is determined by an application specific to the city you live in (see below for details on applying). SEATS paratransit service is a demand-response service (door-to-door) where riders must reserve rides 1 day to 2 weeks in advance by calling the reservations #.</p> <p>To Apply: Coralville and North Liberty Residents: (319)248-1790 Iowa City Residents: (319)355-5151 University Heights Residents: (319)337-6900</p> <p>-or- download application from: http://www.johnson-county.com/dept_seats.aspx?id=691</p>	<p>\$2.00 one-way fare (exact change required)</p> <p>Punch cards are available for purchase at the SEATS office; punch cards are \$20 and have 10-rides per card.</p>
<p>Johnson County SEATS</p> <p>4810 Melrose Ave Iowa City IA 52246</p> <p>www.johnson-county.com/seats</p> <p>Rural Service</p>	<p>General Public in Rural Johnson County</p>	<p>General Phone #: 319-339-6128</p> <p>Reservations #: 319-339-6125</p> <p>Reservations taken during: Monday - Friday 7:00AM to 12:00PM & 1:00PM to 4:00PM Saturday: 8:00AM to 12:00PM</p> <p>Dispatcher #: 319-339-6127</p>	<p>Rides are scheduled by appointment and to be reserved 1-14 days in advance. Rides are approved based on the availability of the SEATS fleet and drivers. Rides can be reserved within 8:30AM-4:30AM according to the days of the week the rural zone is serviced.</p> <p>Northeast: Solon, Shueyville, Swisher, Morse, Oasis (and surrounding areas): Monday, Tuesday, Thursday 8:30AM-4:30PM</p> <p>South: Lone Tree, Sharon Center, Hills, Frytown (and surrounding areas): Monday, Wednesday, Friday 8:30AM - 4:30PM</p> <p>West: Oxford, Tiffin, Cosgrove (and surrounding areas): Tuesday, Thursday 8:30AM-4:30PM</p>	<p>\$2.00 one-way fare (exact change required)</p> <p>Punch cards are available for purchase at the SEATS office; punch cards are \$20 and have 10-rides per card.</p>

TRANSPORTATION 2021

<p>Non Emergency Transport - Muscatine</p> <p>www.netmuscatine.com</p>	<p>General Public with Accessible Needs</p>	<p>(563)299-3515</p>	<p>Based out of Muscatine, Iowa. Non Emergency Transport provides accessible transportation in Muscatine and surrounding communities including the Quad Cities and Iowa City. Destinations can be medical appointments and any other location you wish to travel as long as the driver and fleet is available.</p> <p>Accepts private pay by cash or charge. Also a provider for Logisticare and Access 2 Care for Medicaid members.</p> <p>Provides service anytime drivers and fleet are available which is typically 6am-6pm Monday-Friday for Iowa City Area. Advanced notice is appreciated when booking but not required for scheduling. Allows a personal care attendant to travel with rider for no extra charge.</p>	<p>Each trip varies, call for pricing.</p>
<p>Rapid Run Logisitcs LLC</p> <p>1625 Park Towne Ln NE Cedar Rapids, IA 52402</p> <p>www.rapidrunlogistics.net</p>	<p>General Public and those with Accessible Needs</p>	<p>(319)318-2480</p>	<p>Rapid Run Logistics LLC is a Non-Emergency Medical Transportation provider who also accepts private pay trips. General service area includes the counties of Johnson, Linn, Black Hawk and Dubuque but will travel outside of those areas if drivers and fleet are available.</p> <p>Rapid Run Logistics typically provides service 6am – 8pm Sunday – Thursday and Fridays 6am -6pm. Service requests outside of typical hours, including holidays can be accommodated for an additional charge negotiated at the time of service. 72 hours advance notice is appreciated when requesting service however same day trips can be provided when possible.</p>	<p>Wheelchair Transport Pricing:</p> <p>\$30.00 for the first 5 miles and then \$3.25 per mile after.</p> <p>Non-Wheelchair Transport Pricing:</p> <p>\$20.00 for the first 5 miles and then \$2.60 per mile after.</p>
<p>Special K's Transport</p> <p>910 2nd Ave SW Cedar Rapids, IA 52404</p>	<p>General Public and those with Accessible Needs</p>	<p>(319)373-5555</p>	<p>Special K's Transport offers door to door accessible transportation to doctors' appointments, dialysis, weddings, funerals, church services and social events. Transportation is available 24 hours a day and holidays by appointment. Office hours are Monday – Friday 8am-5pm.</p>	<p>Call for specific trip quotes.</p> <p>General Pricing:</p> <p>Cedar Rapids Metro Area: \$60.00 round trip</p> <p>Outside of Cedar Rapids Metro Area (Iowa City, Coralville, etc.): \$60.00 base fee plus \$4.00 a mile</p>
<p>To The Rescue</p> <p>www.totherescure.net</p>	<p>General Public and those with Accessible Needs</p>	<p>(319)365-9000</p>	<p>To The Rescue provides accessible transportation in the counties of Johnson, Linn and surrounding areas. Transportation is also provided throughout the state of Iowa and special accommodations are available outside of the state. Destinations can be medical appointments or any appointments, errands, special occasions, etc. Call for details.</p> <p>Accepts private pay by cash, check or card. Also provides Non-Emergency Medical Transportation for Logisticare for Amerigroup Medicaid members, call insurance provider for information. Contact To The Rescue for Iowa Total Care trip options.</p> <p>Provides service Monday – Friday 7am-8pm. Trips outside of that time can be arranged with advance notice. 48-72 hours' notice is appreciated when booking a ride. Trips on holidays can be arranged with prior notice. Allows a personal care attendant to travel with rider for no extra charge.</p>	<p>Call for pricing.</p>

TRANSPORTATION 2021

Name of Program/Provider	Focus Population	Phone Number	Services Provided	Fees
TAXI				
Big Ten Taxi 1404 Prairie Du Chien Iowa City, IA 52245	General Public	(319)330-6435 or (319)471-3533	Offers a vehicle for hire with a driver. Open 24 Hours.	Within Iowa City/Coralville Area: Entry Fee: \$2.75 Each Additional 1/12 mile: \$0.25 Each Additional Passenger: \$4.00 Call for flat rates to airports and more.
Yellow Cab of Iowa City 2930 Industrial Park Rd Unit A Iowa City, IA 52240 www.yellowcabic.com	General Public	(319)338-9777	Offers a vehicle for hire with a driver. Open 24 Hours. Also contracts with Access 2 Care and Logisticare for NEMT and waiver trips.	Within Iowa City/Coralville Area: Entry Fee: \$2.75 Each Additional 1/12 mile: \$0.25 Call for flat rates to airports and more.
City of Iowa City Taxi Information https://www.icgov.org/taxi	General Public	(319)356-5040	The City of Iowa City Clerk's Office maintains a database of permitted taxi cab companies. Through the online database you can view rate cards, registered vehicle descriptions, and authorized drivers.	Free.

VETERAN SERVICES

Name of Program/Provider	Focus Population	Phone Number & Hours	Services Provided	Eligibility Requirement, Documents Needed, Fees
Assistance Programs Goodwill's Homeless Veterans Reintegration Program 1441 Blairs Ferry Rd NE Cedar Rapids, IA 52402 www.goodwillheartland.org/people-services/homeless-veterans	Military Veteran	1-866-466-7881	Goodwill provides veterans with individual assessment, case management, counseling, classroom learning, work experience, job training, skill development, placement assistance and follow-up support. This program assists veterans in the Cedar Rapids and Quad Cities areas.	Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ Contact program
"Operation Home" Supportive Services for Veteran Families Hawkeye Area Community Action Program, Inc. (HACAP) 367 Southgate Avenue Iowa City IA 52240 www.hacap.org	Military Veteran	319-721-1474 M-F 8-5:00 pm	Offers various programs such as rental assistance, vehicle repair, and housing stabilization and goods and services.	Eligibility Requirements ~ veteran or veteran in the household, have served at least 1 day of active duty, meet income guidelines, cannot have been dishonorable discharged, be homeless or at risk of homelessness Documents ~ DD-214, proof of income, ID, Social Security cards for everyone in the household Fees ~ none
LifeLong Links Program Heritage Area Agency on Aging 6301 Kirkwood Boulevard Cedar Rapids IA 52404 http://www.heritageaaa.org/	Military Veteran	1-866-468-7887 M-F 8-5:00 pm	Connects callers with home and community based services and/or referral to Options Counseling. Options Counseling is face-to-face counseling that connects persons to needed benefits and long-term support services.	Eligibility Requirements ~ Service Persons 18+living with a disability, Persons 60+, Caregivers and Veterans Documents ~ none Fees ~ none
HERO Healing at English River Outfitters 2564 305 th St Washington IA 52353 http://englishriveroutfitters.org	Military Veteran	563-257-4923	English River Outfitters is part of the healing process for veterans. Our priority is to help foster a healthy readjustment back to civilian life through a positive outdoor experience. Veterans and families served at English River Outfitters experience a variety of therapeutic, group-based activities designed to re-establish confidence, hope, and health. In addition to our weekend retreats for veterans, we also hold special programs to serve children from Gold Star families, as well as ladies-only veteran camp-out events.	Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ Contact program
HUD - Veteran's Supportive Housing Program (VASH) Iowa City Housing Authority 410 E Washington St Iowa City IA 52240 https://icgov.org/	Military Veteran	319-356-5400 M-F 8-4:30 pm	The Department of Housing and Urban Development (HUD) – VA Supportive Housing (VASH) Program is a joint effort between HUD and Veteran Affairs (VA) to move veterans and their families out of homelessness and into permanent housing. HUD provides housing assistance through its Housing Choice Voucher Program (Section 8) that allows homeless Veterans to rent privately owned housing.	Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ Contact program

VETERAN SERVICES

Name of Program/Provider	Focus Population	Phone Number & Hours	Services Provided	Eligibility Requirement, Documents Needed, Fees
Veterans Affairs Johnson County Veterans Affairs 855 S Dubuque St - Suite 109C Iowa City IA 52240 www.johnson-county.com/dept_vets	Military Veteran	319-356-6049 M-F 7:30-4:00 pm	Connect Veterans with pertinent programs. May provide short-term monetary help to Johnson County Veterans in extreme financial crisis. Financial assistance is available to address the following needs: shelter, utilities, food, burial and medical/dental expenses.	Eligibility Requirements ~ Veteran status determined upon application Documents ~ DD-214 Discharge papers Fees ~ none
PATH Mid-Eastern Iowa Community Mental Health Center 507 E College St Iowa City IA 52240 communitymentalhealthcenter.org	Military Veteran	319-430-7234 M-F 10-6:00 pm	Outreach, Case Management, Housing Assistance, MH Supports	Eligibility Requirements ~ homeless or at risk of homelessness & mental illness Documents ~ none Fees ~ none
Veterans Grant Per Diem (GPD) and GPD TIP (Transition in Place) Programs Shelter House Community Shelter & Transition Services 429 Southgate Avenue Iowa City IA 52240 www.shelterhouseiowa.org	Military Veteran	319-365-0898	Transitional housing and support services for veterans who are experiencing homelessness. Shelter house has 10 beds designated for the program and participants can stay in supportive housing for up to 90 days, if appropriate. Meals are provided, and the environment is clean, secure and staffed 24 hours a day. GPD TIP offers housing for Veteran's to Transition in Place.	Eligibility Requirements ~ ~ veteran have served at least 1 day of active duty, meet income guidelines, cannot have been dishonorable discharged, be homeless or at risk of homelessness, requires stable/structured program to maintain mental health and sobriety Documents ~ Contact program Fees ~ none
Veterans Crisis Line https://www.veteranscrisisline.net/	Military Veteran	HOTLINE 1-800-273-8255 x 1 24 Hours 7 days - 365 days Text: 838255 24 Hours 7 days - 365 days	The Veterans Crisis Line connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text.	Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ Contact program
Medical Health Care Center (VA Hospital) Veteran Affairs Medical Center 601 Hwy 6 West Iowa City IA 52246 http://www.iowacity.va.gov/	Military Veteran	319-338-0581 Extension 6383	A health care center for veterans.	Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ Contact program
Transportation Services Volunteer Veterans Van Program 601 Hwy 6 West Iowa City IA 52246 http://www.iowacity.va.gov/	Military Veteran	1-800-637-0128 Extension 6270	Volunteer organizations for transportation.	Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ Contact program